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Annnd Another Thing!

The first thing is that it's Spring! It would be a shame not to enjoy the beauty around us. We have tree lined streets, we have small parks, we have large parks. Unless you are immune deficient and are at risk, walking is a healthy option. Bring your face mask and stay at a safe distance from other walkers and joggers.

The second thing. If you are fortunate to have a stable income, think about the small businesses in our neighborhood, especially the restaurants. If you want to wake up some day and have all these establishments still around when we emerge from this bad dream, you need to support them today. The restaurants are being creative and providing you with interesting and enriching food. You can even buy meals for first responders and health care workers from Half Sour.

And another thing, we have a lot of heroes out there. Many of them have never been considered as such because they do low paying but necessary work. We can't live without them. When this is over, we need to make sure they have health care and a paycheck that reflects the importance to our economy and our appreciation.

And Wash your hands!



In the median plantings at 9th and Michigan Ave. Cinco de mayo

May 10, 2020

Vol. 8, No. 6

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COMING TO THE JAZZ SHOWCASE

Dear family and friends,

The Coronavirus has shaken our family of dedicated employees. We're doing everything we can to help them through this period while trying to make certain that there will be a stable Musical Home to return to.

We are moved by those of you that have reached out wondering how they can help. If you would like to help now until we're able to reopen, 100% of every gift certificate you purchase will go to help our employees and their families through this difficult time! Once we have reopened, those gift certificates can be redeemed to come out and hear live music again.

We thank you with great gratitude,

Wayne, Joe, Ainsley, Tijana, Carly Babo, Jonathan G. & Jonathan T.

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South Loop Neighbors

South Loop Neighbors is a non-profit membership based organization dedicated to enhancing the quality of life in South Loop's neighborhoods and preserving the area's landmark districts.

South Loop Neighbors represents South Loop residents who are concerned about:

- Ensuring high-quality, reasonably-sized real estate development as well as infrastructure improvements that respect the unique character of our community
- Preserving and protecting the area's Landmark Districts, including Printing House Row and Historic Michigan Boulevard
- Promoting quality education, recreation, services, retail, community activities, and events
- Maintaining a socially, culturally, and economically diverse neighborhood
- Developing strong relationships with key city officials to ensure they respect, hear, and act on the concerns and ideas of the South Loop community. South Loop Neighbors serves members and residents within the area bounded by Congress Parkway to approximately 25th Street and from the

Chicago River to Lake Michigan. www.southloopneighbors.org

South Loop Neighbors

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 of Planning and Development
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SLN BINGO

Let's play bingo! Have fun and support local businesses by playing a fun game of South Loop Neighbors bingo. Download the SLN Bingo Card and participate in social distancing activities to win exciting prizes donated by 3 South Loop Neighbors Community Builder Members!!

Game Description and Rules

The SLN bingo game will run from May 10, 2020 until May 31, 2020. Cards will be accepted until 11:59 pm on May 31, 2020. All eligible entries will be entered into a drawing with the winning entries to be pulled during the week of June 1, 2020. Fill 5 spots in a row, column, or diagonal line to be entered to win a prize! Fill the entire card to receive two entries into the prize drawing.

Download Bingo card at:

<https://files.constantcontact.com/1825db5a001/a386d223-9f3d-41fe-a3b3-9214dae30d8b.pdf>



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Safe & Sound Blog

by Beth Finke

<http://Bethfinke.com/blog>



How Can You Know Someone is Smiling When You Can't See Their Face?

A friend just sent an email asking for my advice. Subject line? "How do you recognize a smile when you can't see the face?"

Starting today, May 1, 2020, Illinois residents are required to wear masks in any public situation where we are unable to keep a six-foot distance from others. My friend understands the necessity to wear masks, but it's all bumming her out. "You know me," she wrote. "When I'm out doing errands, I amuse myself by trying to amuse others." What now? How will she know her jokes are funny if she can't see people smiling?

Under normal circumstances (remember those?!) I can hear a smile in someone's voice. That skill didn't come automatically when I lost my sight. They didn't teach us that at Braille Jail, either. I had to figure it out on my own, and that took time.

I wasn't blind long before discovering how much I'd relied on lip reading to communicate back when I could see. Lip-reading, and body language, too. You see a person look at you, maybe give you a nod, and start moving their lips? Odds are they are talking to you. Now, sometimes, I don't have a clue.

Any of you who have been seated on a barstool next to me (remember when we used to do that?) has inevitably witnessed my difficulties in addressing the bartender. I hear one come near, they ask, "Ready for another one?" and I assume they are talking to me. If they're not, and I respond? Awkward.

Ditto those times when a pharmacist, a bank teller, a post office clerk, a TSA employee, a ticket counter worker (actually, any circumstance where I have to stand in line) calls out, "you're next." After inadvertently cutting in line hundreds of times, I finally figured out to point at myself and ask, "Me?" before making a move.

And then there's the time Mike and I sat down at a bar we didn't frequent much and I asked a bartender what they had on draft. Little did I know I was sitting smack dab in front of all the beer pulls. The bartender pointed at the pulls (I think) and said, "What are you, blind?"

Good guess.

But back to smiles. When I first started recording essays for NPR, radio pros there encouraged me to smile while talking on the radio. "A smile comes through even when you can't see the person who is smiling," they said. "Even if you are saying something that isn't exactly funny, you should smile: it engages listeners." After that I started hearing smiles on the radio. (For a good example of a radio announcer who smiles when reading announcements, ask your smartspeaker to "play WBEZ" in the afternoon and listen to our local All Things Considered host [Melba Lara](#) — she's always smiling, and always engaging).

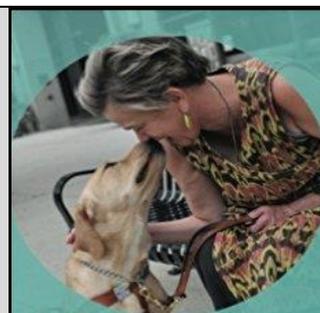


It wasn't long before I could detect smiles in everyday life, too. When I'm not quite sure? I can always turn to Mike. "Does Emily have a pretty smile?" I might ask. "She always sounds like she's smiling."

With many states requiring masks in public now, voices are going to be muffled, lip-reading will be impossible, judging whether people are addressing us is going to be more difficult. So how can my friend know someone is smiling without being able to see their face? With no evidence to the contrary, just picture they are.

Beth Finke's books: "Safe and Sound", "Long Time No See" and "Writing Out Loud" can be purchased at Sandmeyer's Book Store.

[It's here! Free audio version of Writing Out Loud now available to people who are blind or visually impaired](#)



Writing Out Loud

what a blind teacher learned from leading a memoir class for seniors

Beth Finke



Retired in Chicago

This and that as we soldier on

By **Marianne Goss**, May 4, 2020

I want to believe that the people who are clamoring for a reopening are not all antigovernment right-wingers, despite the protest signs. Some must be among the one in six American workers who have filed for unemployment during the pandemic.

The majority of people who have lost their jobs and still told KFF pollsters that sheltering in place has been worth it are inspiring. It's one thing for retirees like me to say carry on. My retirement income hasn't changed. Seniors are afraid of the coronavirus; younger people also fear for their livelihood.

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GIVING SHAPE TO THE DAY

Solitude is not new for people like me who live alone, but having nothing to get me out every day is. I structured my retirement around an outing a day.

I felt restless until I started putting structure into the day — not with a schedule but a to-do list.

Because it feels good to check off items, I put down things I would do anyway, like read the newspaper and call my mother. I may not be accomplishing any more than I would have without a list, but those checkmarks give me a sense of accomplishment at the end of the day.

The lists contain only things that I want to do. I am not pressuring myself to tackle anything for which motivation is weak.

My home isn't spotless, every closet isn't purged, and I haven't tried new recipes. But I have managed to go on as before, cooking a simple, nutritious dinner most days and keeping the place reasonably clean. That's good enough. This is not the time for comparisons or judging ourselves on productivity.

Since we're in seclusion, it's a good time for a retreat of sorts, some people comment. Yet I've been less introspective than in the past.

For me, self-examination is mostly triggered by discontent. Because I was fairly content before COVID-19 hit, I want life as it was, not a big change.

WANTING WHAT I GAVE AWAY

During a February purge of my condo a fitness stepper and two large tote bags of novels, among many other things, went out the door.

Why keep a stepper, I figured, since there's the building's fitness room for a rainy day. The fitness room is now closed. On rainy days I skip exercise.

Novels are my favorite reading matter, and I hadn't read all of those donated, but the Harold Washington Library is less than a mile away. The books I kept were mostly nonfiction that I might want to consult now and then.

The library is closed now and I'm craving novels to read. The generous thing would be to order them from independent bookstores that could go under, but I don't want to own books I'll read only once. I also don't want to read fiction online; I spend enough time looking at a screen. So, I've been opening more nonfiction, dipping in to topics instead of reading cover to cover, and it's been enjoyable.

Luckily, I saved some collections of short stories for when there is time for only a quick read. They've been my reading at bedtime, when only fiction will do for me.

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REMINDERS OF WHAT'S MISSING

As isolation goes on I feel less antsy. I must have gotten used to it. Last Monday I was reminded of what's missing. My neighbors invited me to take a walk on a beautiful morning. Social distancing didn't hamper conversation. Then a friend and I played Lexulous, an online version of Scrabble. Later I went to the Thompson Center to donate platelets at Vitalent (the former LifeSource) blood bank and enjoyed chatting with friendly staff members.

The boost I felt on an unusually busy day resulted from more than having things to do. Those activities provided companionship, fun, and a chance to do good — human needs that have been neglected during the pandemic.

•••••

ANTI-TRUMP COMMENTS: 112TH IN AN ONGOING SERIES

"Under the leadership of Donald Trump, our country is weaker and sicker and poorer. . . . If we have another four years like this, will there even be an America?"

<http://www.chicagonow.com/retired-in-chicago/>



Columbia plans to reopen in fall, hopes to resume in-person instruction in late summer

Columbia intends to reopen campus for the Fall 2020 semester and hopes to resume in-person instruction beginning in late summer, Senior Vice President and Provost Marcella David announced today.

In a Monday, May 4 email sent to faculty, David said the college is considering three scenarios for how college functions may resume.

David said the “most likely scenario” is for the Fall 2020 semester to resume in-person instruction under social distancing measures, with possible restrictions on large gatherings and requirements for screenings and wearing face masks. These guidelines would also require the college to “alter the mix of classes taught on-campus versus remote in order to better use our spaces and manage ingress and egress.”

<https://columbiachronicle.com/breaking-columbia-plans-to-reopen-in-fall-hopes-to-resume-in-person-instruction-in-late-summer>

THE COLUMBIA
CHRONICLE

Kendall Polidori, Managing Editor

Embracing the Unknown

In this moment, I embrace the unknown.

I surrender and breathe into the peace knowing I am connected to all beings.

Six feet apart... no touch... I settle in.

A time to go within... be still... isolate... reflect.

I release the uncertainty, anxiety, isolation, acknowledging the impermanence of all things

I am a child of the universe...a manifestation of the divine

Gently, I move into the collective silence to allow for a new reality... one that is more just, kind, and equal for all sentient beings.

I allow the peace and compassion within me to flow freely like waves from the ocean

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Book Review: Yangsze Choo's *The Night Tiger* (Flatiron 2019)

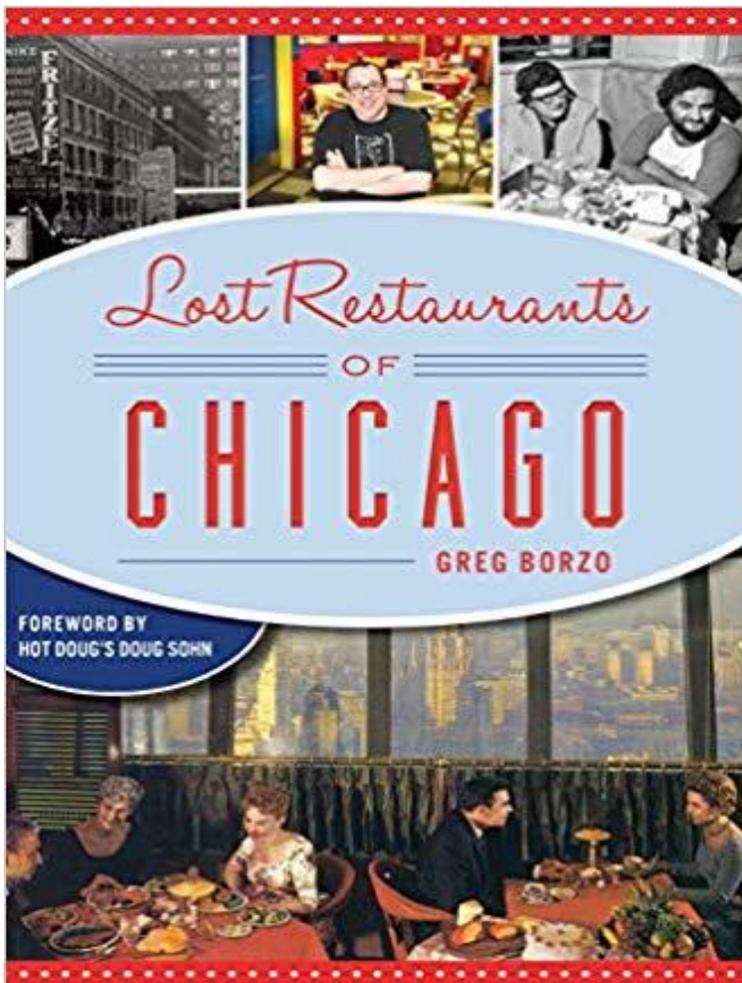
May is Asian Pacific American Heritage Month. But Mayor Lori Lightfoot *isn't playing* during this pandemic, so neither are we. Instead of the taiko drumming, tae kwon do, yoga, kabuki, and gastronomic delights typically featured in May, we're limited to the Asian-Pacific culture we can experience "sheltering at home." Lucky for us, Yangsze Choo's *The Night Tiger* takes us on a frightening, fascinating and phantasmagorical journey to 1930's Malaysia, when Britain colonialists still owned the tin mines, rubber plantations, and gorgeous white bungalows where Chinese and Indian immigrants and native Malays toiled for pennies. Two Chinese narrators draw us into into parallel worlds of servants and masters, supernatural and real, ancient customs and modern ambitions, sibling rivalry and taboo trysts. There are man-eating tigers and tigers that turn into men; trains that shuttle between the living and the dead; beautiful Chinese dancehall girls, kept in a pen when they're not paid to teach a swain or a scoundrel how to dance the tango or the Charleston. There are children too young to be away from their mothers, but employed nonetheless in difficult and dangerous jobs. There are abusive husbands, supercilious spinsters, harassed nurses, and white doctors who either serve and love or love-and-leave their native charges. There are dead bodies—oh so many—some having arrived in the nether-world less gently than others. Mythical creatures,

shapeshifters, conversations with the dead, lucky numbers, Confucian virtues, and the top two joints of a dried, severed finger provide the backdrop. Choo calls it "a Malaysian Downton Abbey" crossed with Sherlock Holmes— and maybe "X-Men" and the "Werewolf of London." The book is sensual: you can visualize the settings, written like stage directions: "the humid jungle pressing into the small clipped lawn on three sides" or the "rain...like a tub of bathwater being dumped on you." (Choo's first book is a Netflix series: *The Ghost Bride*). You can taste and smell it: "like the layered butter cake, *kuih lapis*...[scented] like all the spices of the East Indies. Fashionable "curry dinners" were hosted by whites but prepared and laid out by their servants; buffets "laden with terrines of *rendang*, slow cooked with coconut milk, ... *kaffir*, lime leaves, lemongrass and cardamom and fragrant steaming rice; sour green mangoes shredded in *kerabu timun*, tossed with mint shallots and dried shrimp drizzled with lime and spicy *sambal belacan* sauce...and "*kueh bingka ubi*," tapioca cake with fragrant *pandan* leaves. But best— you can *hear* it:

Lorraine Schmall

Dearborn Park

May, 2020

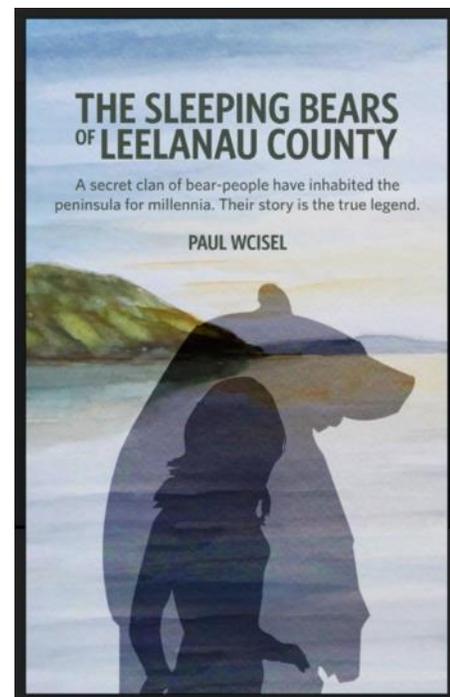


A new novel by local author, Paul Wcisel

(paulwcisel.com)

In a remote corner of northern Michigan, the residents of Leelanau County have a secret society that has been living on the peninsula for thousands of years. They are the bear-transforming descendants of tribes who crossed Lake Michigan millennia ago to escape the destruction of their clan.

One evening, a traveler has a chance encounter with a spirit bear and discovers he has a hidden history of his own. In the months that follow, he becomes deeply involved with the Sleeping Bear Clan and — depending on your point of view — a murder.



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JENNIFER FINNEY BOYLAN

Jennifer Finney Boylan

Good Boy



with special guest

KATHY GRIFFIN

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[REGISTER HERE](#)

https://zoom.us/webinar/register/WN_g-4_udvyTP6ySRnFKrM2kw

American Writers Museum

180 N. Michigan Avenue,

<https://americanwritersmuseum.org/>



Writing Out Loud

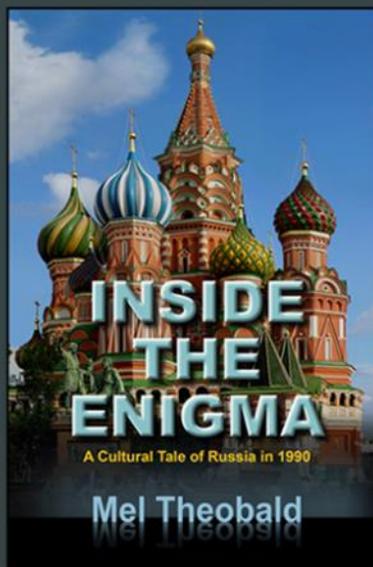
what a blind teacher learned from leading a memoir class for seniors

Beth Finke

Inside the Enigma

A Cultural Tale of Russia in 1990

by Mel Theobald



"Inside the Enigma sweeps you along like the very best fiction, all the more captivating because it really happened. An ordinary guy becomes caught up in high-level wheeling and dealing during a critical moment in international relations. Along the way he discovers hidden art treasures, gets to know the passionate men and women who create them – and recaptures meaning and purpose in his own life. With those four great themes and an inexhaustible wealth of twists and turns, this book will enthrall you from the moment you enter its unique world."

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Gerald de Jaager

Author of *The Million-Dollar Parrot*
and three other books

OPINION

The views and opinions expressed in this newsletter are those of the contributors and do not necessarily reflect those of the editor or South Loop Referral Group.

Me Too or no Me Too, it's time to replace the presumptive nominee, Creepy Joe

Oh, boy, has the *Me Too* movement ever bitten Biden's butt! When we Americans embraced *Me Too*, we were expected to believe the story of every single woman who said she was harassed, assaulted or affronted in some way--no matter how lacking in detail--or credibility. No matter how nuts she was, no matter if she had a reputation as a gold digger or a history of mental illness or a penchant for pathological silliness. Her story was to be believed. We *had* to believe them all. Period. To make up for the past.

Or else we were as bad as the abuser.

We weren't allowed to question anything. Like some of the Cosby accusers who said he drugged them more than once, over time. We weren't allowed to ask why the hell they'd go back for more. Only to complain about it when money became the issue.

Women fell in love, and when there was a breakup, there were often accusations of harassment. And because he was a little higher in the pecking order, a new kind of alimony was in order. The cost/benefit of falling for someone.

But one question hasn't been settled by *Me Too*. The one that Joe Biden's situation begs for an answer to.

Is the accused person [supposed to believe the accuser](#)?

I would say yes. For consistency.

Maureen Dowd, in her latest column, has an excuse for this this dilemma: "But as with any revolution, there was some overcorrection."

And so with Biden, correcting the overcorrection has started. Beginning with glowing statements about him from big *Me Too*-ers like senators Kirsten Gillibrand and [Kamala Harris](#) and Speaker Nancy Pelosi--while his credibility and future were on the line because he didn't answer the accusations in the flesh for almost six weeks. Nor was he asked about them in 19 interviews.

And his memory, already a huge issue as he shows more and more signs of senility as we speak, isn't being tamped down by saying so many times, "I don't remember" when he finally did turn on the camera in the basement for [the Mika Brzezinski grilling](#).

He's got everything to lose, so is he supposed to believe former aide Tara Reade? Say it's true, that he penetrated her private parts in a hallway without asking? Or is he supposed to call her a liar? Or should he just say, "It's not true." Or "I don't remember if it happened."

He sort of mused all that up and is doing everything at once. But he's senile, so that's to be expected.

Both parties say they cannot provide proof that there is/is not a complaint that was made. Reade says she doesn't have a copy of the 27-year-old document. But MSNBC's Brzezinski told Joe he could clear up a lot if he would allow the University of Delaware to scour thousands and thousands of records from his senatorial career that they have in their possession. But he can't, he admitted, who would do it? And the papers don't include personnel documents, anyway, but they *do* contain other documents that can now be used against him in his quest to become prez, he said.

As for Reade, her friends and family and even her now dead mother--who [called The Larry King show](#) after the "digital" assault happened in 1993 to ask him for advice to help her daughter--all corroborate her story.

Still, big *Me Too* people shrieked that Joe (who's teetering on the edge of being "all there") wouldn't do a thing like that! Not to be included in the ironic chorus on this issue is Hillary; even though she believes Joe didn't do it. But Hillary never believed any of the women who accused her husband of anything. From taking advantage of them to raping and injuring them. And word is, she wants (as so many others do) to be Joe's vice.

And all the dems, who started *Me Too* and who weaponized it like an AK-47 assault weapon against Brett Kavanaugh are facing the chickens coming home to roost.

Back then, even though there were a slew of FBI investigations that were carried out reviewing his fitness while vetting him for his previous jobs as White House Secretary and federal appeals court judge, his job as Supreme Court justice hung on whether or not he acted like an idiot in high school and college. And the *Me Too* movement dug in. Chomped down. Bit off.

I'm always a little suspicious of anyone in high school and college who *doesn't* act like a complete idiot at some point. Because that's pretty much the time to get acting like an idiot out of your system, clean up any and all bad acts and impulses and go on to do the right thing for the rest of your life. Horsing around among a bunch of drunken teens in high school isn't the same as a senator cornering a staff member in a hallway and doing what Biden is accused of doing: lifting her skirt and digging his fingers into her privates. Whether drunk or not in high school, if you've [become a decent adult](#), much admired by justices Ruth Bader Ginsburg and Elena Kagan, who think you're a mensch, and you've hired more female clerks in your career than anybody else ever has, you're good to go.

But that's just me talking. He wasn't good to go, according to *Me Too*, which as we now see apply their principles to some of a particular political persuasion. And not so to others. (Unless you're Al Franken.)

If you're a progressive, note that the *Me Toos* haven't weighed in yet. Maybe because Bernie Sanders hasn't been accused yet.

A wild-eyed Gillibrand did push [touchy-feeler Al Franken](#) out of the senate--I think because she didn't want a more popular dem to compete with her for the presidential nomination. Where she ended up running at about one percent--in spite of Franken's absence.

So, did Joe do it or didn't he? If he did, he was in the middle of his career as a senator, on his way to being president someday, and having done many questionable (some would say, even terrible) things as he traversed that path.

Like his [abominable Anita Hill-related behavior](#). He wouldn't let other women testify who would back up her story about Clarence Thomas.

And his great [infusion of obscene corporatism](#) that allowed credit card companies, headquartered in his own corporate friendly state of Delaware to have at us like vultures. Not to mention exacerbating all-encompassing unfair debt issues.

Then there's his devastating [behavior in Ukraine and China](#) that totally enriched his crackpot crack-addicted son.

Not to be outdone, there's [his disgusting war mongering](#), and [his being part of](#) an administration that threw people out of their houses--while giving the dirty double crossing banks all their money back that cost these same families their homes, their savings and their lives.

(continued on page 19)

Bonnie McGrath

Visit my blog: www.chicagonow.com/mom-think-poignant/





Photo Contest

Sat, Aug 08

Polk/Dearborn

Aug 08, 10:00 AM – 2:00 PM

Polk/Dearborn, Chicago, IL 60605, USA

South Loop Neighbors



Printer's Row Lit Fest

Sat, Sep 05

Polk/Dearborn

Sep 05, 9:00 AM – Sep 06, 5:00PM

Polk/Dearborn, Chicago, IL

Near South Planning Board

<https://thenspb.org/>

South Loop Residents Fed Up by Large Motorcycle Groups



Large motorcycle groups have once again started to cause issues in Chicago. NBC 5's Christian Farr has the complaints from residents and a plea from one alderman.

As reported by NBC News on May 4, motorcycles have returned to the South Loop seen on Michigan Avenue and South Plymouth Court. They do not observe traffic laws and, in some cases, come dangerously close to hitting pedestrians trying to cross the street.

Prior to the Pandemic, the Police Commander of the 1st District came up with a multi faceted approach to curbing the warm weather mauraders. We now have a new police commander and the police have other problems to deal with so it's not clear what happened to the plan. Alderman Dowell was also involved with addressing the problem.

<http://ward03chicago.com/>

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We just don't know.

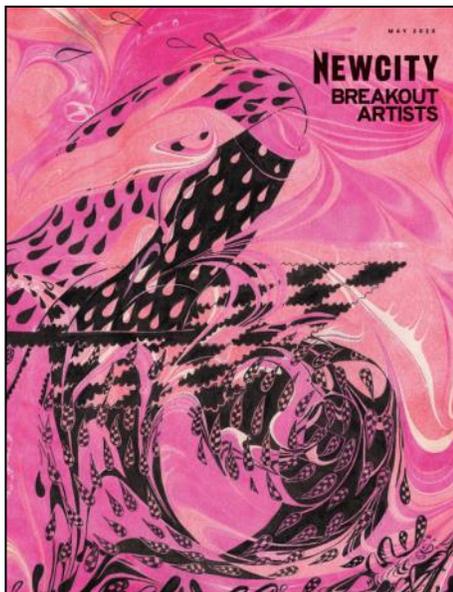
As I write, we do not know how many will die. We do not know when, if ever, a vaccine will be available. We do not know when stay-at-home restrictions will end. We do not know if the economy is in the early stages of a depression or has the potential for a postwar-style bounce. We do not know when sports will resume, when movie theaters will open or when we can go to bars again.

What we do know is that we're grateful for everyday heroes: our healthcare workers risking their lives to save other lives; our police, fire, transportation and municipal workers keeping the essential components of our society intact; and workers up and down the proverbial food chain who are keeping us fed.

And we know that culture matters, now more than ever. We have a tendency to feel guilty about personal interests and pleasures when people are dying. It has always been fashionable in some quarters to trivialize the arts. The federal government, in responding to this crisis, has so far ponied up a relative pittance to save this entire industry, less than four times what it gave a single steakhouse chain. But while our physical health is paramount, our mental health is moored in large part to our access to culture. How much more tolerable is this epic quarantine because we can stream movies and thousand of episodic shows on demand from our couches? How much more manageable are our lives because of books? How much pleasure do we find in taking a break from cooking at home by ordering a meal from one of our city's abundance of creative restaurants? How much does it help to see art on our walls or to take an online visit to a gallery, a museum or an artist's studio?

Over the past few weeks, the disturbingly empty streets of the Loop have been serenaded by the sound of soulful-voiced Andrew David belting out his poignant version of Leonard Cohen's "Hallelujah" to an audience of steel and glass and pigeons.

Over the last few weeks, those of us in South Loop buildings as well as other neighborhoods have met each night at our windows at 8pm to sing familiar songs together and shine lights outward in an act of community and catharsis in thanks for the frontline workers who are keeping us safe. The songs, whether opera favorites sung from Italian balconies or the pop hits sung by our neighbors, are connective tissue in these moments.



On the cover | Cover Art: Ruby T, "Idle Mind is a Playground for the Devil," 2019, ink on hand-marbled paper, 11h x 17w inches, courtesy of the artist and Western Exhibi-

Does this matter? Here's a couple of responses from Facebook: "Hi everyone! Nurse here-I wanted to say thank you to all the people flashing their lights in their windows around 8pm (nightly?). ... I just so happen to be driving down Lake Shore Drive at around that time whenever I come home from work... It puts a smile on my face every time and I can feel your support from afar ?? thank you!"

"To my neighbors at Michigan and 13th who played "Landslide" after "Imagine," thank you for the unexpected gift. My twin died three weeks ago today and that was one of her favorite songs. We can't have a proper burial until who knows when. I would have taken a picture but was crying too hard. So thank you."

Yes, culture matters. Now more than ever.

And a personal thanks to David Alvarado who concludes his long-running "Life is Beautiful" comics story with us this month. We look forward to seeing it in book form at some point and wish him well in the future.

BRIAN HIEGELKE

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In this issue:

[Breakout Artists 2020](#)

[The Conversation: Tracy Baim and her Quest to Save Community Media](#)

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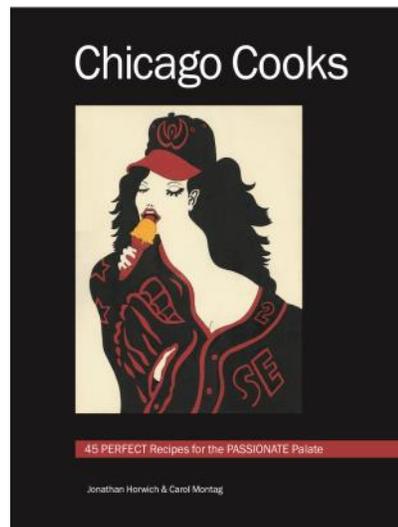
In Chicago Cooks: 45 Perfect Recipes for the Passionate Palate, the basics are covered for any kind of meal.

Not every food category is included here, but the ones we have chosen represent a foundation any cook will need to provide for a family or to entertain brilliantly. We hope you will trust us and try these recipes so that you can experience food made with care and passion, food that stimulates your palate, and inspires you to share each recipe with those you love.

The two authors are long-time residents of Chicago. Returning to Chicago after 40 years in California as a jazz producer and recording engineer, **Jonathan Horwich** has continued pursuing his passion for music and high quality sound. **Carol Montag** grew up in St. Louis, MO and came to Chicago to attend The University of Chicago and never left. She has been an educator for 52 years as a classroom teacher, school administrator, and educational coach.

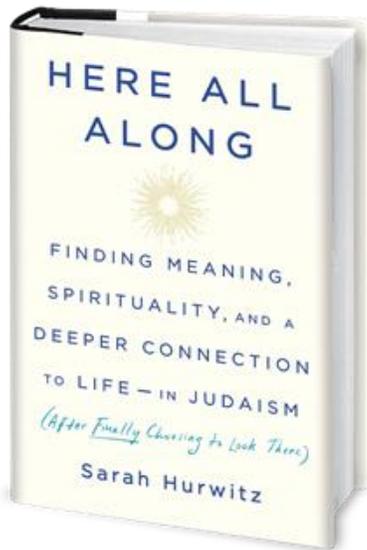
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Here All Along: A Jewish Journey in the White House

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A book signing will follow the program.

For Spertus Institute's 2020 Ideas Forum, join Obama Speechwriter Sarah Hurwitz—along with Spertus students, alumni, and faculty—for dinner and discus-

sion about why Judaism matters.

Sarah Hurwitz is the author of the new book, *Here All Along: Finding Meaning, Spirituality, and a Deeper Connection to Life—in Judaism (After Finally Choosing to Look There)*.

Sarah Hurwitz was Michelle Obama's head speechwriter...with this book she becomes Judaism's speechwriter.

—Adam Grant



Sarah Hurwitz was a White House speechwriter from 2009 to 2017, first for President Barack Obama and then as chief speechwriter for First Lady Michelle Obama. She worked with Mrs. Obama to craft widely-acclaimed addresses—including her 2016 Democratic National Convention speech—and traveled with the First Lady around the world.

A graduate of Harvard Law School, Hurwitz also worked on policy issues affecting young women and girls as a senior advisor to the White House Council on Women and Girls.

This is the 2020 Alex and Klara Tulskey Presentation on the Jewish Future.

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\$18 Spertus member

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<https://www.spertus.edu/programs-events/here-all-along-jewish-journey-white-house>



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Operation Backpack 2020

By: Volunteers of America of Illinois |
Closes On Jul 31st, 2020

[Operation Backpack](#) is an annual drive hosted by [VOA Illinois](#) to collect backpacks and school supplies for children in [foster care](#) and children of the [Veterans](#) served by VOA Illinois. Our goal is to provide each child we serve with a brand new backpack and everything they need to start the school year off on a positive foot. We know without the proper materials and support a child will not succeed in the classroom.

Due to COVID-19 our drive will be completely virtual this year. All items will be purchased on this site and shipped to our offices in August. If you have any questions about this drive or the work we do at VOA Illinois, please don't hesitate to contact Bridget at bhickey@voail.org.



Suzie Ohde, former President of South Loop Neighbors, celebrates giving blood. Another example of what we can do.

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ESSAY from a central Illinois farmer

This is taken from an essay written by Henry of Henry's Farm. The essay is mostly about farming and living sustainably and living according to the seasons. But this part is about the pandemic.

"I do hope to find time to write again because I have other words and thoughts of things just as or more important than our current pandemic. I didn't even make it to *photosynthesis* and *pennypress*, and what could be more important than those?

And I wanted to talk about essential services. Granted, this is pandemic-related, but I have a different take on the subject. Let me just say for now that the way I see it is that one segment of our population has been deemed the rest of the population's "essential servants." They are labelled essential because they provide the services that make it possible for another, more well-off, segment of the population to "shelter in place," to "isolate," to get "contactless" deliveries.

Being designated "essential servants" means these people must expose themselves to the possibility of viral exposure. They must daily face the risk of contracting the virus, the risk of sickness, disease, and even death...in order that others can hunker down in the relative safety of isolation in our homes.

I'm a farmer. I am happy and proud to say that I am essential. But don't call me a hero. Don't call those picking your citrus, delivering groceries to your door, those laboring in Amazonian warehouses, those driving buses, trains and Uber cars—don't call them heroes. Don't suddenly recognize that the migrant laborers that some in this country have made a delicious habit of demonizing and degrading are actually essential to our very lives. Who knew that they are largely responsible for harvesting the crops, milking the cows, and manning the slaughterhouses that feed us? What a surprise.

No, none of us want high praise, pretty words.

We don't want to be *called* heroes. We want to be *treated* like heroes. Don't praise us as "essential;" treat us as if we were truly essential. Give us a living wage. Give us adequate healthcare.

No, give us the best healthcare. Think about it. Who's going to essentially serve us—grow our food, pack up our Amazon orders, deliver hand sanitizer and toilet paper to our door—if those on the bottom rung of our economic order get sick? At the very least, give us facemasks and gloves; give nurses and orderlies proper protective equipment.

There, I said it. I have more to say on this, believe me. The ways that this pandemic has not only brought into stark relief, but exacerbated, the great inequalities and inequities that fester in every corner of our society upsets me more than anything else about this crisis.

But... I need to go check the kerosene stove in the blocking house. No solar warming on this snowy day."

<https://brockmanfamilyfarming.com/henrys-farm/>



August 10, 1920 ~ April 28, 2020 (age 99)

Helen T. Kenndy, an original 41 year owner at 901 S. Plymouth Ct, passed away from natural causes April 28, 2020. Helen was 99 years old. She was an elegant lady, a voracious reader and an engaging conversationalist. Helen, an active person,

loved the arts. She was a season ticket holder of the Chicago Symphony and the Lyric Opera. A seat at the Lyric opera has an engraved plate with her name on it in appreciation of her support. Known to fish and play almost any kind of card game reflects her varied interests. And she was a devoted Bear's fan. Helen was a long time member of the 901 Book Club. Born in the Michigan "thumb" region, she grew up on a farm. Young and still single, she moved with a sister to Oak Park. She married James R. Kennedy who preceded her in death in the mid 1970's. She then moved to Dearborn Park. Helen spent her career with Torco Oil and retired as a V.P. Her many friends here will miss her. A Memorial Mass will be held at a Later Date at Old St. Mary's Church. Thank you Doreen Thomas for providing historic information about Helen.

Online LIVE Class Schedule

Gentle Yoga Stretch:

Monday, 11:30 AM with Sylvie
Props: Strap or similar

GYROKINESIS®:

Monday, 5 PM with Briana
Props: Chair

Gentle Pilates Mat (35 Minutes):

(w/ focus on Neurological Conditions)
Wednesday, 11:30 AM with Briana

Intermediate Mat Pilates:

Thursday, 11:30 AM with Sylvie

Gentle GYROKINESIS®:

Friday, 11:30 AM with Briana
Props: Chair

Advanced Registration is required:

\$10 for ROI members

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Unless otherwise noted, all classes are 50 minutes

All classes EXCEPT gentle GYROKINESIS® would benefit from having a mat

To register, email info@roiholisticfitness.com &
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We will send you a ZOOM link to the class once you are registered.

OPINION

The views and opinions expressed in this newsletter are those of the contributors and do not necessarily reflect those of the editor or South Loop Referral Group.

Mondays with Mike:

by [mknezo2014](#) | Apr f27, 2020



[The handoff.](#)

Years ago I got the camera bug in a photojournalism class—I shot with department-issued cameras, spent hours in the J-school darkroom, and eventually bought my own SLR camera. I take snaps with my iPhone, but every once in awhile, the phone just falls short. It was a hobby that eventually fell by the wayside.

A longtime neighborhood friend, Anthony, whom we met at Hackney's way back when, is, among many other things, an excellent and knowledgeable photographer. I started picking his gigantic brain (he's a linguist, a computer programmer, and lots of other brainy things) about cameras back when we could still chat on barstools. He generously offered to loan me one of his cameras and a fantastic lens—I was a little nervous about taking possession of such a nice outfit. But when he showed up at Half Sour, our local haunt, one evening and handed me a nifty canvas bag containing the camera and necessary accessories, I couldn't say no.

Well, a lot's changed since I shot black-and-white Kodak Tri-X Pan and dodged and burned in the darkroom. Yeesh, the features on these things. They're like Transformers. The lockdown started shortly after Anthony lended me the camera, and I've entertained myself by reading endless online reviews cameras, poring over the owner's manual for Anthony's camera, trying to fathom everything these new-fangled machines can do.

Over these past weeks, I've pestered Anthony with email questions that I would've normally asked in person before the shutdown—and he's patiently answered all of them. Then last week he suggested that I shoot with a different focal length lens to experience the difference. He outlined a precisely choreographed plan for exchanging lenses while maintaining social distancing. (Wouldn't George Carlin have a good time with that term? Or "shelter in place"?)

Yesterday, on a lovely, mostly sunny spring day, we executed the plan.

"I'm at Dearborn Park," read his email.

"I'll be there in minutes," I replied.

Anthony has become a friend of the squirrels at Dearborn Park, a lovely little verdant oasis in the middle of our concrete jungle. He feeds them hazelnuts, which he buys in bulk just for this purpose, he photographs them, he tells stories about them. He's like the squirrel whisperer.



And holy cow, as I approached, squirrels were everywhere! None wore masks but all were well behaved.

We stood strides apart, he in a patterned fabric mask, me in one of the masks I'd been sent home with from the hospital after my Covid19 scare. He took his current camera out of his bag. He demonstrated how to remove the lens—noting that it worked the exact same way on my loaner.

He put the lens caps on front and back.

"Your turn," he said.

I took out my camera, pressed the release button on the front of the camera, just as Anthony had on his. I twisted off the lens, and attached the caps.

Anthony placed his lens on a nearby concrete table.

I retrieved the lens and left my lens on the table.

Anthony retrieved that lens.

We bundled up our bags and said adieu to one another and to the squirrels.

Interesting times.

MOST RECENT EPISODES

ON **THE MEDIA**

PODCAST The Art of Disastertising

Want to do your part in this pandemic? Why don't you try becoming a [Couch Potatotriot](#), someone who stays home to save lives, but also eats Burger King? It's part of the company's brand pivot — one of many that companies have performed in order to keep their goods and services relevant. Another trend? Lots of [somber piano music](#).



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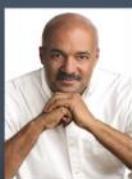
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Susan Bass Marcus writes and illustrates fiction, essays, and reviews. Her Dragonwolder fantasy novels, *Malevir: Dragons Return* and *Where Dragons Follow*, offer a world of dragon clans, an enigmatic menace the Malevir, sprites, goblins, questing humans, and magical giants. Her musings appear weekly on her blog, "About Susan Marcus," <https://susanbassmarcus.net>. Both paperbacks are available at Sandmeyer's Bookstore.

UNKNOWNNS, an essay

“Reports that say that something hasn’t happened are always interesting to me, because, as we **know**, there are **known knowns**; there are things we **know** that we **know**. There are **known unknowns**. That is to say, there are things that we now **know** we don’t **know**. But there are also **unknown unknowns**.” said Donald Rumsfeld about the lack of evidence linking the Government of Iraq with the supply of WMD to terrorist groups.

In 1994 Laurie Garrett’s book “The Coming Plague” predicted the emergence and global spread of contagious pathogens deadlier than HIV (which she also apparently predicted). Twenty years later, in a 2015 TED talk, Bill Gates also warned us of a coming pandemic. If the Covid-19 pandemic is a known known (based on the known history of viral infections originating in Central China and the vectors based on international travel), we in the United States are the “paragon of sloppiness and sluggishness” opined Frank Bruni recently in the *New York Times*.

We spend about 20% of our GDP on healthcare and cannot scale testing, tracing, making cotton swabs and glass! Really?

We prefer to play the blame game: Wuhan Biological Lab, China, WHO, President Trump, CDC, the homeless. It is you; NOT me.

When the CDC suddenly reverses its position on wearing masks, without having previously clarified why the issue was so divisive, it seems like an arbitrary flip-flop. Historically, people would have struggled to find enough information. Now people struggle because they’re finding too much.

Quoting from a recent article: “The staccato pulse of reports merely amplifies the wobbliness of the scientific process, turns incremental bits of evidence into game changers, and intensifies the already-palpable sense of uncertainty that drives people toward misinformation – lurching us from knowing and not knowing at the same time.”

Dr. Inglesby from John Hopkins had this to say: “We should give people information so they can do what they think is right. We should tell people what we don’t know and when we’ll know more.”

Ed Yong concluded a recent *Atlantic* article thus: “In the classic hero’s journey—the archetypal plot structure of myths and movies—the protagonist reluctantly departs from normal life, enters the unknown, endures successive trials, and eventually returns home, having been transformed. If such a character exists in the coronavirus story, it is not an individual, but the entire modern world. The end of its journey and the nature of its final transformation will arise from our collective imagination and action. And they, like so much else about this moment, are still uncertain.”

Everybody brings the hopes they had before to this pandemic.

Witnessing what is going on in assisted living residences and nursing homes, perhaps “Ageing in Place” is not a bad idea. Sure, we must deal with the unknown costs of fixing cracked garage floors, aging roofs and appliances and messy basements; but they could become known if we get estimates. Do we want to know?

We are not giving in to the virus – we know its structure. The vaccines and treatments will be found. In His time, He will make all things beautiful. What is knowable is that you and I can bring joy despite and especially in today’s circumstances..

Yogi Mehendra

Yogi is a member of Beth Finke’s Printers Row Memoir Writing class



we miss you!

THINKING OF ALL OUR AWESOME CLIENTS AS WE CONTINUE TO SHELTER IN PLACE.

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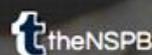
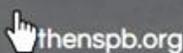
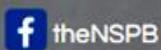
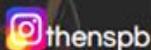
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(Continued from page 9)

Which begs this question: with senility and sexual assault accusations and a totally unprogressive, corporate enrichment agenda in his past, do the democrats really need to run him for president? Is Jill Biden going to read a script for him every day for his whole campaign, let alone his whole term? With a school marm delivery that belongs in a kindergarten class?

And don't forget that [Biden is a known plagiarist](#). And [he likes to challenge people](#) on the campaign trail to battle "outside" with him if one happens to disagree with his opinions on the issues.

It's not too late, dems, to choose another candidate. Very tricky, yes. But not impossible. Joe Biden should have to earn our votes in November. And I don't see how he can. "Anybody But Trump" is not a good strategy. Voters have to see you're *for* something, not simply against the other guy.

In spite of what you think the polls show, Biden offers nothing. Except his name isn't Trump.

Maybe DNC head Tom Perez, who's been garrulously and obnoxiously pushing for the addle-brained Biden, has an agenda: Biden the figurehead!?

He'll sign on to the corporate democrat agenda, no questions asked, dictated by Nancy P. and Chuckie S. and Perez himself. Who will tell him what to do every step of the way for Big Pharma, the Health Insurance Industry, the Arms Manufacturers, Wall Street and Big Banks. Whoo-eeeeee! Sounds great, huh?

Perez et al might be thinking something like this.... *Look, the people chose an inarticulate, mentally ill, corporation enabling pussy grabber last time, right? If that's what they want, we have one of our own to give them!*

Yes, they're giving us the guy who failed miserably in his first three 2020 primaries but who somehow resurrected enough in the reddest of the red, never ever blue state of South Carolina, and who at this point is still several hundred delegates away from winning his primary, even though he has no opponent.

And that's creepy, Joe.



Working with a designer can save you money!

Here are a few examples:

- Designers receive discounts on many industry furnishings and can pass some of those savings on to you. These savings really add up when purchasing higher end products, furnishing large spaces or remodeling kitchens and bathrooms.

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- Simple steps, such as painting, accessorizing or even just moving around artwork (e.g., changing groupings and mats / framing) may be all you need to freshen up your space. These kinds of improvements can often be accomplished with minimal time and budget.

- Your designer can help to ensure that your lighting is up to task and that you have the window treatments that provide light control, insulation and fans to even out temperatures.

Jaqi@jaqigreeninteriors.com

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Temporal: Puerto Rican Resistance

explores Puerto Rico's contemporary history as a United States territory. The exhibition traces the continued impact of three recent

major events: the enactment of the US federal law titled the Puerto Rico Oversight, Management, and Economic Stability Act (PROMESA) in 2016, the US response to Hurricane María's landfall on the island in 2017, and the mass protests in July 2019 that forced the governor's resignation.

Temporal takes its name from a Puerto Rican plena song, which roughly translates to "storm." Plena, a style of music with Afro-Caribbean origins dating back to the early 1900s, has been referred to as the "sung newspaper" of the people and often incorporated into protests chants on the island. The exhibition follows in the storytelling style of this traditional Puerto Rican musical genre, showcasing documentation of protests, life during and after María, and art of the resistance.

Temporal is organized by MoCP curatorial fellow for diversity in the arts Dalina Aimée Perdomo Álvarez.

The MoCP is supported by Columbia College Chicago, the MoCP Advisory Board, the Museum Council, individuals, and private and corporate foundations. The 2019-2020 exhibition season is generously sponsored by the Illinois Arts Council Agency, the Efroymson Family Fund, and the Philip and Edith Leonian Foundation. *Temporal* is partially supported by a grant from the Office of Academic Diversity, Equity, and Inclusion, Columbia College Chicago



Columbia College Chicago
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the Grail meal for two or one is haddock and mushrooms; you can have pot of creme added ; with garden salad dessert choice of Vegan Peanut Butter Tart or Vegan Blue Berry Tart
Meal for 2 is \$35,00

Meal for 1 is \$18.75



Mau's House



Dog Bathing / Grooming
COMING SOON
JUNE 2020

901 S Plymouth Court



The Grail Cafe

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totosmarket.com

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COVID-19 CASES AS OF MAY 9 IN 60605 Zip Code

137 Confirmed Cases

942 Tests completed

By age group

<20	less than 6
20-29	18%
30-39	38%
40-49	14%
50-59	11%
60-69	14%
70-79	5%

No data on deaths per zip code

From WBEZ Public Radio <https://www.wbez.org/>

THE DEARBORN EXPRESS

We welcome letters to the editor.

This publication is sponsored by the South Loop Referral Group, a professional and business networking group. It is our mission to provide the Printers Row area with current news and to promote local businesses and organizations. This publication will be distributed through email to individuals who wish to receive it. If you have any questions or would like to contribute information, please email us : thedearbornexpress@gmail.com

www.dearbornexpress.net



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Tues: 12 pm - 8 pm

Sat: 9 am - 2 pm

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730 S. Dearborn St. Chicago, IL 60605

www.asapwellnesscenter.com

Next CAPS Meeting June 10, 2020

6:30pm at 525 S. State St.

(Every 2nd Wednesday)

Police Blotter



<http://home.chicagopolice.org/>

BEAT 123

Thu, 23 Apr 2020 19:00 700 S Wabash Ave
AGGRAVATED ROBBERY Non Res. Parking lot/
garage

Fri, 17 Apr 2020 09:00 600 S Wabash Ave
BURGLARY Apartment

Wed, 15 Apr 2020 21:25 1000 S State
AUTO THEFT Street

Sun, 19 Apr 2020 13:30 0 E 8th St
THEFT Over \$500 Parking lot/
Garage Non Res

Thu, 30 Apr 2020 13:30 1100 S Clark St
THEFT Over \$500 Parking lot/ Garage (Non
Res)

Fri, 24 Apr 2020 09:00 600 S La Salle St
THEFT \$500 and under Street

Tue, 28 Apr 2020 20:00 900 S Clark St
THEFT \$500 and under Parking lot/
Garage (Non Res)

BEAT 131

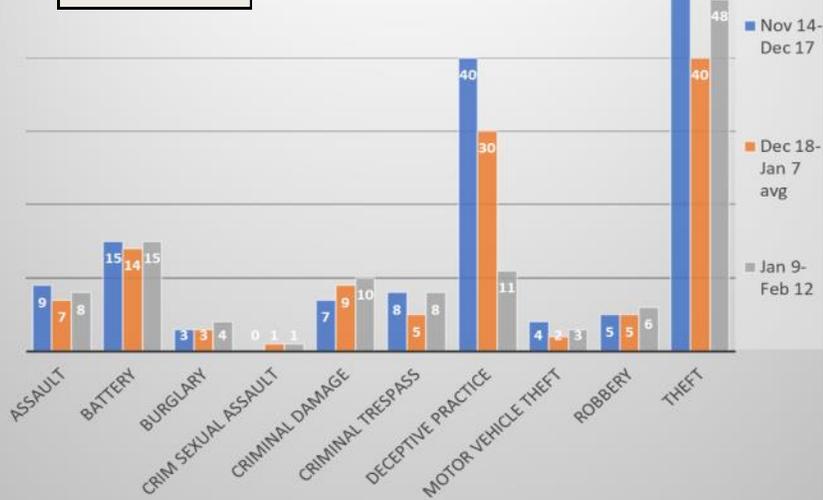
Tue, 21 Apr 2020 02:00 1500 S State St
CRIMINAL SEXUAL ASSAULT Apartment

Sat, 25 Apr 2020 10:40 1200 S Wabash Ave
AGGRAVATED ASSAULT Knife Gas Station

Wed, 15 Apr 2020 01:00 1500 S State St
AUTO THEFT Street

We focus on crime that is violent or may affect your physical safety. If you look at the graph on top of this column, you will see that the highest incidence of crime is theft, usually on the street or in restaurants (like cell phones stolen from tables). The crime shown on this page is based on Beat 123 131 and 132.

Beat 123 –River
to Michigan Av;
Ida B. Wells to
Roosevelt Rd.



Person found dead in Lake Michigan near Grant Park

The male was found about 4:45 p.m. in the water near Balbo Drive, Chicago police said.

By [Sun-Times Wire](#) May 5, 2020, 10:01pm CDT

A body was pulled from Lake Michigan May 5, 2020, near Balbo and Lake Shore drives. [Google Maps](#)

A dead body was pulled from Lake Michigan Tuesday near Grant Park, according to police.

The male was found about 4:45 p.m. in the water near Balbo Drive, Chicago police said. He was pronounced dead on the scene.



Real Estate Transactions

\$592,500
1335 S PRAIRIE ST 1104
3/3/20

\$242,000
600 S DEARBORN ST 604
3/3/20

\$573,000
1550 S INDIANA AVE 604
3/3/20

\$417,000
125 E 13TH ST 512
3/3/20

\$1,600,000
1201 S PRAIRIE AVE 4201
2/28/20

\$317,500
680 S FEDERAL ST 202
2/28/20

\$150,000
740 S FEDERAL ST 608
2/28/20

\$129,000
640 S FEDERAL ST 504
2/27/20

\$875,000
1211 S PRAIRIE AVE 2704
2/26/20

\$550,000
1001 S PLYMOUTH CT B
2/26/20

\$418,000
1400 S MICHIGAN AVE 903
2/24/20

\$315,000
1235 S PRAIRIE AVE 2508
2/24/20

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\$1,125,000

William Wenthen
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agents/5682/thomas-palmen](https://www.atproperties.com/agents/5682/thomas-palmen)

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