

#### THE DEARBORN EXPRESS

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AL HIPPENSTEEL, EDITOR
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Dearbornexpress.net





Vol. 8, No. 2

#### 4th Ward South Loop Advisory Council

Alderman Sophia King's Office has been in the process of forming advisory councils that will serve the ward's six different communities. Each council will take the lead in advising our office on areas such as arts & parks, development, public safety, infrastructure, education and much more. One of the six communities is the South Loop and an organizational meeting was held on January 15.

They are still looking for interested citizens to serve as Chairs of Sub-Committees as well as persons interested in working on the various committees. For more information on the Council, how it is structured, what committees there are, etc, see: Advisory Council Powerpoint

#### The Councils

#### Mission

Empowering our neighborhoods to make substantive improvements to their community and quality of life.

#### Community-led meetings

The local community is empowered to call and host meetings as they see fit. Allowing for personalized attention to community-specific issues.

#### Community-based decision making

Empowering the community to be engaged in a transparent decision-making process.

#### Feb 15, 2020



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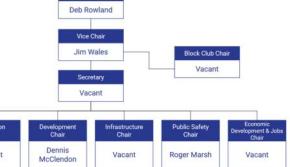
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From www.southloopneighbors.org

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# COMING TO THE JAZZ SHOWCASE

Thurs-Sat, Feb 27-29, 8pm & 10pm ........Saxophonist John Wojciechowski Quartet with

Ryan Cohan (piano), Dennis Carroll (bass) and Dana Hall (drums)

Sun, Mar 1, 4pm, 8pm & 10pm...... Saxophonist John Wojciechowski Quartet w/

Ryan Cohan (piano), Dennis Carroll (bass) and Dana Hall (drums)





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## South Loop Neighbors South Loop Neighbors is a non-profit membership

based organization dedicated to enhancing the quality of life in South Loop's neighborhoods and preserving the area's landmark districts.

South Loop Neighbors represents South Loop residents who are concerned about:

- $\Box$  Ensuring high-quality, reasonably-sized real estate development as well as infrastructure improvements that respect the unique character of our community
- $\square$  Preserving and protecting the area's Landmark Districts, including Printing House Row and Historic Michigan Boulevard
- $\square$  Promoting quality education, recreation, services, retail, community activities, and events
- $\square$  Maintaining a socially, culturally, and economically diverse neighborhood
- $\Box$  Developing strong relationships with key city officials to ensure they respect, hear, and act on the concerns and ideas of the South Loop community. South Loop Neighbors serves members and residents within the area bounded by Congress Parkway to approximately 25th Street and from the

Chicago River to Lake Michigan. Www.Southloopneighbors.org

#### South Loop Neighbors

Jim Wales- President
Benjamin Cottrell- Vice Pres.
Dorothy Miaso- Treasurer
Rob Degnan- Secretary
Dennis McClendon- Director
of Planning and Development
Roger Marsh- director
Christine Hunt- director

Thanks to All who Attended the Annual Meeting January 17th, 2020.





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Jaqi@JaqiGreenInteriors.com





# Safe & Sound Blog by Beth Finke http://Bethfinke.com/blog



#### And now, back to Wanda Jan 29, 2020

Okay. Only **one** dog-related reference in this post. Honest. I promise.

Because here's the thing. We are wayyyy overdue on news about Wanda Bridgeforth. If you've followed our *Safe & Sound blog* for a while, you know who Wanda Bridgeforth is: she's witty, she's talented, she's 98 years old, she's been attending the memoir-writing class I lead in downtown Chicago for over a decade now, and guess what? She's in the news again.

This time it's The Streeterville News, a Chicago neighborhood paper. She was profiled in a story called Chicagoan Ready for Round Two of the Roaring 20s! The story explains that the year 2020 gives us another opportunity to celebrate the Roaring 20s, and Wanda still remembers growing up in Chicago's Bronzeville neighborhood during the 1920s. She especially remembers yearly visits to downtown Chicago to see the Christmas decorations during that decade. "We got dressed up to come downtown with gloves and hats!" As a kid, Wanda saw neighbors stick together through thick and thin. "The Depression came when I was about six or seven," she said. "That's when everybody's life turned upside down. We had a closeness and a strong community spirit that we don't have now."

Wanda credited that same togetherness for helping her when her husband was stationed overseas during World War II.

"When he went overseas it was 56 days from Chicago to India," she said, explaining that she wasn't allowed to know exactly *where* he was stationed, she just knew he was far away from home.

I was interviewed for Wanda's story, too, and when the reporter asked me how it was that she and I hit it off so well from the minute we met, I told him the truth: *everybody* hits it off with Wanda right from the start. When he pressed me for more about our enduring friendship, I tried my best to come up with something brainy and important, you know, to make me sound thoughtful and heady. I pointed out to the reporter that Wanda has been profoundly deaf since childhood, and I am totally blind. Maybe our disabilities contribute to our bond, I said. "We both acknowledge our disabilities without letting them



That's Wanda and me. The two of us are always happy to be together, can you tell? Photo courtesy StoryCorps.

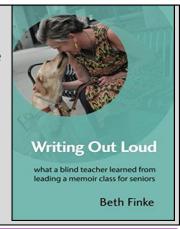
defeat us," I told him. "We both are resourceful, we have to figure out ways to do certain things that others do with their ears and eyes."

And now, dog-reference spoiler alert. When the reporter asked Wanda that same question about our special bond, she told the simple truth. The story ends like this:

Bridgeforth said there was another reason she was drawn to Finke. "We clicked immediately," she said. "Primarily through Beth's guide dog. I love animals."

Beth Finke's books: "Safe and Sound", "Long Time No See" and "Writing Out Loud" can be purchased at Sandmeyer's Book Store.

It's here! Free audio version of Writing Out Loud now available to people who are blind or visual-



Past Issues . . . Archives at:

http://dearbornexpress.net/



# **OPINION**

The views and opinions expressed in this newsletter are those of the contributors and do not necessarily reflect those of the editor or South Loop Referral Group.



#### **Retired in Chicago**

Advice for the frugal: Find an appealing spending option. Mine is car rental.

By Marianne Goss, January 28, 2019

As New Year's resolutions go, it was vague. I'd spend more freely in 2020. A lifetime of frugality has made me uncomfortable about dropping more than \$20 in a restaurant or seeing a movie at full price.

Now a circumstance will challenge me to act on the idea: My dad's car, which was at my disposal when I visited my parents in Joliet, was donated last weekend.

After I gave up my last car about a decade and a half ago, I would take a Metra train to Joliet and then have Dad's car to visit friends, go to church, and grocery shop. Dad passed away five weeks ago, Mom doesn't drive, and it doesn't make sense to pay for insurance and upkeep on a car for my occasional use.

Most of the time when I visit my mother, I won't need a car. The Plainfield assisted living residence where she now lives is only a half-mile from the last stop of a Pace bus I board on Michigan Avenue downtown. But the infrequent times I'll need wheels — such as on weekends and holidays, when the bus doesn't operate — will test whether I can waive my thrifty habits.

Frugality is common among retirees, financial advisers report. For some retirees, meager social security checks require it. But others, myself included, could afford to spend more and don't.

A study by the Employee Benefits Research Institute found that 59 percent of retirees spend less than their incomes. EBRI theorized that retirees might not know how long their money will last or what a safe rate of spending is.

Financial advisers interviewed for a *US News & World Report* article said that many retirees are afraid to spend liberally. They worry about needing expensive health care. Those invested in stocks are spooked by fluctuations in the market.

*Kiplinger's* personal finance magazine offered another explanation: Some people simply have a hard time spending their money. Some are frugal by nature and others develop a preference by living below their means for a long time. They wire themselves to not spend. Thriftiness becomes a pastime.

I can't exactly date when I became thrifty, but it was after I moved to Chicago three decades ago. When I lived in the far suburbs, I came into the city now and then for a musical or a night at a jazz club. I assumed that the cost was what you paid for entertainment in the big city. I bought clothes new.

Once I lived here, I discovered secondhand shops and low-cost entertainment. Why pay more for what could be had for much less? Bargain hunting became a challenging, fun game. If I could buy this for under \$\_, or do that for under \$\_, I won. Giving the car up was a logical segue once I started working from home and the odometer tallied few miles.

As my political consciousness grew, I realized that my habits aligned with my politics: I'm living responsibly and consistent with anticonsumerist values.

I don't feel self-denying. It's not like I'm staying in. I prefer neighborhood ethnic restaurants to white-tablecloth establishments. There's more low-cost entertainment in Chicago than anyone can take advantage of. Sure, I might miss a hot production — I may be the only Chicagoan I know who didn't see *Hamilton* — but nothing is really a must-see. The important thing is to keep getting out.

It sounds like I don't really want to change, but there is the need for a car now and then. I like the advice for penny-pinching retirees in a *Kiplinger's* article: Don't try to splurge across the board; pick and choose where you want to spend more. "You may have no interest in fancy restaurants or lux-ury cruises," the author wrote. "Find appealing spending options."

Renting a car for holidays and weekends sounds like an appealing spending option for me. Sure, one of my siblings could pick me up at a Metra station for the next holiday weekend, Easter, but the half-hour drive from Mom's to the station would be an inconvenience. Having a car would spare my sibling and allow me to attend church on a holy day and visit a friend if she's available.

When I gave up car ownership, a friend suggested that I set aside an annual car rental fund using the average cost of what I'd been spending for auto insurance, maintenance, and gas in a year. I joined rent-by-the-hour I-Go and used Budget or Enterprise for road trips, but I never came close to spending the estimated \$2,000 a year. There would be many thousands of dollars in that fund by now, a realization that should erase all second thoughts about renting.

ANTI-TRUMP QUOTATIONS: 97TH IN AN ONGOING SERIES "What if [Trump] were a high school vice principal who ensured that a police detective's son would be accepted in advanced placement classes — and then added, "I'd like you to do us a favor, though." The favor would be an investigation of the vice principal's ex-wife before their upcoming child custody hearing, in hopes of tilting the outcome in his favor. In that situation, the vice principal would be fired. We all recognize that no school official or other person in a government bureaucracy should use public power for private benefit. . . . Shouldn't we have as high a standard for the president of the United States as for a school vice principal?" — Nicholas Kristof, *New York Times* columnist

http://www.chicagonow.com/retired-in-chicago/



## Liquid Strength

with Jennifer Sprow

Jennifer's Liquid Strength class will help you develop flexibility,

strength, structural alignment (posture) and reduce risk of overuse injuries. Class will feature "Active Isolated Strength and Stretching" as well as "Functional Mobility/NeuroMyoFascia" Techniques. These methods have been studied to show greater Range of Motion (ROM) and joint stability with less applied stress than other popular stretching techniques.

Jennifer is a specialist in injury prevention, pre/post rehabilitation, and dancer conditioning. She is a graduate of the Ohashi Institute (Ohashiatsu®) and certified as an Active-Isolated Stretch/Strength practitioner which is based on the work of Aaron Mattes. She is also certified in LifesStretch® (NeuroMyoFascial stretching) by the Stretch to Win® Institute in Arizona. Jennifer brings her many years as a dancer, choreographer, and study of the human body to her classes & private clients.

#### South Loop Location

A & A Center for Dance, 731 S. Plymouth Ct., Chicago Convenient public transportation stops and street parking

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#### BLACK HISTORY MONTH: Ibram X. Kendi, How to be an Antiracist (One World 2019)

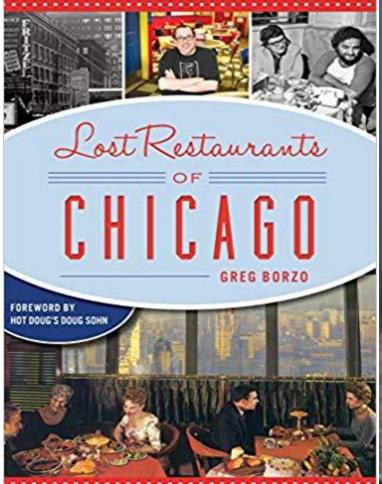
Donald Trump claimed that Barack Obama could not run for President because he had been born in Kenya. Trump referred to a Latinx Miss Universe as "Miss Housekeeping." President Trump said 15,000 recent Haitian immigrants "all have AIDs" and that 40,000 Nigerians, once seeing the United States, would never "go back to their huts" in Africa. He called Mexican immigrants "criminals... infesting our country." Trump tweeted that four minority Democratic congresswomen, all American citizens, three of whom were born, here, should "go back to the totally broken and crime infested places from which they came." Trump said: "I am not a racist, I am the least racist person there is anywhere in the world." But Uberintellectual Professor Ibram X. Kendi, née Ibram Henry Rogers, argues in his startling but eminently logical book **How to be an Antiracist**, that the opposite of racist isn't "not racist;" it is anti-racist. One either believes problems are rooted in groups of people as a racist, or locates the roots of problems in power and policies as an antiracist. Kendi writes: "I used to be racist most of the time. I am changing." He describes his teenaged self, winning a Martin Luther King speech contest by disparaging black youth for being slothful, sexual, and selfdefeating. Kendi blamed the black children who lived in poverty and studied in underfunded schools and drank leaded water— instead of the policies that drove and kept

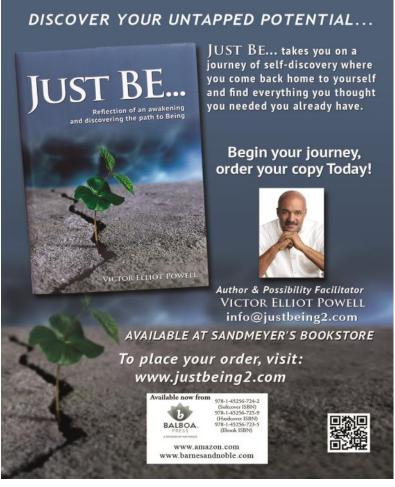
them there—to thunderous applause. His book is a confession and a repository of America's history of racist ideas, quoting slave traders, explorers, scientists, philosophers, doctors, ministers, presidents and civil rights reformers who justified slavery, segregation, lynching, tough laws and tough love for the betterment of the Black race. This is not a page-turner, but an encyclopedia of mis-thoughts and failed notions that still pervade our thinking about race. "The history of racist ideas is the history of powerful policymakers directing racist policies out of self interest, then producing racist ideas to defend and rationalize the inequitable affects of their policies. Everyday people consume those racist ideas which, in turn, sparks ignorance and hate." Kendi wrote most of this book after being diagnosed with, and successfully treated for, Stage 4 colon cancer. Seeing racism as a cancer, he has faith, and hope, that it can be cured with powerful doses of anti-racism, "which requires persistent selfawareness, constant self-criticism, and regular selfexamination." Kendi says the book is "for people who think somebody else could use

it instead of them." That would be us.

#### Lorraine Schmall

Dearborn Park, February, 2020





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#### Fiona McEntee: Our American Dream

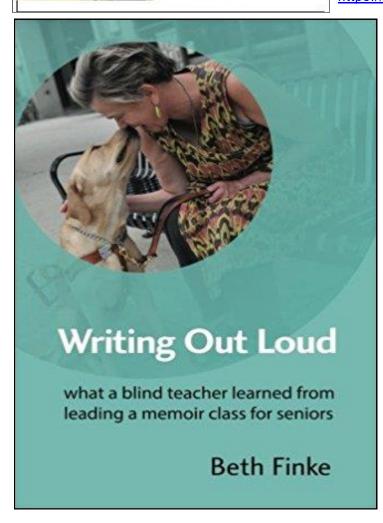
Join the Chicago Council of the AWM and FIONA
McENTEE as she conducts a program on her new children's book Our American Dream.
Enjoy coffee and light breakfast food, and join the discussion on the American Dream, how it changes, and what that means to us on an individual basis, as well as a collective whole. All proceeds from this event will support the AWM's education programs, such as the Write In Program.

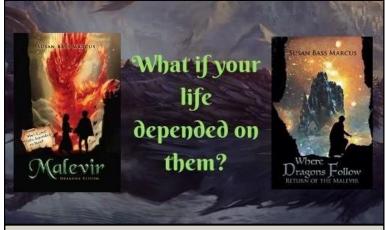
**The Chicago Council of the AWM** is a group of dedicated professionals who host fundraising events and raise awareness about the Museum.

**Fiona McEntee** is an award-winning, nationally recognized immigration lawyer. She is the founding and managing attorney of McEntee Law Group, an immigration law firm based in Chicago. As a proud Irish immigrant and naturalized U.S. citizen, Fiona has dedicated her career to the advancement of immigrants' rights. Fiona has vowed to zealously advocate for immigrant children and parents who face innumerable obstacles as they strive for their American Dream.

American Writers Museum 180 N. Michigan Avenue, 2nd Floor Chicago, IL 60601 https://americanwritersmuseum.org/







Susan Bass Marcus writes and illustrates fiction, essays, and reviews. Her Dragonwolder fantasy novels, Malevir: Dragons Return and Where Dragons Follow, offer a world of dragon clans, an enigmatic menace the Malevir, sprites, goblins, questing humans, and magical giants. Her musings appear weekly on her blog, "About Susan Marcus," <a href="https://susanbassmarcus.net">https://susanbassmarcus.net</a>. Both paperbacks are available at Sandmeyer's Bookstore.

# **OPINION**

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#### How I really feel about Bernie Sanders as the leader of a progressive revolution

The progressives, led by Bernie Sanders are on their way to changing the Democrat party, the same way the Dixiecrats changed the Republican party. Only in a good way.

Historic. Evolutionary. Political Change.

Watching the corporate media freaking out about the prospect of a democratic socialist interested in taking us out of Third World economic disparity is quite amusing. Bernie Sanders is trying to right a status system where the rich keep getting richer and the poor keep getting more poor.

Big Bernie Backer and political comedian Jimmy Dore--who is the new and much sharper-edged Bill Maher (Maher seems to have lost a great deal of his mojo in a haze of Trump-hate and millions in his bank account--and become full of conventional wisdom) says Rachel Maddow makes \$30,000 a day.

#### Whew!

Rachel and Chris on MSNBC are bigger Bernie-haters than Laura and Sean on FOX. In fact, FOX seems to find Bernie sort of endearing and anachronistic. Maybe a little scary-but not that muchbecause they know that tons more people came out in the New Hampshire primary for Trump this week than they did for Obama in his second term debut in 2012.

#### Whew!

MSNBC people are turning into Wall Street wolves; and FOX people are becoming populists. FOX is welcoming the smartest progressives on their programs with warm smiles and open arms: Jimmy Dore, Krystal Ball, Tulsi Gabbard, and they love Glenn Greenwald to death. And Julian Assange. And many others of their ilk who see Trump as a mere symptom. They'll stomach him for now and rarely pay attention because he's completely beside the point.

While Chris Matthews sulks and James Carville and Van Jones call out the dumb dems for not seeing the light enough to see what's coming, I say what's coming is a new party of populist progressives that may be able to attract people for good reasons and insist that things get done. Really done.

The threat to Bernie at the moment appears to be the 2020 version of Eddie Haskell: Mayor Pete. He's a sweet-talking corporatist with a military-intelligence background--and happily married to the love of his life, to boot. He's got a sharp edge that sneaks out every once in a while from a wine cave; he's not a comeback kid, but he's a sweet-talking platitude-spewing kid who presides over a crime-ridden South Bend, Indiana. As one pundit put it last night, he'll be putty in the hands of the Chinese. (Not to mention, North Korea, Iran and Putinlandia.)

Bernie is the best guy to lead the party on down the road during a massive transition.

Bernie, on his way to taking over the new party he isn't even a member of has ideas that need discussing, thinking through and debating. In socialist-speak, we owe it to each other to discuss, think and debate. And not freak out with venom, sorrow and sour grapes like Chris Matthews has been.

We need a president who will offer up ideas that neither house of Congress is interested in thinking about, debating or passing.

All they want to do is say Trump = Bad--or Good, depending on the party from which they emanate. Or how much they like and benefit from the good economy.

They don't have time. They are way too busy working on their truly important and status-driving commitments these days: money raising. Specifically, committees that are raising it from every nook and cranny of the corporate world, bundled, unbundled and tossed it into their coffers. It's a gravy train that most voters are completely sick of, if they know about it.

They impeached Trump to ruin Biden, who wasn't raising enough for a top-of-the-ticket candidate. And it worked. Trump's numbers are good (for Trump) and Biden is in hiding--from a humiliating result in the first two primaries and probably planning to give Hunter a good spanking, instead of a new-baby present.

Frankly, I think the Dems really want Trump to remain prez. He won't stop the aforesaid gravy train. Or hurt their personal assets with his recipe for a good economy. In fact, what with all the people who hate Trump, their political coffers will remain filled to the brim with those people's money, the pro-choice people, specifically. They won't know what else to do. So they'll contribute. Buy dinner tickets and give up to the limits set by law.

Bernie, of course, does raise that kind of money, as well--all from regular Joes who see his good points. A clean guy like Bernie as the world's leader, who is all business, scandal-free, a guy played by Larry David on SNL as a sort of Luddite from an old-fashioned clean air state like Vermont is a sort of treasure. The guy who Hillary Clinton, of all people, recently told the world no one likes.

(She really is something, isn't she? She cheated him out of his due. But in spite of that, Bernie won 22 states. He went all over the country anyway, campaigning for her, and citing her undeserved praises. The scuttlebutt is she now has her heart set on being Vice under Biden or Bloomberg--or anybody--so she thinks she may as well give all of them a little boost by tearing down the frontrunner for them. Very clever.)

Bernie will make the US Congress (and us) discuss real issues, not the Stormy Daniels issue. Real scandals like US banking, not Russians outsmarting our voting machines. He'll put forth new infrastructure plans, new immigration laws and an environmental plan to beat the band--and not count how many times someone flew on the Epstein plane. The issues we won't be discussing will be discussed on shows geared for that. And we can watch and enjoy all we want, and we can all talk about who killed Epstein and why.

But Bernie will preside over stuff that is ultimately life and death--for us, the rich and poor and the right and left.

For those who worry about getting sick, medical care for all--Bernie's hallmark issue--will be debated and the fine points ironed out. And who knows what will happen? But the one thing that won't be included is a word about whether Brett Kavanaugh stood next to the spiked punch bowl in high school. Thank God.

Bernie, to his much beloved and valued credit isn't a phony. He's all work and no play. He's been Bernie all his life. The winds blowing in every direction around him don't bother him. He's a piece of cement.

It doesn't matter whether you love Bernie's ideas or they scare you senseless, they are simply ideas that need the light of day and much discussion. In order for us to survive--and live up to our reputation and our potential as a nation.

I like Bernie because he'll make all the money-grubbing phonies in Congress seriously discuss what they should be seriously discussing. No one has done it yet. Not even Barack. Bernie is the only one who will if given a chance.

Take that to the ballot box.

#### Bonnie McGrath

Visit my blog: www.chicagonow.com/mom-think-poignant/





Monday, Jan 27, 2020

# Harbor Leaves Neighbors Impressed

A reader weighs in on the new <u>Harbor</u> restaurant:

Living in the Sloop for 12 years, we have seen restaurants come and go.

We think Harbor is a winner! We dine out weekly, and since we are seafood lovers, we anxiously waited for Harbor to open. We were not disappointed. We had their mussels, trout, and walleye dishes. Outstanding in flavor, portions, and presentation.

We then indulged in their warm cookie topped with walnut ice cream.

The interior has been beautifully redesigned. Harbor will definitely be a great place to have drink and bites at the bar, or a dinner with family and friends.

Looks like it's not just this reader. <u>Yelp (as of this post)</u> has a 4.5 rating and seems like the restaurant is off to a good start.

Best of luck to them and we're looking forward to stopping by.

http://www.sloopin.com/



#### Trivia Night

Date: March 11 Location: TBD

This event has been so much fun that we're having a third South Loop-themed trivia night.

There is no cost to participate in this event, nor do you need to be a member of SLN (but you should consider it!) Food and drink are at your own expense. Come with a whole team, or meet your neighbors by pooling your knowledge. (So we can arrange enough fabulous prizes for the winners, only 4 persons to a team, please.) Email Info@southloopneighbors.org to reserve your spot!

#### Www.Southloopneighbors.org

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#### Editor's Letter: February 2020

January 30, 2020 by Brian Hieggelke

This issue marks the thirty-fourth anniversary of Newcity and we again mark the occasion by looking forward, instead of retrospectively; this year with the help of some of the city's most visionary leaders ("Perfect Visions: Eleven Leaders on How The Twenties Will Roar in Chicago").

But I am going to look back in this letter, as my father died on January 1.

Curtis J. Hieggelke was a physicist, with a PhD from the University of Nebraska, who devoted his life to teaching, both students at Joliet Junior College where he spent his entire career, as well as other teachers around the country, through his workshops funded by the National Science Foundation, where he was known as an innovator in community college education. I've been thinking about him, and learning so much about his impact on others around the country these last couple weeks while writing his obituary and a eulogy for his funeral.

But the impact I've thought most about was on me. He was my teacher too. This publication would not exist without him. He never wrote an article for us, nor shot a photo or designed a cover. But insatiable curiosity, a love for vigorous but polite debate, a commitment to reading and valuing great writing and the ambition to make a difference in the world were values he taught me through his example.

He supported us in so many ways, whether encouraging me when times were tough, or simply by reading the publication closely, especially my writing, and letting me know he thought what we were doing was important and that he was proud of me. He came to so many of our events over the years and blended right in. As one of his close friends described him, he was a scientist with a liberalarts mind. His very last public outing before pancreatic cancer overwhelmed him was the Chicago premiere of our latest film, "Knives and Skin," at the Chicago International Film Festival in October. As sad as I am that he'll never read another article I write or see another movie I'll produce, the memory of his excitement that night, both at the film and at the after-party where he found the energy to take part in the conversations and the congratulations that followed comfort me. I'll miss him beyond words, but I take solace in the fact that my mom, who was always by his side, literally and figuratively, is still vigorous.

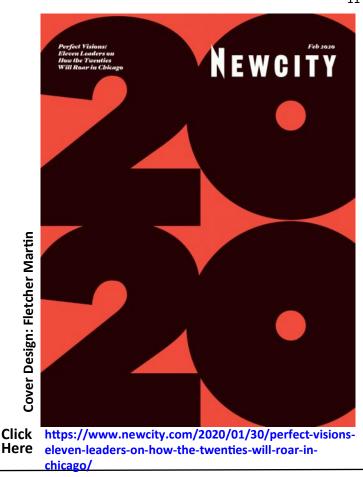
Newcity did not have an editor's letter when Jan's parents, Shelby and Richard, died in 2013 and 2015 respectively, but if we did, we'd have written something very similar. Jan's mom was a rock of support, especially when we blended youth, parenting and a startup business in our early twenties, and needed someone who could step in and babysit at any time when the demands of getting Newcity off the ground required it. Jan's dad was a carpenter and he literally built much of Newcity, from our first light table (when production was done physically rather than digitally), to building out the entire office space when we had our largest staff and largest office back in the nineties.

Newcity is described as a family business due to the number of Hieggelkes who've worked here over the years, but the family that makes it work is much larger.

With eternal gratitude,

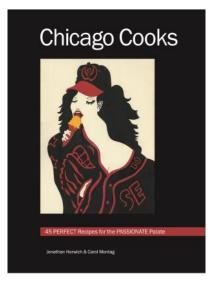
BRIAN HIEGGELKE





In Chicago Cooks: 45
Perfect Recipes for the
Passionate Palate, the
basics are covered for
any kind of meal.

Not every food category is included here, but the ones we have chosen represent a foundation any cook will need to provide for a family or to entertain brilliantly. We hope you will trust us and try these recipes so that you can experience food made with care and passion,



food that stimulates your palate, and inspires you to share each recipe with those you love.

The two authors are long-time residents of Chicago. Returning to Chicago after 40 years in California as a jazz producer and recording engineer, **Jonathan Horwich** has continued pursuing his passion for music and high quality sound. **Carol Montag** grew up in St. Louis, MO and came to Chicago to attend The University of Chicago and never left. She has been an educator for 52 years as a classroom teacher, school administrator, and educational coach.

https://www.chicagocooks.net/ Available at Sandmeyer's and Amazon.

#### At the Grail Café

Many in the neighborhood were looking forward to the opening of Grail Café. Having an inside view as the interior was built out. I



Cornmeal Toast

was able to appreciate the amount of planning, attention to detail and design that would make The Grail a comfortable place where you might want to linger. There have been much written about this small café on Dearborn Street by varous media. Asterik here \* I am not a restaurant reviewer but I do eat at restaurants. I know what I like. Some places, I like just one thing and that one thing keeps me coming back. Here, I want to try it all. Early after the opening, I, along with Bonnie, Mary and Gail, all tried something different.





I had the quiche Florentine that comes with a small salad (7.75), Gail had Cornmeal toast topped with whipped ricotta cheese and orange, sage jam with honeycomb and pistachio. 5.7. Mary had the quiche and Bonnie had pastry. I have since been back for coffee and a scone to go, and then again for the Grilled chocolate swirl brioche with chocolate hazelnut spread, chocolate chips, cocoa sugar with orange zest whipped cream 7.50. There is seating for singles at the bar, 2, 4, or 6 at a table and two comfortable booths in each of the two windows which always seems to be filled when I walk by. Seldrick Holmes and Steven Cook, proprieteers, opened here at

715 S Dearborn because they favored the Printers Row Neighborhood and we, in turn, are hoping they will continue to provide us with their imaginative cuisine for a long time to come.



Open 7am-6pm everyday Yours Truly, Benton Habour 715 S Dearborn St. info@thegrailcafe.com

# KURAH

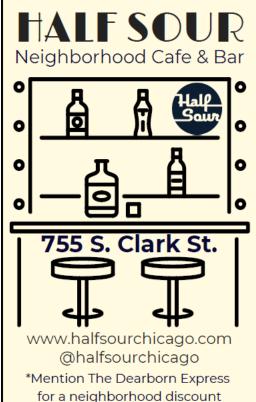
MEDITERRANEAN

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1355 S. Michigan Avenue Chicago, IL www.kurahchicago.com



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Tuesday, January 28, 2020

Recreational Dispensary Scouts Out Locations In and Near the Sloop

Looks like a new business on Wabash could change how

people experience the Wabash Arts Corridor (via Block Club):

As cannabis companies race to open new dispensaries in Chicago's lucrative retail corridors, the field has now been expanded to the South Loop.

PharmaCann, which is currently permitted to open four recreational dispensaries in Chicago — including two in the lucrative Central Cannabis District — is eyeing two locations along South Wabash Avenue in and near the South Loop, according to documents filed with the city.

Those locations include a one-story building at 418 S. Wabash Ave. across the street from Roosevelt University on the south end of the Loop. The building rents for \$225,000 per year, according to commercial real estate brokerage Sperry Van Ness.

The company is also looking at a retail space below the Fairbanks Lofts at 900 S. Wabash Ave. on the Columbia College campus in the South Loop.

To be clear the 418 S. Wabash location is north of Ida B Wells (formerly Congress) and we would argue is more "Loop" than "South Loop" - but it's still damn close.

What is definitely in the Sloop is the 900 S. Wabash location: This location has never had a long term tenant since we've been doing Sloopin (over 12 years). That said, it has a myriad of pop-up stores - things like seasonal Halloween store and pop-up stores from artists and Nike (in 2014).

While the space at 900 S. Wabash is pretty dated, it's a good location and has a lot of "character". It would probably make a great spot for a weed shop given it's proximity to many colleges and central location within the neighborhood.

The article surely doesn't seem to say it's a slam dunk, but this is the first concrete story we've read about a dispensary coming to the South Loop.

http://www.sloopin.com/

Monday, February 10, 2020
Lao Sze Chaun Another Popular Chinatown Restaurant
Expanding North
into the Sloop

Wow another Chinatown restaurant making its way north into the Sloop:

Lao Sze Chaun is a popular, Chinatown staple that we love but moving into this location seems strange to us. Its had challenges keeping tenants (Mai Tai closed at this location last year) and isn't a strip known for restaurants.



All that said, <u>Lao Sze Chaun has had numerous locations</u> throughout the city - so the move isn't completely a shock. As of now they have Chinatown and another location up in Uptown. There was also a location on the Mag Mile for a little bit, but that appears to have close.

More interesting to us is that this is the third Chinatown restaurant spill north into the Sloop. Ming Hin opened a huge, sparkling two story restaurant at 1234 S. Michigan and just two weeks we posted about My Place opening in the <u>former Lobo</u> Canteen restaurant at 1307 S. Wabash.

http://www.sloopin.com/



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#### In Real Life Jan 16 — Mar 29, 2020

As the powerful technology behind artificial intelligence grows more sophisticated, machines have developed the capacity to not only capture images but to "see" them as well. *In Real Life* is an exhibition seeking to examine the real-world impact of computer vision—from the murky ethics of data collection and surveillance to the racial and gender biases that abound in facial recognition technology.

Through the lens of seven artists working with a range of digital media, *In Real Life* presents works that grapple with the fraught relationship between humans and technology, with an emphasis on the social and aesthetic ramifications of machine "seeing." With a charged underpinning of human biases, these pieces, many of which were generated through algorithmic technology, present a speculative near-future wherein the socio-political consequences of AI have already begun to compromise how we visualize the world—and our humanity.

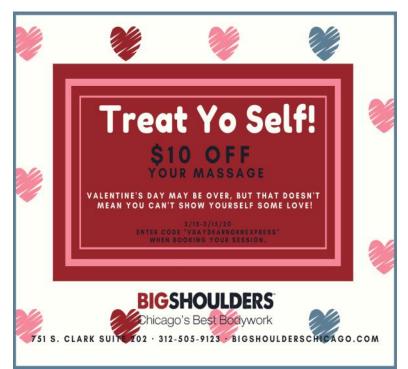
In Real Life is organized by MoCP executive director Natasha Egan. Artists include Stephanie Dinkins, Trevor Paglen, Leo Selvaggio, Maija Tammi, José Orlando Villatoro, Xu Bing, and Liam Young.

The MoCP is supported by Columbia College Chicago, the MoCP Advisory Board, the Museum Council, individuals, and private and corporate foundations. The 2019-2020 exhibition season is sponsored by the Illinois Arts Council Agency, the Efroymson Family Fund, and the Philip and Edith Leonian Foundation.

In Real Life has been generously supported through The David C. and Sarajean Ruttenberg Impact Fund for Photography.



Columbia College Chicago 600 South Michigan Chicago, IL 60605 (312) 663-5554





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Email: shop@colum.edu

# **OPINION**

The views and opinions expressed in this newsletter are those of the contributors and do not necessarily reflect those of the editor or South Loop Referral Group.

#### Mondays with Mike:

by mknezo2014 | Dec 9, 2019

#### Oscars season



I rarely go to the movie theater these days, and Beth and I have never gotten into the streaming thing, so each year, when the Oscar awards are broadcast, I typically say, "Why botha'?" I don't have any dogs in the hunt. And each year, I end up watching the Oscars. Somehow, I can't look away.

I don't know if it's just a deep-seated habit, having grown up watching every minute of every Oscars with my family. Or that somehow, every year I am actually entertained. Probably a little bit of both.

I do get sucked into some of the acceptance speeches. And Bong Joon Ho, Parasite director, was pretty much worth the price of admission last night. (He may still be drinking in celebration.)

And the Oscars usually has it's intended effect—that is, it gets me to get out and see some of these movies. So I expect to see Parasite, Little Women, and Ford vs. Ferrari sometime soon.

Oh, and also <u>Hair Love</u>, which took home an Oscar for animated short. And that one's easy—you can stream it free. I learned about it—as I often learn about pop culture things—from Beth. She listens to lots of public radio, <u>and she heard an interview on WBEZ with filmmaker Matthew Cherry</u> (Chicago native and former NFL player) and Karen Tolivar, the producer.

She said they were terrific and personable, and that he was inspired by his daughter to make the animated short. He wanted to show more African Americans in animated work, and to, as he puts it, "normalize" black people's hair.

I've learned from our black friends that hair is a big, big deal for them. And unfortunately, <u>it's sometimes a big deal</u> and (shouldn't be) in the broader community.

Me, I just wish I had more hair in some places and less in others.

Meantime, congratulations to Hair Love, and enjoy.

#### Click Here.



#### THE DEARBORN EXPRESS

We welcome letters to the editor.

This publication is sponsored by the South Loop Referral Group, a professional and business networking group. It is our mission to provide the Printers Row area with current news and to promote local businesses and organizations. This publication will be distributed through email to individuals who wish to receive it. If you have any questions or would like to contribute information , please email us: thedearbornexpress@gmail.com

www.dearbornexpress.net

# MOST RECENT EPISODES

**PODCAST** 

February 7, 2020

#### Picture-Perfect Democracy

Click below



The sloppy roll-out of Iowa results prompted disinformation and confusion over the mechanics of the caucus system. This week, On the Media looks at the origins of the nomination process to explain how we got here. Plus, local reporters in New Hampshire examine the power struggle at the heart of the upcoming contest. 1. Galen Druke [@galendruke] on the history of America's unique primary system. Listen. 2. Stranglehold reporters Jack Rodolico [@JackRodolico], Lauren Chooljian [@laurenchooljian], and Casey McDermott [@caseymcdermott] on Dixville Notch's mythical status. Listen. 3. Lauren Chooljian [@laurenchooljian] examines how New Hampshire's local press benefits from being a first-in-thenation primary. Listen. Music from this week's show: Sacred Oracle by John ZornYoung at Heart by Brad MehldauThe Camping Store by Clive Carroll and John RenbournMilestones by Bill Evan Trio

#### WINTER COAT DRIVE

Second Presbyterian Church hosts its annual Winter Coat Drive during the months of **November through February.** Donations of warm clothes, sweat shirts, hoodies, sweaters, coats, gloves, caps, scarves and mittens will be distributed to our neighbors in need. The church is located at 1936 S. Michigan Avenue. Donations are received **Tuesdays through Saturdays, 9:30 a.m.—1:00 p.m.** For more information, please call the church office (312) 225-4951.

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www.gsa.gov/fedrelay

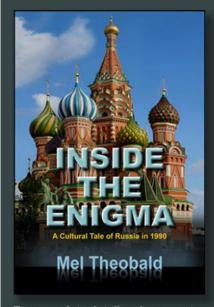
#### South Loop School News

# 5th Grade Student: Sinan Abuzayd Advances to City Wide CPS Spelling Bee

Fifth Grade student, Sinan Abuzayd is advancing to the Citywide Spelling Bee on March 12! His online spelling test score qualified him for the bee! This will be his 2nd year at the Citywide bee. Last year, he came in 3rd place out of all CPS schools. If you see Sinan, congratulate him and wish him in luck in the Bee!



# Inside the Enigma A Cultural Tale of Russia in 1990



For complete details, please go to: www.insidetheenigma.com

Hardcover, 406 pages

For ordering infomation, email: theobaldart@gmail.com

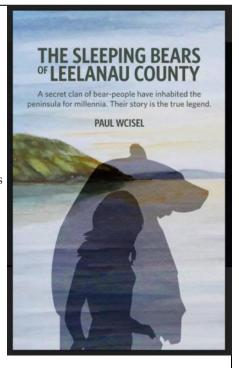
#### by Mel Theobald

"Inside the Enigma sweeps you along like the very best fiction, all the more captivating because it really happened. An ordinary guy becomes caught up in high-level wheeling and dealing during a critical moment in international relations. Along the way he discovers hidden art treasures, gets to know the passionate men and women who create them - and recaptures meaning and purpose in his own life. With those four great themes and an inexhaustible wealth of twists and turns, this book will enthrall you from the moment you enter its unique world."

Gerald de Jaager Author of The Million-Dollar Parrot and three other books

# A new novel by local author, Paul Wcisel (paulwcisel.com)

In a remote corner of northern Michigan, the residents of Leelanau County have a secret society that has been living on the peninsula for thousands of years. They are the beartransforming descendants of tribes who crossed Lake Michigan millennia ago to escape the destruction of their clan.



One evening, a traveler has a chance encounter with a spirit bear and discovers he has a hidden history of his own. In the months that follow, he becomes deeply involved with the Sleeping Bear Clan and — depending on your point of view — a murder.

# Theatre. . . . In the South Loop



#### failure: a love story

Written by: Philip Dawkins Directed by: Susan Padveen

February 13-22, 2020

Studio 404 72 E. 11th Street

#### **TICKETS**

February 12 & 13 - Preview February 14 - Opening February 22 - Closing

Friday, February 21st 7:30 PM - There will be a talk back following this evening's show and will be led by the production dramaturg Tina Kim Nguyen.

Students, faculty, and staff may use the following code for tickets: *FAIL20*Only one ticket per promo code can be reserved.

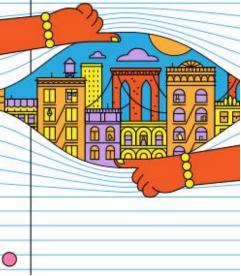
Nelly Fail died in 1928 and was preceded in death by her sisters Jenny June and Gerty that same year. Each was married to the same man before their untimely demise. As with so many things in life such as blunt objects, disappearances and consumption, they never saw death coming. *Failure* is a magical, musical fable that traces the sisters' triumphs and defeats. Set in the Fail family home and clock shop, a rickety two-story building near the Chicago River, this funny, moving, and profoundly wise play reminds us that only love remains in the end.

#### **PERFORMANCE DATES**

Thursday, February 13th, 7:30 p.m. Friday, February 14th, 7:30 p.m. Saturday, February 15th, 2 p.m. and 7:30 p.m.

Wednesday, February 19th, 7:30 p.m. Thursday, February 20th, 7:30 p.m. Friday, February 21st, 7:30 p.m. Saturday, February 22nd, 2:00 PM

**Columbia College** 



#### **Brooklyn Bridge**

by Melissa James Gibson directed by Coya Paz

Follow Sasha as she ventures outside the boundaries her immigrant mother has set for her and into the maze of her Brooklyn apartment building. Sasha meets her mysterious neighbors, and she's convinced there are giants living upstairs! Sasha discovers the power of community as she races to complete her report on the Brooklyn Bridge. Recommended for ages 7 and up.

#### Jan. 16, 2020 - Feb. 22, 2020 DePaul's Merle Reskin Theatre (312) 922-1999

The cast features Valentina Fittipaldi (Trudi), Laura Rojas (Talida), Sarah Dennis (Sasha), Patrick Romano (John), Kamari Saxon (Sam).

# Accessibility Services and Interpreted Performances:

If you require wheelchair accessible and/or companion seating, or have any other hearing or vision needs, please let us know when you reserve your tickets so that we can make sure you visit to our theatre is an excellent one. Discounted tickets are available for patrons with disabilities, and their guests.

**DePaul University** 



# The 25th Annual Putnam County Spelling Bee

7:30pm - 9:30pm O'Malley

A riotous ride, complete with audience participation, The 25th Annual Putnam County Spelling Bee is a delightful den of comedic genius. An eclectic group of six mid-pubescents vie for the spelling championship of a lifetime.

All venues are accessible through the 425 S. Wabash Ave. entrance. Photo ID may be required.

For more information: Roosevelt.edu/CCPA.

Tickets can be purchased by contacting the Theatre Conservatory box office at (312) 341-3831.

#### FEB 20 through FEB 23

THURS 7:30 -9:30pm

FRI 7:30-9:30pm

SAT 2 – 4pm

7:30-9:30pm

SUN 2 – 4pm

O'Malley Theatre

431 S Wabash Ave, Chicago, IL 60605

312-341-3500 ccpa.roosevelt.edu/ *theatre*.php.

**Roosevelt University** 

# CRITICAL SOUND STAND STANDS

Real. Relevant. Urgent.

# Responses to Climate Change

Activists and experts debate what needs to be done and why we are too immobilized to act.

### February 25 at 6:30 pm

Tickets include drinks and appetizers 5 pm-6:15 pm
Space is limited. Purchase tickets at spertus.edu/conversation

The Critical Conversations series is generously funded by the late Eric Joss.

#### Moderater

David Wallace-Wells, author of #1 bestseller The Uninhabitable Earth

#### **Panelists**

Karenna Gore, director and founder of the Center for Earth Ethics

Bill McKibben, founder of international environmental organization 350.org and author of *The End of Nature*, cited as the first book on global warming

Kevin Green, Vice President of Rare and head of their Center for Behavior & the Environment

Mirele B. Goldsmith, environmental psychologist, activist, and founder of lewish Earth Alliance

Katherine Milkman, Wharton School behavior economist who works on getting humans to make better decisions



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All proceeds benefit the Australian Red Cross

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#### || Florida, love it or leave it

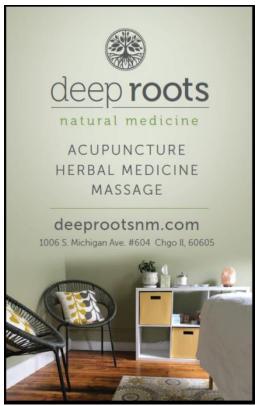
I confess, I have my bias'. I don't live here. Perhaps I don't have a right. But we return every year like lemmings.

The Florida
we love. Florida has some
wonderful wilderness and



open lands. The Everglades might be the most pristine National Park based on 99% of the visitors travel the one road in to Flamingo and see 1% of the Everglades. Canoeing offers much more access to the Everglades. There are other wilderness areas preserving Florida. There are county parks and city parks that are large well designed and well used by Floridians and you can see many of the same birds and and exotic plants that are in the Everglades. There are thousands of acres for raising cattle, and near Ocala, one of the largest horse breeding/training areas of the country. Florida is fifth in cattle raising. They even have Rodeos. Food is a big export here with corn, tomatoes, beans, sugar cane, groves of oranges and grapefruit and even timber. Did I mention Key Lime Pie? Speaking of the Keys, it's our most anticipated destination with it's own culture, consistent warm weather, and history.

If you like urban areas, we like resurging downtown St Pete featuring a wonderful Salvador Dali museum and the new James museum of western art. The Edison Home in Ft Myers. And the wonderful Cuban influence in Mami and environs. Miami Beach with it's historic Art Deco Hotels attract many local and out-of-town visitors. Continues on page 21





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M – F 11:00am – 8:00pm Sat: 9:00am - 6:00pm Sun: 10:00am - 6:00pm **What we hate about Florida**. The traffic is horrible. We choose to drive because we'll be in Florida a full month and

the cost of car rentals is onerous. Most places in Florida don't have a successful mass transit system and long narrow barrier islands only have one major road down the middle. One solution would be bike paths, electric scooters or maybe Segway's. The traffic on 175 down the Gulf coast,



and I95 on the east coast toward Miami are fast and furious rivers of metal.

Residents of Florida enjoy low sales taxes, property taxes, and no income tax. The visitor pays the taxes. We are the enablers by paying high taxes on car rental and lodging. Much of Florida looks like suburbia. Large tracts of land developed for housing. Near beaches, the charming old and quirky buildings make way for chain eateries, high rise condo buildings and reconstructing roads to hold more cars.

And finally, what I hate about Florida is that with all the lodging and restaurants to cater to winter visitors, there exists an army of low wage service providers to cook and serve you your food, to make your bed and replace your towels on a daily basis if you want. All large urban areas have similar issues but here, let's take the Florida Keys for example, as a service worker,, you may have to travel by bus for 30 or 40 miles to make it to your low wage job because of a lack of low cost housing. I'm glad there are jobs for people who really need jobs but it's a stark reminder that the great middle class has shrunk and the divide between the rich and the poor has widened.

Essay by Al Hippensteel

Photos by Al Hippensteel

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presenting

### HENNA DESIGNS

Prayers to Wear

Wednesday, March 4 from 1:00 pm to 7:30 pm



Ethnic Henna Designs Bring Beauty and History... Renu Lal, from Sacramento, CA is a Mehndi artist, who was born and raised in New Delhi. She began practicing henna on family friends, and neighbors as a young child. Nowadays, Renu is the most sought-after henna artist in California.

Designs are \$25 and up. FREE Reading with Sacred Symbols purchase of \$75 to \$95. Reserve your appointment time now!









# Why you should subscribe to Newcity's print edition today

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Right: White Pelicans at the Ding Darling National Wildlife Refuge, Sanabel Island, FLA

Feb, 2020



Left: Roadside park off of Tamami Trail, Rt 41. Anhinga fishes underwater, spears it's fish and comes up, flips the fish in the air and swallows it head first. Then spreads it's wings to dry. Florida, Feb 2020.

All photos by Al Hippensteel

Fisherman flinging his net out to catch sea creatures for bait. At Breezy Palms Resort in Islamorada, FLA keys

Feb, 2020





Next CAPS Meeting Mar 11, 2020 6:00pm at 525 S. State St. (Every 2nd Wednesday)



http://home.chicagopolice.org/

#### **BEAT 123**

Wed, 22 Jan 2020 08:00 800 S Plymouth Ct BURGLARY Residence

Sat, 18 Jan 2020 15:30 0 E Roosevelt Rd ARMED ROBBERY CTA Bus Stop

Mon, 20 Jan 2020 02:30 800 S Wabash Ave BURGLARY Small Retail Store

Wed, 22 Jan 2020 10:30 800 S Plymouth Ct BURGLARY Residence Garage

Mon, 27 Jan 2020 18:25 800 S Clark St AGGRAVATED BATTERY Sidewalk

Sun, 19 Jan 2020 21:42 0 E Roosevelt Rd AGGRAVATED ASSAULT KNIFE Drug Store

Thu, 16 Jan 2020 14:56 1100 S State St AGGRAVATED ROBBERY CTA Train

Fri, 24 Jan 2020 18:15 1100 S Clark St CAR HIJACK-ING Parking Garage (Non Res.)

Mon, 20 Jan 2020 11:00 1100 S State St AGGRAVATED BATTERY CTA Train

Sun, 26 Jan 2020 01:19 1100 S State St AGGRAVATED ASSAULT CTA Platform

Sun, 26 Jan 2020 19:20 600 S State St AG-GRAVATED ASSAULT CTA Platform

#### **BEAT 131**

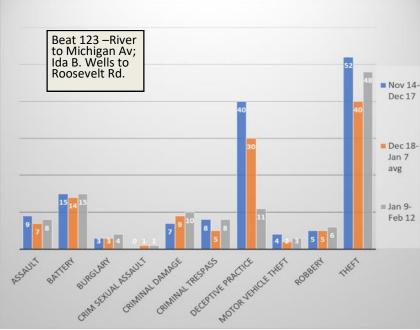
Jan 2020 01:15 1700 S Michigan Ave CRIMI-NAL SEXUAL ASSAULT Residence

Fri, 31 Jan 2020 17:30 2000 S State St ARMED ROB-BERY HANDGUN Apartment

Sun, 26 Jan 2020 12:50 1400 S State St CAR THEFT Street

Fri, 31 Jan 2020 02:00 2000 S State St CRIMINAL SEXUAL ASSAULT in Vehicle

Thu, 23 Jan 2020 10:05 STRONGARM ROBBERY Grocery Store 1200 S Wabash Ave - NO WEAPON



#### CARS BROKEN INTO AT 901 S PLYMOUTH CT

A number of cars were broken into early morning of Jan 6th, 2020 in the parking garage at State and 9th. The video shows an individual with a hooded coat but he (or she?) never faced the camera. No property of value was taken. Approximately, 10 cars were broken into.

#### BURGLARY AT 801 S PLYMOUTH CT

Jan 22, 2020.

The attached photo (best that I can find so far) is of a man that was let into 801 S Plymouth by a resident who then walked every floor checking doors to see if they were open.
899 camera might have picked him up because he used our ramp to get to the front door. He got into 3 units,



one with the owner there and another two with no one home. He told the one with someone there that they were looking for Brandon, apologized and left. He was an African American male between 5'9 and 6' tall wearing grey sweatpants, black hoodie, leather backpack and blue du-rag/bandana with deadlocked hair. The units that he got into with no one home was rummaged through and burglarized. *Property Manager, 801 S Plymouth Ct* 

We focus on crime that is violent or may affect your physical safety. If you look at the graph on top of this column, you will see that the highest incidence of crime is theft, usually on the street or in restaurants (like cell phones stolen from tables). The crime shown on this page is based on Beat 123 131 and 132.

#### **Real Estate Transactions**

\$280,000 1550 S INDIANA AVE 609 12/5/19

\$490,000 880 S PARK TERRACE 12/5/19

\$215,000 1 E 8<sup>TH</sup> ST 511 12/5/19

\$361,500 1115 S PLYMOUTH CT 105 12/04/19

\$770,000 1211 S PRAIRIE ST 2503 12/4/19

\$268,000 1400 S MICHIGAN AVE 1108 12/2/19

\$510,000 1111 S WABASH AVE 2702 12/2/19

\$285,000 711 S DEARBORN ST 508 11/27/19

\$265,000 170 W POLK ST 907 11/25/19

\$615,000 100 E 14<sup>TH</sup> ST 3110 11/22/19

\$303,500 1101 S STATE ST H400 11/20/19

\$415,000 901 S PLYMOUTH CT 506 11/19/19

See past issues . . .

**Archives at** 

http://dearbornexpress.net/

#### **Grant Park Advisory Council**

Meetings in 2020 will be held on the third Wednesday of each month, except December, at 6:30pm at the Maggie Daley Field House. Next meeting is Feb 19, 2020.



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Dearborn Street Realty
Tom Feddor, 312.203.3841
tomfeddor@gmail.com









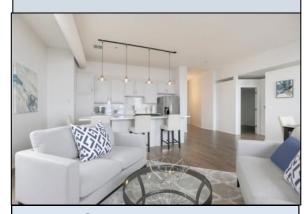
547 S Clark St #402 2 bed, 2 bath, 1532 sq ft \$450,000

Charles Gullett
Best Chicago Properties, LLC
Call or Text: 312-767-7744



711 S Dearborn St #502 2 bed, 1 bath, 1300 sq ft \$375,000

Listed by Terri Buseman • RE/MAX Premier (312) 208-5166



910 S Michigan Ave #1001 3 bed, 2 bath, 1600 sq ft \$630,000

Alysa Peterson • Redfin Corporation (312) 278-3859

1322 S Wabash Ave Unit E 2 bed, 2 bath 1150 sq ft \$404,900

Ashley Leavitt • @properties 847.830.4478



1214 S Federal St Unit G 1 bed, 1.5 bath, 1088 sq ft \$349,900

Terri Buseman RE/MAX Premier (312) 208-5166



801 S Plymouth Ct #608 1 bed, 1 bath, 900 sq ft \$185,000

Annette Shelton Baird & Warner, Inc. 773.368.0588



1 E 8th St #1006, 2 Bed/ 2 Bath \$305,000

Pilar Garcia Pearson Realty Group 475.184549



901 S Plymouth Ct, #2003 3 Bed/ 2 Bath, 1500 Sq Ft \$399,000

Mark Bazetta RE/MAX Edge (773) 420-8694



1000 S Michigan Ave #4509 1 Bed/ 1 Bath, 490 Sq Ft \$535,000

Currently being built Andrea Hebner • @properties

