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AL HIPPENSTEEL, EDITOR thedearbornexpress@gmail.com

June 20, 2014

Vol. 2, No. 9

REHAB RED



By **DNAinfo Staff** on June 13, 2014 8:01am

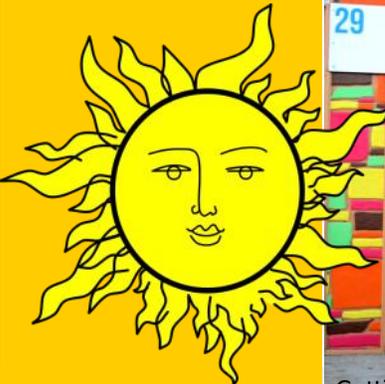
CHICAGO — Starting Monday (June 15, 2014), the two main entrances to the Harrison Red Line Station will be closed as crews finish a \$10 million rehab of the stop. Riders should use the recently updated Polk Street entrance while the two entrances on Harrison Street are temporarily closed for six weeks.

The closures begins at 4 a.m. Monday. The entrances are slated to reopen July 28.

Once the rehab is complete, the Harrison station will feature waterproofing, new granite floors, ceramic wall tile, LED lighting and overhauled stairways.

<http://www.dnainfo.com/chicago/>

Summer in the City



Getting the Scoop at Rainbow Cone

tasteofchicago.us

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Jones College Prep is located at 700 S. State (at Balbo). There is limited parking for events.

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COMING TO THE JAZZ SHOWCASE

Thurs-Sun, June 19 – 22, 8 & 10 pm	Vocalist Freddy Cole Quartet
4, 8, & 10 pm on Sundays	
Mon, June 23, 8 & 10 pm	WDCB FREE Night, presents Guitarist Peter Lerner Quintet w/ Willie Pickens
Tues, June 24, 8 & 10 pm	Guitarist Neal Alger's Blue Note Quartet
Weds, June 25, 8 & 10pm	Pianist Kevin Kozol Quartet
Thurs – Sun, June 26-29, 8 & 10 pm	Eric Alexander/Harold Maburn Quartet
4, 8, & 10pm on Sunday	
Mon, June 30, 8 & 10 pm	The Jared Hochberg Summer Quintet
Tues, July 1, 8 & 10 pm	Vocalist Sabina Quartet
Thurs – Sun, July 3–6, 8 & 10pm	Vocalist Paul Marinaro Quintet
4, 8, & 10 pm on Sundays	
Tues, July 8	Guitarist Neal Alger Quartet
Thurs—Sun, July 10—13, 8 & 10pm	Pianist Chuchito Vales Trio
4, 8, 10 pm on Sundays	



Dearborn Station

312.360.0234

806 S. Plymouth Court

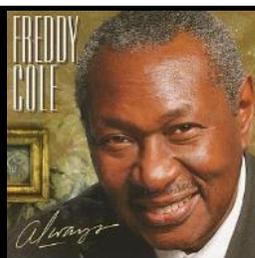
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Freddy Cole



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South Loop Neighbors

South Loop Neighbors is a non-profit membership based organization dedicated to enhancing the quality of life in South Loop's neighborhoods and preserving the area's landmark districts.

South Loop Neighbors represents South Loop residents who are concerned about:

- Ensuring high-quality, reasonably-sized real estate development as well as infrastructure improvements that respect the unique character of our community
- Preserving and protecting the area's Landmark Districts, including Printing House Row and Historic Michigan Boulevard
- Promoting quality education, recreation, services, retail, community activities, and events
- Maintaining a socially, culturally, and economically diverse neighborhood
- Developing strong relationships with key city officials to ensure they respect, hear, and act on the concerns and ideas of the South Loop community. South Loop Neighbors serves members and residents within the area bounded by Congress Parkway to approximately 25th Street and from the Chicago River to Lake Michigan.

www.southloopneighbors.org

SLN Public Meeting

Monday, June 30, 2014

Guest Speaker: **Alderman Pat Dowell, 3rd Ward**

7:00 p.m.

District 1 - Chicago Police Station

Community Room

1718 South State Street

Chicago, IL 60616

Plus,

Updates and Reports from

Community Builders

Summer Events and More !!!!

LoftWalk 2014: The call is on!

Do **you** live in any of the historic South Loop loft buildings (or know someone who does), and are you willing to show off your home with SLN for the day? Contact Jaqi

at loftwalk@southloopneighbors.org. We are looking for 8 to 10 lofts, anywhere in our boundaries: Jackson to 25th, the river to the lake.

LoftWalk is scheduled for 1-6 pm on Nov. 1st. Get involved with some wonderful people and do your neighborhood proud!

Breakfast for the Hungry at Grace Place

Do you want to spend a feel good morning? Just mark your new calendars for the second Saturday of the month to help serve from 8:15 am till 10:30-ish. If you think you'd like to join in, call Sandi at 773-517-1031 for info.

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add what you want & make it great

Jaqi@JaqiGreenInteriors.com

OPINION

The views and opinions expressed in this newsletter are those of the contributors and do not necessarily reflect those of the editor or South Loop Referral Group.

The bad guys are in Grant Park and Montgomery Ward is turning over in his grave

There's a bank in Grant Park. On the east side of South Michigan Avenue. A bank. *In Grant Park!*

All of a sudden. A pop-up bank. And no one bats an eyelash. [Tiny dancer is squawking like crazy about Donald Trump putting his logo on his own building](#), a deal that was signed, sealed and delivered a long time ago. But he lets a bank get built in Grant Park? The people's park, the park that [isn't supposed to have any structure](#) of any kind in it. [Not even a children's museum once upon a time that was going to be tucked in a corner and basically underground](#).

An ugly little bank, too. Bright orange and blue with zero redeeming value. A branch of [the fifth largest bank in the US](#). A bank that tries to get unsuspecting yokels visiting Grant Park festivals to use their "services."

Every bank in the world has offices, ATMs and plenty of bankers across the street to service us folks on the west side of Michigan Avenue. But Rahm lets a bank get built on the Grant Park side? A particularly beautiful and historic part of Grant Park, too. Talk about an eyesore. Talk about a guy who has contempt for the city he's supposed to be running.

So why is Rahm taking on Trump--and not the [PNC bank](#) in Grant Park for being completely hideous? An architectural eyesore, an inappropriate use of city land. Something that is so wrong in the annals of Chicago history, it takes one's breath away.



Photo/Jim Borman

Let's figure it out. For starters, everyone hates [Trump](#). Right? If you're running for reelection as mayor of Chicago, and you need to raise your approval rating over 30 percent (for starters), you need a popular cause. Right? So taking on a guy who everyone in the city hates on general principles --because he's an arrogant phony who wears a tou-pee--may get you going building up your voter base. Right?

Well, Rahm (an arrogant phony who doesn't wear a rug on his head), guess what? Everyone hates banks, too.

Next Edition,

Thurs. July 10th, 2014



THE DEARBORN EXPRESS

This publication is sponsored by the South Loop Referral Group, a professional and business networking group. It is our mission to provide the Printers Row area with current news and to promote local businesses and organizations. This publication will be distributed through email to individuals who wish to receive it. It is our hope that we will be able to expand our features and publish every 20 days. If you have any questions or would like to contribute information, please email us:

thedearbornexpress@gmail.com

Bonnie McGrath

Visit my blog:

<http://www.chicagonow.com/mom-think-poignant>





Photo DNAinfo

THE LOOP — Willis Tower's lobby will host a fashion show through Sept. 5, but there won't be any movement on the runway showcasing the clothes.

Instead, mannequins will display 38 ensembles designed by students in [Columbia College Chicago](#)'s Fashion Studies department, alongside 14 fashion photographs further highlighting student work. The showcase also includes 18 reimaged Indian saris designed using zero-waste materials.

Fashion Studies professor and curator Virginia Heaven said the exhibition "focuses on the longevity of good design."

"Trends come and go but personal style is a constant, a reminder that we should acquire or perhaps curate our wardrobe of apparel to last for decades."

The exhibition, called "[Enduring Style: Practice Makes Perfect](#)," was installed earlier this month and will be on display in Willis Tower's ground floor lobby through the fall. Access to the lobby display is free and open to the public from 6 a.m. to 9 p.m. weekdays.

[Lizzie Schiffman](#)

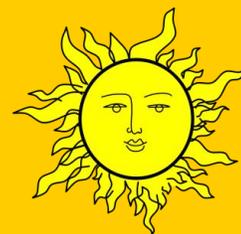
[DNAinfo Reporter & Producer](#)

[Downtown, South Loop & River North](#)

Click www.cityofchicago.org/culturalaffairs

- Taste of Chicago tickets are on sale now at tasteofchicago.us
- Chicago Gospel Music Festival lineup includes Tye Tribbett, Karen Clark Sheard, VaShawn Mitchell and Tasha Cobbs
- Join the Millennium Park 10th Anniversary Summer Celebration
- Chicago Cultural Center exhibits celebrate design, street art
- Tune up your bike and celebrate cycling during Chicago Bike Week
- Salsa, swing & step to the beat at the 18th Annual Chicago SummerDance
- Rediscover Chicago's Loop with bodies in urban spaces
- Mark your calendar: Taste of Chicago Preview is June 25
- Chicago Artists Month - Calling all artists!

Summer in the City



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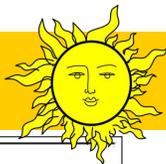


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Summer in the City



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CHICAGO INDEPENDENT



BOOKSTORE DAY

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- * POWELL'S BOOKSTORE (UNIVERSITY VILLAGE) *
- * SANDMEYER'S (PRINTER'S ROW) *
- * UNABRIDGED BOOKS (LAKEVIEW) *
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Independent Bookstore Day

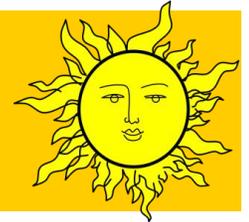
Nine Chicago independent bookstores are teaming up to create the first **Chicago Independent Bookstore Day on July 12, 2014**. To encourage Chicago readers to visit their own neighborhood store as well as the other unique stores in different neighborhoods—from Hyde Park to Logan Square to Andersonville—indie stores are offering special deals, free books, and refreshments. Customers will also receive a handful of puzzle pieces from each participating store that will fit together to create an exclusively designed frameable print by Lilli Carré.

Lilli Carré is an interdisciplinary artist and illustrator currently living in Chicago. Her animated films have been shown in festivals throughout the US and abroad, including the Sundance Film Festival, and she is the co-founder of the Eyeworks Festival of Experimental Animation. She has created several books of comics, most recently a children's comic, Tippy and the Night Parade from Toon Books. Her work has appeared in the New Yorker, The New York Times, Best American Comics and Best American Nonrequired Reading, amongst other places.

Stores participating include: The Book Cellar (Lincoln Square), 57th Street Books and Seminary Coop (Hyde Park), **Sandmeyer's (Printer's Row)**, Unabridged Books (Lakeview), Open Books (River North), City Lit Books (Logan Square), Powell's Bookstore (University Village), and Women & Children First (Andersonville). Chicago's independent bookstores, each with their own unique selection, all

offer a variety of readings, discussions, and storytimes and special events for children. Most offer community bulletin boards and space for groups to meet. All are anchors in their neighborhoods, sources of information and entertainment, welcoming places for natives and tourists alike.

Summer in the City



Kidical Mass Bike Ride

21 June (3rd Saturday of each month)
10am (for a 10:30 ride)
CottonTail Park Pavilion
For more information: www.facebook.com/chicagokidicalmass

South Loop Neighbors Community Meeting

Monday June 30, 2014 7pm
District 1 - Chicago Police Station, Community Room
1718 South State Street
Featured Speaker: Alderman Pat Dowell, 3rd Ward
Ald. Dowell will share information on how the 4 different wards that are about to replace the 2nd ward will work together to enhance the South Loop. Plus, updates and reports from Community Builders, Summer Events and More!



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Join Sherwood Community Music School and PianoForte Foundation to celebrate Make Music Chicago 2014!

[Make Music Chicago](#) is a city-wide celebration based on the Fête de la Musique, which was launched in Paris in 1982 as a free and spontaneous celebration that embraces every style of music and musicians of all ages and abilities. Fête de la Musique has since spread to 500 cities across the globe making it the world's largest single day music celebration.

Make Music Chicago captures the spirit of Fête de la Musique in Chicago's own neighborhoods, bringing audiences and musicians together in public spaces and historic landmarks, in Loop lobbies and along sidewalks, in grand cathedrals and in the streets to listen, dance, sing, and play along.

[Sherwood Community Music School](#) and [PianoForte Foundation](#) will be hosting performances from 1-4 pm on Saturday, June 21 at their locations: 1312 S Michigan Ave, and 1335 S Michigan Ave. We invite you to join us in the celebration!



Sherwood Suzuki students at Make Music Chicago 2013

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piano forte
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SOUTH LOOP AUTHOR



SYLVESTER BOYD JR.

Excerpt from Chapter 1 – "Why?"

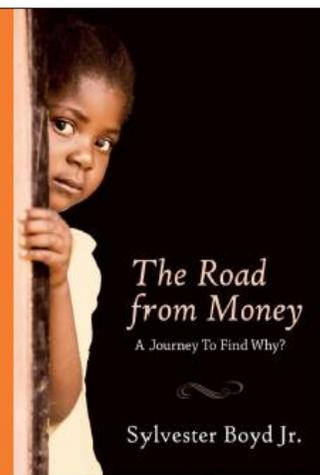
"It was 1925, on a very warm spring day in Money, Mississippi. The sound of a steam locomotive puffing its way down the tracks pierced the calm that lay like a blanket over the small town. The locomotive left a tail of white, gray, and black smoke behind that mixed with the mist from the nearby Tallahatchie River. Two rabbits scurried across the tracks just before the slow-moving train. Beside the track an old mule-drawn wooden wagon moved slowly. Inside was eight-year-old Estella and her grandfather, Paul Reynolds, a sharecropper, were making their way into town."

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*The Road
from Money*

A Journey To Find Why?

Sylvester Boyd Jr.

The Road from Money is the story of a young African American girl growing up in America's deep South, near the start of the 20th century. The novel is based on the life of the author's Aunt Estella and stories told him by family members over the years. He has woven both fact and fiction into a dynamic portrayal of historical events in the novel; through Estella's journey to find "Why?"

Honor Flight Chicago

Chicagoland WWII veterans are invited to join together for an unforgettable day of honor in Washington, D.C. The organization Honor Flight Chicago wants to say thank you to those who have served by providing a free trip to our nation's capital as a way to honor all that they have given, and they need your help to reach WWII veterans. If you would like to refer a WWII veteran, or learn more about what Honor Flight Chicago is all about, visit [here](#).

Safe & Sound Blog

by Beth Finke

<http://Bethfinke.wordsmith.com>



[One thing I'll be watching for in the World Cup](#) (posted June 11th, 2014)

The World Cup starts tomorrow, and while I won't be paying much attention to the games, I **am** interested in the opening ceremonies. Here's why: a teenager who is paralyzed is going to use a mind-controlled robotic suit called an exoskeleton to do the first kick.

I learned all about this thanks to my part-time job at Easter Seals Headquarters in Chicago. I'm the Interactive Community Coordinator there, which is just a fancy-schmancy title that means I moderate the [Easter Seals Blog](#). My job is to keep my ear open for articles or issues that have something to do with disabilities, recruit interesting people to write blog posts about those things, edit the posts, add html code, and see to it that three posts are published every week on the Easter Seals blog.

Co-workers at Easter Seals thought it would be good to publish a post about this World Cup exoskeleton thing, but before I could decide who to ask to write it, I had to figure out what an exoskeleton **is**. *Bleacher Report* to the rescue! A [blog post there](#) explains.

They're connecting the human brain with machines, with the hopes of using brain waves to allow the paralyzed to communicate with a robotic exoskeleton. This exoskeleton, in turn, will allow the individual to stand up like soccer Voltron and kick the dog-tar out of the first ball in Sao Paulo.



That's Ben Trockman. [Read his post at the Easter Seals blog.](#)

Sounded like something out of a sci-fi movie, and when I approached my colleague Ben Trockman to ask if he'd be interested in writing a post about it, he told me that in some ways, it is. Out of a movie, I mean. Ben saw something like this on *Avatar*, and he agreed to do the post. Some background on Ben: a dirt bike accident in his teens left him paralyzed from the neck down, and now, eight

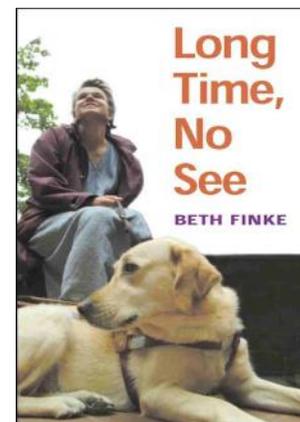
years later, he's graduated from college and is working with me at Easter Seals HQ doing an internship in Public Relations & Social Media. [Ben's post](#) begins with a description of a scene from the movie where a man who is paralyzed from the waist down is able to use brain waves to control his own exoskeleton. "It's been so long since this man was able to walk by himself that it takes time for his brain to remember how to tell his legs to walk and run again," Ben writes. "But fairly quickly, he is running around the planet Pandora in the *Avatar* -- it is absolutely incredible, and when I -- a man who is paralyzed from the neck down -- saw the character in the movie control a fully functional body, I almost broke down in tears."

Back to real life: *Wired* magazine quotes a neuroscientist and biomedical engineer at the University of Michigan saying tomorrow's opening kick might just be grandstanding. "For brain-machine interface researchers," the [Wired story](#) says, "the impressiveness of the demo depends largely on the degree to which the exoskeleton is controlled by the person's brain." My husband Mike Knezovich wrote a story years ago about [similar research at the University of Chicago](#), and the *Wired* story says that while several exoskeletons that can allow a paralyzed person to walk slowly are already available, researchers have only had modest success starting and stopping exoskeletons with signals from the **brain**. If the teenager walks gracefully at a normal speed to the ball tomorrow and can make adjustments on the fly -- like if the ball moves just as he is about to kick it -- *Wired* says that would be a phenomenal advance.

I asked Ben to do the post for Easter Seals because I wanted to know what tomorrow's kick means to him personally. I wondered if he thought the hype is just a gimmick -- more spectacle than science -- and he answered my question with the last line of his Easter Seals post: "I know there are some who think that the effort might be promising too much, too soon, but leave no second guessing here -- I'm in!"

You can read Ben's post in its entirety on [the Easter Seals blog](#).

Beth Finke's books: "Safe and Sound" and "Long Time No See" can be purchased at Sandmeyer's Book Store.



KURAH MEDITERRANEAN



Opened in August of 2013, Kurah Restaurant has proved to be a culinary gem in our South Loop corner of the city. Kurah is a family run Mediterranean Tapas (small plates) which offers dishes from the Middle East, Greece, Spain, India to name a few and also offers a respectable assortment of cocktails, wines, beers and non-alcoholic drink options. The meals are made from scratch using primarily organic meats, fruits and vegetables. The restaurant ambience has an almost a Moroccan-style design with an eclectic look with a bright blue boxed in front door and



the restaurant interior has mustard yellow walls with stenciled stars moons and dark wood throughout; hip, upbeat world music is playing softly. Our will see an attractive bar on the left, where meals can also be served. For those who prefer private dining, a private room is available for up to

14 people, with a glass window to the kitchen where diners can see the pita and flatbreads being fire baked in their brick oven. The restaurant is small, with about 12 tables on the street level and there is additional seating on the second level. A sidewalk patio dining area is set up along 13th Street with large umbrellas, for outdoor dining.

I recently had the pleasure of stopping in at Kurah's for a quick bite. My server was Iban and he was a delight to work with, very well informed about the menu options, very patient as I asked a lot of questions and paid close attention to every detail of my meal. The lunch menu is an abbreviation of the dinner menu. They offer Hot Tapas, Cold Tapas, Soups, Wraps, Mediterranean Flatbreads, and Desserts. On the dinner menu, they also offer Shared Meals, for family style dining. **Hot Tapas** include such delicacies as Batata Harra (Spicy Potatoes), Bacon wrapped Dates, Falafel, Mussels and Stuffed Grape Leaves (dinner menu only). Examples of the **Cold Tapas** include Seafood Ceviche, Layered Fattoush, Tabouli, Hummus, Rosemary Infused Baba Gannoush and Oysters. **Wraps** (lunch only) include Falafel, Chicken/Duck/Lamb and Beef/ Shawerma, Kifta/Black Angus Rib Eye Kabobs. Diners can select wrap filling options of arugula, olives, onion, sumac, parsley, garlic cream spread, hummus, tomatoes, Persian cucumbers and potatoes. I was told the wraps are as big as a Burrito – and most people bring half home.



Desserts include Rose Infused Flan, Chocolate Walnut Baklava, Fig and Pistachio Phyllo Purse, Donut Holes (filled with a chocolate cherry sauce) and Saffron Rice Pudding.

I wanted a light meal, so I ordered the Stuffed Grape Leaves, the Red Lentil Soup and the Bacon Wrapped Dates for my dessert. The Red Lentil Soup was served first and was just delicious – with a little peppery “kick” at the end. I thoroughly enjoyed the Stuffed Grape Leaves, which are made fresh with a rice and beef filling and served steaming with a homemade yogurt dill sauce. The Bacon Wrapped Dates includes dates which are stuffed with goat cheese and pecans, then wrapped with applewood smoked bacon and baked to perfection; the plate is artfully complimented with pomegranate syrup sprinkled with toasted sesame seeds.

The Kurah Restaurant (312-624-8611) is located at 1355 S. Michigan Avenue (across from the Chicago Fire House Restaurant) on the NW corner of Michigan and 13th Street. They are open lunch and dinner Monday to Thursday from 4pm to 10pm; Friday and Saturday from 11am to 11pm and Sunday from 11am to 9pm. 7 days a week for from 11 am to 10 pm. Catering is also available. There is metered street parking on Michigan Avenue. Public transportation via the CTA #146 bus at the State/9th Street stop will drop you two blocks away (Michigan/Roosevelt) or you can pick up the CTA #4 or #3 bus at the Michigan Ave/9th Street Stop and can exit at the Michigan and 13th street intersection.

*By Margaret Walllyn
Dearborn Park*



Summer Guide: The Official User's Manual for Sunshine

This is the twentieth edition of Summer Guide. We're kind of hot-fun-in-the-summertime-experts, don't you think? For one thing, we've got [summer-long event listings](#) of all the great ways to enjoy this super season in Chicago. But we've got more, including meditations and essays and personalized recommendations. Read on and enjoy.

- + [Stealing Flowers from the Dead: A Summer-Long Graveyard Shift](#)
- + [Street Art Summer: Touring the Great Outdoor Graffiti Gallery](#)
- + [Doggin' It: Nothing Finer Than Sausage Slinging in the Summer](#)
- + [Sun Tight: How to Work Summer Fashion on a Winter Body](#)
- + [Hitting the Streets: A Romp Through Underrated Chicago Neighborhood Festivals](#)

NEWCITY

newcity.com

By Keidra Chaney

I recently consulted Google with the search term “Neighborhood Festival Capital of the World” to see if such an accolade existed. If it did, surely it would be awarded to Chicago, right? What other city can literally boast at least one (but more than likely more than one) neighborhood festival every weekend of the year from May to August? It's no surprise that we do summer festivals right in the Windy City; it's our reward for enduring our cloistered winter existence for four to six months out of the year.

However, it's nearly impossible for one person in Chicago to experience all that Chicago has to offer in the way of neighborhood fests, and while some festivals are institutions (Northcenter Ribfest, Printers Row Lit Fest, Northalsted Market Days, West Fest, the list goes on) a few newer, under-recognized, and just plain under-loved fests get lost in the crowd.

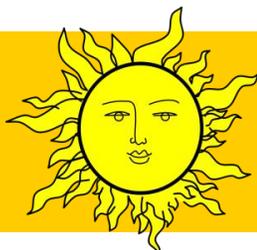
The **Chicago Green Music Fest (June 21 and 22, Damen and North)** tends to fly under the radar of the other Wicker Park/Bucktown festivals, perhaps because it takes place in June, before festival season truly hits its stride after the Fourth of July. But I suspect that it may be due to some misconceptions about the kind of festival it actually is. Admittedly, “Green Music Fest” evokes images of a jam band-and-kombucha kind of environment—which is fine, of course, if you're into that, but not necessarily everyone's scene. But being Wicker Park-based, the Green Music Fest lineup here is decidedly indie-rock focused, and the vibe is pretty urban. Compared to Wicker Park Fest, the crowds are manageable, if a bit young, and the food is pretty good too, especially if you're veggie-inclined. This year, Guided By Voices, Bobby Bare Jr., Moon Taxi, and the Features headline the fest. But in keeping with the festival's eco-friendly focus, this year introduces a third, bicycle-powered music stage, with stationary bikes providing the juice for the featured bands' gear.

Long before Spring Awakening, there was the **Chosen Few Old School Reunion Picnic (July 5, Jackson Park, 63rd and Hayes)**. This yearly summer gathering of the city's most dedicated Chicago house music fans has been going strong for nearly two and a half decades, and gets bigger and more anticipated each year. Even though the fest attracts tens of thousands of house-heads each year, it's still surprisingly one of Chicago's best-kept music festival secrets. While the July 5 picnic is the main event, don't sleep on the myriad pre-parties, after-parties and satellite events that go on for the entire weekend.

- See more at: <http://>

summer.newcity.com/2014/05/23/hitting-the-streets-a-romp-through-underrated-chicago-neighborhood-festivals/?utm_source=Newcity+Chiletter&utm_campaign=f604475e42-&utm_medium=email&utm_term=0_db7461bd4f-f604475e42-306512713#sthash.DUomkwJh.dpuf

Summer in the City



Printers Row Farmers Market



June 21-October 25, 2014

Dearborn & Polk (Printers Row Park)

Every Saturday

7 am-1 pm

Bike Week at South Loop Elementary School

Back in December 2013, the South Loop Elementary School won the Greener Together Contest for their plan to mount a Bike to School for a Week project. That week was the last week in April, and the week was a stunning success. Here are some highlights:



- The school's green team included kids from practically every classroom; they were excited to be involved in the planning from Day 1.
- Over 160 students participated on bike, scooter, and some by foot. Siblings, parents, father/son pairs, and staff. Students who wanted to participate but lived too far away showed up early every day to help pass out snacks and sign in the bikers, scooters, and walkers.
- Staff from the South Loop's On the Route Bikes shop ran a Saturday workshop that covered how to ride a bike, bike maintenance, and how to get to school safely.
- Other local stores were very generous with donations of snacks (Whole Foods, Trader Joe's, Jewel, and Mariano's)

From Delia, Project Lead: "I just want people to know what a great neighborhood they live in. We are so blessed to have our school located in such a safe and caring community. Everyone came together so well!"

Check out the video short that captured the project/week in just a few minutes. It's fun! [<CLICK HERE TO GO TO THE YOUTUBE POSTING>](#) Thanks, John Fecile, for putting that gem together!

Congratulations to the Bike to School for a Week project team for a job very well done!

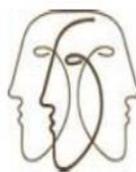
"I really like Bike Week and I think it will help us because we're saving up energy."
-Calla (2nd grade)



Greenness in the 3rd Ward

From Ald. Pat Dowell's newsletters, we know lots of greener things happen in the 3rd Ward. Big green kudos to her for supporting and promoting efforts such as:

- Shopping bags that are healthy for the environment. In addition to supporting the ban on plastic bags recently passed by the Chicago City Council, Alderman Dowell is also working on incentivizing the use of re-usable canvass bags, along with several of her City Council colleagues.
- Bicycle Drive and Give Away: Ald. Dowell organized a May event where donated bicycles were given away to kids in order to promote healthy lifestyles, fun physical activity, and involvement in the community, school, and family.
- Elevate Energy Efficiency Resources: Elevate Energy, is helping homeowners in the Chicago area make smarter choices about energy. To find out more about the resources and services they provide that can save you money on your utility costs, please visit <http://www.elevateenergy.org/about/programs-projects/>
- Learning Garden: Ald. Dowell was instrumental in relocating a school garden from McCorkle to Beethoven when the two schools were consolidated. At the opening ceremony, several students read poems about the importance of plants and nature and planted vegetables in the new garden.



South Loop Referral Group

Meets every other Friday at 7:30 am
At Dearborn Station Atrium

Next Meeting
Fri, June 27
at Blackies
at 7:30 am

South Loop Referral Group is a professional organization, made up of individuals with a high level of skill and passion for serving their community. The members all live and work in the south loop area: which means they are well known locally with many resources and testimonials. A referral groups goal is to have only one representative from each category. The quality of their work and the care they provide makes them truly unique, and whether you are looking for a printer, a banker or a contractor, you can be sure whomever you hire from our group, will be attentive, on time, and competitively priced.

The group also serves as a rainmaker, encouraging local business development and supporting a thriving professional community in Chicago's South Loop neighborhood through motivation, communication, and education.

2nd Ward Alderman Fioretti



Dear Neighbor -

Big news! At the last City Council meeting, my colleagues and I in the Progressive Caucus introduced an ordinance that will create a \$15-an-hour minimum wage in Chicago. A total of 21 alderman supported our measure.

I was proud to support this ordinance, because no Chicagoan can support a family when making the current minimum wage of \$8.25 an hour, which equals just \$17,000 per year for a full-time worker.

If the ordinance passes, large corporations that make over \$50 million a year will have a phase in period of one year, while small and mid-sized businesses will have just over five years to increase their wages to \$15 an hour.

Countering the opinion that an increase in the minimum wage would drive jobs from the city, a new study shows that a minimum wage increase of \$15 for Chicago corporations that made over \$50 million would generate \$616 million in new economic activity in our city, \$45 million in new sales tax revenue and 5,350 new jobs.

A \$15 minimum wage is not only a practical way to generate economic growth, it is a necessary step in addressing the skyrocketing income inequality in Chicago that is devastating our communities.

On another note, you may have read that I voted against the proposed ordinance that would regulate ridesharing businesses like Uber and Lyft.

Although the ordinance passed, I voted no because the ordinance did not do enough to protect consumers from surge-pricing and other potential problems.

What do you think? Shoot me a note [at-ward02@cityofchicago.com](mailto:ward02@cityofchicago.com), or [tweet me at @Fioretti2ndWard](https://twitter.com/Fioretti2ndWard).

Thanks for all that you do,

Bob



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Pilates and Yoga Based Fitness Classes in Grant Park

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 May 24th - August 27th

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Wednesday 8am and 9am classes will begin June 4th

Stay posted on class schedule, specific style of class being taught, and weather updates by checking in on the ROI Events

Page or our Facebook Page

To Purchase ROI Classes at Grant Park or Summer Pass Go to Square Market

Purchases for Grant Park classes with ROI expire August 27th.

2014 Classes are at your own risk. Keep up to date on class schedule as it is subject to change or cancelation. Students are encouraged to BYOM (bring your own mat), water, towel and ID for check in. Props and a limited number of mats will be provided by ROI.

NOW OPEN!

Porkchop (555 S. Dearborn) Think BBQ

ASAP Wellness Center and Urgent Care (See page 15)

First DRAFT, 649 S. Clark (Restaurant/Bar)



CAPS Meeting

July 9th

At 565 W. Quincy at 7PM

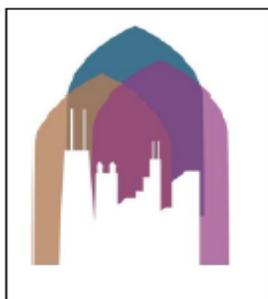
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New Money

See back for details.*



**HOLY TRINITY IN THE LOOP BRINGS
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TO SOUTH LOOP.**

Meets need of rapidly growing neighborhood.

Holy Trinity in the Loop, an extension of Holy Trinity Lutheran Church in Wrigleyville, began weekly Saturday evening services in February, 2014. **Holy Trinity in the Loop meets Saturdays at 5 pm at Grace Place in the South Loop and is member of the Evangelical Lutheran Church in America (ELCA).**

All are welcome at Holy Trinity in the Loop. At every service, Pastor Craig states, "Whoever you are, whatever the color of your skin, whoever you love or marry, or whatever you think of organized religion, you are welcome here."

The new worshipping community offers wine receptions following most services and anticipates volunteering in the South Loop neighborhood in the future.

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Summer in the City



Come Salsa with your South Loop Neighbors!

Once again, South Loop Neighbors invites you to a South Loop Neighbors SummerDance event. It will be held on **Sunday, August 17**. At 4 PM you can take a salsa lesson and from 5 to 7 PM, you can try out your new dancing skills all you want!

SummerDance is in Grant Park, 601 S. Michigan--at Harrison and Michigan. Watch for a flying balloon attached to one of the tables; that's where we'll be.

Bring a snack to share. There are also concessions sold at the event in the "Spirit of Music Garden." We can guarantee that visiting with the your South Loop neighbors, listening to the music--and dancing (or watching the dancers) is a GREAT time in the South Loop! Come join in the fun.



OFFICE HOURS:

Mon, Wed, Thurs, Fri 10 am - 6 pm

Tues: 12 pm – 8 pm

Sat: 9 am – 2 pm

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- VPL permanent hair reduction
- Comprehensive Acne Treatment program

Urgent Care Clinic

- Walk-in Services available without appointment on Monday and Wednesdays from 10 a.m. to 6 p.m. or by appointment

Integrative Medicine

- A combination of conventional Western Medicine with complementing alternative therapies (e.g. acupuncture, nutrition, fitness, yoga, tai chi, meditation, and massage therapy)

Oriental Medicine

- We help restore balance and harmony by using modalities like acupuncture, electrical stimulation on meridians, moxibustion, tai chi and qigong, diet, and herbal therapy.

Memory Clinic

- Screening for memory impairment
- Comprehensive cognitive assessment (Neuropsychological evaluation)
- Cognitive rehabilitation program (Brain exercise program)
- Education and support to individuals and family suffering from memory impairment
- Our goal is to enable optimal quality of life and independent functioning for our patients.
- These services are totally covered by Medicare

Registered Dietitian Consultation

- Customized dietary program for health and wellness
- Weight management program
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- Healthy gluten free lifestyle program

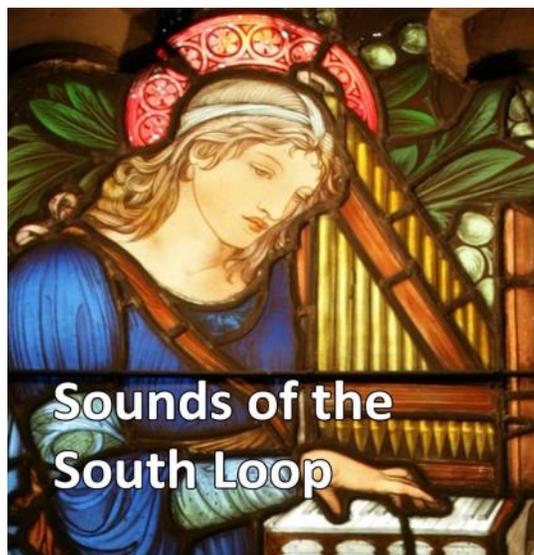
LECTURE ON ART POTTERY AND THE AESTHETIC MOVEMENT

Glessner House Museum, located at 1800 S. Prairie Avenue in Chicago's South Loop neighborhood, will host a lecture entitled "Howell & James of London: Retailing the Aesthetic Movement" on Sunday June 22, 2014 at 2:00pm.

The Aesthetic Movement, which flourished from the 1860s to the 1890s, was a cult of beauty that emphasized art in the production of ceramics, furniture, textiles, wallpaper, and other furnishings. Author and design historian Joan Maria Hansen will explore the activities of the prominent London emporium Howell & James, which played a vital role in spreading Aesthetic Movement ideals, particularly by extensively marketing art pottery and through their classes and exhibitions of china painting.

Glessner House Museum is a National Historic Landmark and the last surviving work by architect H. H. Richardson in Chicago. Completed in 1887, the museum is recognized nationwide for its groundbreaking architecture as well as its important collection of arts and crafts decorative arts.

Admission is \$10 per person. Reservations may be made by calling 312-326-1480. The museum is easily accessible by taking the #3 or #4 bus on Michigan Avenue to 18th Street, and then walking 2 blocks east.



FRIENDS OF HISTORIC SECOND CHURCH

Since 1874, Second Presbyterian Church has been located on its current site on Michigan and Cullerton Avenue. To celebrate the 140th anniversary of the church building, Friends of Historic Second Church will host a lecture: "A Look Back: Chicago and the World in 1874" by William Tyre, Executive Director and Curator, Glessner House Museum. **The lecture will be on Thursday, June 19 at 6:00 p.m.** followed by a wine and cheese reception afterwards. What did downtown Chicago look like in 1874? Who was moving into the surrounding Prairie Avenue neighborhood? How much of Chicago was destroyed in the forgotten fire of 1874? Docent-led tours will be available beforehand. Please RSVP to historic2ndchurch@yahoo.com All are welcome to this public talk and reception.

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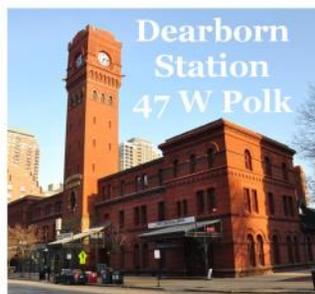
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The Realtor you choose is important and the following items should be discussed with your Realtor prior to your engaging him/her to represent you as they can make the relationship work smoothly and avoid confusion and costs later. This may be a column you make want to clip and attach to your listing agreement as to what you expect from your representative, whilst they are marketing your property.

Strategies for good real estate business: Be sure you conduct honest and open communication not only between buyers and sellers, but also with fellow realtors and your public persona. Keep you communications quick and effective by returning messages and emails within the hour they are sent. Before showing a property be sure you walk thru it, turning on lights, airing it out (if its be closed up for more than 24 hrs. open doors and make sure beds are fluffed and inviting, kitchens and baths tidy, window shades open and inviting. Always leave a business card when leaving and close up the property, room by room turning off lights closing windows and doors. Leave the property as you found it, if you turned on heat or a/c be sure to return it to where it was when you entered so as not to cause owner additional costs.

Be on time when showing or getting to a showing or appointment, if you are going to be early or late call or text but strive to keep on time, it will be appreciated by all those involved. Always notify a seller or other agency if an appointment his cancelled and give feed back (good or bad) within 8 hours of the showing. Let your owner or (other Realtor) know if you see a problem, toilet running, window that doesn't close properly. Its always professional respect to tell homeowners if you notice anything out of place.

Be sure to stay with your buyers or renters when they view the property, this is particularly important when doing open house's. You don't have to hover over them but keep the amount of people entering the home to a number you can oversee so to answer any questions and also to safe guard the homeowners possessions especially if a furnished home. When people depart to bathrooms and off on their own things get turned on, broken and sometimes lost.

Get all the details about the building or neighborhood. Find out if pets are welcome, size and how many. What is included in the maintenance, if any. Are there costs above the mortgage, such as special assessments, cable, wi/fi building projects etc. Owners and there Realtors should share as much information as possible and verify it with managements or the local neighborhood representatives, its easy to avoid any awkward questions or issues that way.

Treat all agents with respect as if they were part of your office. be the agent everyone wants to work with, the one they call for information even if its not on your listing. Being successful means making good relationships in your profession and you'll last longer and be more profitable by doing so.

WHEN THEY NEED YOU THE MOST: HOW TO BE WITH THE DYING with Eileen Grace, RN, RMT

Mon., June 23 6 to 8 PM \$30, members \$27

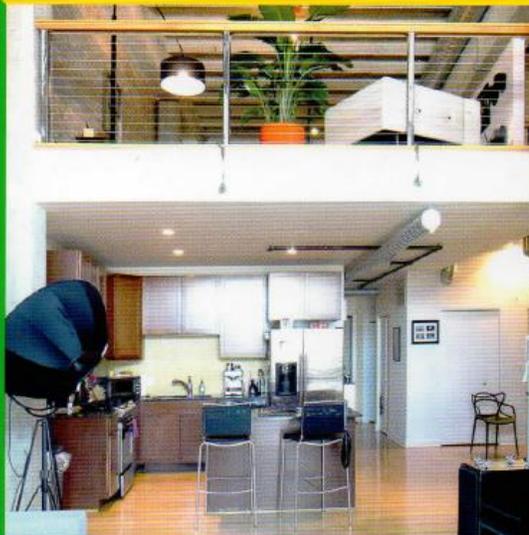
While the death of someone we love is never easy, greater knowledge about the complexities, realities and possibilities can make this transition a powerful and healing time for both you and your loved one. Rather than confronting difficult decisions under extremely stressful circumstances, we can support a loved one through the final phase of life with wisdom and compassion. In this workshop, you'll develop a deeper understanding of the physical, emotional, and spiritual needs of the dying, what you can do to help, and how to offer truly compassionate care without becoming exhausted and chronically stressed. You will learn about the power of mutual forgiveness as the key to releasing your loved one and helping them let go of their earthly bond. You will also learn about pragmatic choices we need to be aware of at end-of-life, the importance of advanced directives, being clear on what your loved one wants, and knowing how to honor their wishes. The better prepared you are, the more peaceful the process of transition will be for your loved one as well as for you. Eileen Grace has been a registered nurse, speaker, author and spiritual counselor for over 30 years. As a nurse, she specialized in the care of hospice patients and their families, and helped develop a home hospice program as well as a 16-bed in-patient hospice home. **Space is limited, registration is required. Call (312) 786-1882 or go to www.equilibrium-e3.com, click on CLASSES.**



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SATURDAY, NOV. 1

ONE TO SIX PM



See creative solutions to urban living on a tour of lofts and unique South Loop homes open to the public for one day only.

TOUR STARTING POINT

Dearborn Station, 47 W. Polk

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AFTER OCTOBER 20TH

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for tickets or more information

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