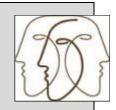


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AL HIPPENSTEEL, EDITOR
JANICE KOERBER, ASST. EDITOR

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Now comes the Tricky Part

Freedom Is just another word for nothing left to lose. Janis Joplin, "Me and Bobby McGee."

Now that we are in phase 3 approaching phase 4, we can once again enjoy more freedom. Allison Arwady, M.D., Commissioner of Public Health for the City of Chicago implores us to take baby steps. My PF Flyers are on my size 10s ready to go. We have seen what's happening in states that opened too soon. I think we can do this. We've learned our lessons well.

On another front called freedom, we have demonstrators exercising their Second Amendment right. It didn't go so well the first night. A certain criminal element parked their cars and vans in the South Loop and joined the crowd to Loot and make mayhem. Since then, the marches have been peaceful for the most part. But this is not the end of it. We have some work to do and some healing to do.

A lot of introspection is going on. Individuals and organizations are looking at institutional racism. Whenever you have a large group of a society being repressed and not being afforded the right to the basics of education, health care, and the opportunity to make a decent living - then you will have social unrest. One last quote, this time by Dr. Seuss. "Unless someone like you cares a whole awful lot, nothing is going to get better, It's not." *Al Hippensteel*

June 20, 2020

Vol. 8, No. 6

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Kasey's Tavern

COMING

TO THE JAZZ SHOWCASE



Dee Alexander performing at a Fund Raiser for Joe segal, founder of the Jazz Showcase last November.

We look forward to providing you the best in Jazz soon. In the mean time, stay safe.

Wayne, Joe, Ainsley, Tijana, Carly, Babo, Johathan G. & Ionathan T.



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South Loop Neighbors South Loop Neighbors is a non-profit membership

based organization dedicated to enhancing the quality of life in South Loop's neighborhoods and preserving the area's landmark districts.

South Loop Neighbors represents South Loop residents who are concerned about:

- \Box Ensuring high-quality, reasonably-sized real estate development as well as infrastructure improvements that respect the unique character of our community
- \square Preserving and protecting the area's Landmark Districts, including Printing House Row and Historic Michigan Boulevard
- ☐ Promoting quality education, recreation, services, retail, community activities, and events
- ☐ Maintaining a socially, culturally, and economically diverse neighborhood
- \square Developing strong relationships with key city officials to ensure they respect, hear, and act on the concerns and ideas of the South Loop community. South Loop Neighbors serves members and residents within the area bounded by Congress Parkway to approximately 25th Street and from the

Chicago River to Lake Michigan. Www.Southloopneighbors.org

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For an easy to navigate map.

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OPINION

The views and opinions expressed in this newsletter are those of the contributors and do not necessarily reflect those of the editor or South Loop Referral Group.

On dishwashing, ATMs, walking the neighborhood and shopping for food during the time of "we're all in this together...." May 29, 2020

Editors note: Half of you did not see this column in the last issue because of an early deadline. it was one of the 20 BEST posts for the month of May, awarded by the Chicago Tribune each month to ChicagoNow bloggers!!

I haven't eaten anything that hasn't come out of a grocery store in the neighborhood since March 13. Late that day, I stopped at Whole Foods on my way home, and bought the only two things left in the produce department: a big container of cut up assorted fresh fruit, And a bag of small limes.

Everyone knew what was coming.

Although, except for the produce department, the store had a pretty good assortment of everything else. And I stocked up for the weekend. And waited in a long line to check out. And then I walked home, down Roosevelt Road with my daughter.

And that was the end of life as I knew it. Although I didn't know it yet.

From then on, we shopped at Trader Joe's and Jewel when we had to, but I dreaded the ordeal of being with so many other people in those stores who could breathe on me and kill me. Until we started wearing masks. And my own breathing in of my own carbon dioxide now makes me feel like I'm killing myself.

On the bright side, the floors and counters and shelves (and at Walgreen's, too, which I go to on Senior Citizen Day) are so clean you could eat off them. (I'm hoping when the virus finally dissipates and disappears that such cleanliness continues.)

I get wobbly with anxiety. How many times can you say, "This is unbelievable, what's happening here, I've never seen anything like it," and yet it keeps happening, with different tones and tenors, from the mayor and the governor and the president and the doctors and all the experts on all the news shows. And no one could have imagined this--although, I keep getting excerpts from movies that people send me on Facebook from years ago that could have happened yesterday at the latest news conference. So someone knew something. Someone knew this could happen. In Hollywood, at least.

Come to think of it, I should have imagined it myself. I have a Master's degree in Public Health, for God's sake. But when I got that degree in 1972, communicable disease had gone out of fashion. The lifestyle-caused diseases were what was happening and our course of study concentrated on those; communicable disease was studied as history. Like psychology students today study Freud.

I haven't used my dishwasher this much since long lost periods in my life requited it: like when I was a young mother and when I was into entertaining. My house hasn't been without a cleaning person for decades. But it is now for the last two months-plus.

When I suddenly ran out of dishwasher detergent (not toilet paper, though) and couldn't use that appliance for two days until I gathered the energy to go to the store, I invested in something new: the only thing Jewel had for the moment to put in the dishwasher, two boxes of pods were left on an

empty shelf, and I invested in one of them. And, boy do they get the dishes clean! I love them, and I feel very modern. Is it too frivolous to say that this was something nice to come out of a pandemic?

Speaking of which, I have a new pandemic hazmat ritual regarding ATM machines. To protect my hands from the door handle and the machines themselves. And my own contaminated card when it comes out of the slot. I like the one at Michigan and Van Buren because pressing the screen there can be done with a glove.

Every day, or course, I feel certain that I have the symptoms. Mostly when I study the Illinois case count and the death toll, which I do all the time, the same way I study election polls of all kinds and from all places. It's my favorite hobby.

I am in wonder as to who these people are, thousands of them a day, who have it. And what got them to have a test? And where are they from? Do I know any of them? Do they go to my grocery stores and ATMs? And what does it feel like to be hospitalized at McCormick Place? Is anyone actually hospitalized at McCormick Place? Do the ones who die know they are going to?

My comfort? That the Hankses seemed to do fine. I called them canaries in the coal mine even before Tom called them canaries in the coal mine when he hosted the first SNL at home show. From his home.

Adam Schlesinger, 52, wasn't so lucky. So I dwell on him, and convince myself that he must have had underlying conditions. Why else would he have fared so poorly?

I hear second and third hand about people's grandmothers (<u>like Michael Che's</u>), aunts and uncles and spouses who have it, who had it. And I keep worrying and fix my mask. With uncontaminated hands, I hope.

I've gotten used to all of this.

I love seeing everyone in their own home doing the news and the talk shows; I love that most of them have scraggly hair and pale makeup-free faces like I do. Their previous vanity vanished like the rest of our old lives. I love seeing that most of the stars and the news people and the politicians have fairly modest homes as they sit in front of their bookcases, their framed prints, their family photos and their lovely flower-filled vases. And I love seeing their kitchens.

The most garish thing I've seen was Nancy Pelosi's <u>garish</u> <u>spread of ice cream</u>. However, wanting to see what all the fuss was about, I went out and spent \$68 on five pints, which I ate pretty fast. (And it was good.)

(continues on page 6)

Bonnie McGrath

Visit my blog: www.chicagonow.com/ mom-think-poignant/

OPINION

The views and opinions expressed in this newsletter are those of the contributors and do not necessarily reflect those of the editor or South Loop Referral Group.

Mondays with Mike:

by mknezo2014 | June 8, 2020

I had lobster ravioli



Hello everybody. Hope you are well.

Last Wednesday was our first date night in a loooonnnng time.

Let's get the citizen business out of the way first.

Here's a reading assignment.

It includes practical steps toward making things better.

My finding this article was sparked by a conversation I had last night with two friends. Both are highly accomplished professionals working for publicly traded corporations. Both are Black. One is a woman, with whom I had a long discussion long ago about the talk she had to have with her son as he came of age. About how to act and not to act, in great specificity, in any encounter with law enforcement. I don't remember having such a talk with my parents.

She and I and mutual friends have had difficult discussions about our different experiences more than once in the past. We've touched nerves. And wondered whether we'd crossed lines. But as she pointed out, we somehow always worked through them. I've learned a lot. I cherish our friendship.

She said that a lot of white colleagues at work have reached out to her since this all started. In her view, some have really wanted to learn something, but others just want to tell her they feel guilty and be done with it. She and I have a lot in common, including the concern that once the protests ebb, nothing will change. We've both seen this before. Her number one recommendation about action to take? Vote. Get skin—black or white or brown—in the game. And keep voting. And act locally. Go to dreary public meetings. Pressure your city council, state representatives, and mayors. It's a slog. But as she put it, "We have to do this from the ground up."

The other friend leans libertarian. He's a bigshot corporate lawyer. He wouldn't like me saying that, but I'm not lying. He's suspicious of government. He's nothing if not practical. And his recommendation: Get rid of qualified immunity for police. Of course, it takes a lawyer to make a recommendation like that. He patiently explained the term. Wanna know what qualified immunity is? Do the reading assignment above. (Shorthand: It's a bad thing, and it dates back to really ugly stuff). I've learned a lot from my lawyer friend. I cherish our friendship.

Thanks to neighborhood activists, what was once a parking lot, which was going to be a high rise, is now our little park.

We had this discussion last night. In the park next to our building. Socially distanced. With libations. It was great.

Lots of businesses, and our condo building, are still boarded up. But the boards look better. Muralists have seen to that. Two of our favorite businesses, Sandmeyer's



Bookstore and The Grail Café, were somehow, miraculously, untouched by looters. (BTW, looters and protesters here in Chicago, by what I have been able to judge, are mutually exclusive groups.)

Last week Beth and I had dinner at Sofi, an exquisite Italian restaurant in the first floor of our building. I put on my fancy sport jacket. Beth put on her elegant red dress. Friends saw us and said, "Schnazzy!"

It was the first day of Chicago's phase III of opening. Sofi started serving at their sidewalk patio by reservation. There are specified seating times. Between them staff wipes down everything.

The waiters were masked, and place settings included packets of hand sanitizer.

It was kind of weird.

It was the best dinner out I've ever had.

MOST RECENT EPISODES

PODCAST It's Going Down

As public opinion catches up to the Black Lives Matter movement, some activists are calling to "defund the police." On this week's On the Media, the debate over whether to take that slogan literally. Plus, what investigative reporting tells us

ON THE MEDIA

about how police departments protect abusive cops. And, the case for canceling movies and TV shows with police protagonists. Then, the story of a small town that prepared to go to war with imaginary Antifa hordes. 1. Amna Akbar [orangebegum], law professor at The Ohio State University, on the origins of the police abolition movement. Listen. 2. George Joseph [@georgejoseph94], investigative reporter for WNYC and Gothamist, on how police departments skirt accountability. Listen. 3. Alyssa Rosenberg [@AlyssaRosenberg],

(Continued from page 4, Bonnie McGrath)

I have loved being entertained by music and dance performances and all on my computer. Many of which I have learned about from my step-daughter, who seems to know about all those things. And plays and movies and tributes and fundraisers streaming, too. I have to make my own libations and victuals but I'm stocked so I don't mind. And I love my great array of Hulu, Netflix, ESPN, all the Cable channels, Prime and stacks and stacks of DVDs and books. I lack for nothing.

And Zoom. Will anyone ever forget zoom and how it made life so livable in a new and different way? We never heard of it. Now it's our best friend. Because that's where our best friends are: at our board meeting, our book clubs, our film groups, our lectures, our art shows and our dance companies, the dancers dancing around in their own homes.

And I love seeing the pale faces, scraggly hair and modest homes of strangers at these meetings, too. I find myself watching interesting fixtures in the backgrounds, interesting angles in which their faces present from their screens, some people looking so professional, the way their heads fit in the screens like talking heads. While others look like their heads are swirling like Linda Blair's in The Exorcist.

Then there are the aimless walks I take every day. Pushing myself to get 10,000 steps in to maintain my fitness, such as it is. (Along with yoga tapes, etc.) But I never do. And I worry if that fact itself makes me more vulnerable to Covid-19? Circling the neighborhood with nowhere to go.

But they are walks in which I reminisce about the last 26 years in the neighborhood, since building my house there on top of an old railroad yard (before that, in the 1800s, it was a neighborhood like the one I live in now). I walk past my past. My friendships, the people I knew, and still know and all that happened in a quarter-century. Of which there was a

lot: deaths, suicides, breakups, move-ins, move-outs, groups that formed for gardening, book reading, maintaining the parks, improving the schools and so on and so on.

And then I pepper it all with the tapes in my head of Drs. Fauci and Birx and the politicians and the dissenters who think it's a hoax, that punctuate that life of memories that I am passing, while I play a tape of the aforementioned inconsistencies, dueling studies, and the



latest theories about the drugs, and the debut of the vaccine. And whether the Chinese did this to the world on purpose?

Not to mention, will the coronavirus disappear quickly, within months, <u>like the first SARS virus did</u>?

We're all in this together! I hear it all day long from all directions. Yes, the entire globe of people, we are all in this together.

And when it dissipates, we'll be free again to go places and run ourselves ragged, and get in our 10,000 steps, and I can visit my 93-year-old mother who is safe at home as we speak, and I won't have to contemplate all that we contemplate now. And we will be different when we get back to what we were before. We will marvel at our very essence. At the scourge of an invisible speck. And a new dishwasher pod, too.

Bonnie McGrath



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Book Review: Robert Kolker, **Hidden Valley Road** (Doubleday 2020)

Pretty Mimi Blayney was 13 and handsome Don Galvin was 14 when they met. Mature, sophisticated, intelligent, and strong-willed, after a short courtship and without the blessings of their parents, Mimi converted to Don's Catholic faith and they married. They moved to Colorado, took up falconry, and started the large family they planned. From 1945 to 1965 they produced 12 children: 10 boys and the two baby girls whom Mimi called her "roses after the thorns." Six of the sons, in their late teens and early 20's, demonstrated increasingly bizarre behavior and were ultimately diagnosed and treated for schizophrenia. Robert Kolker unwraps the Galvins' story with compassion and care. It is part medical mystery, still unsolved, and part Greek tragedy, epic in proportion and poetic in its telling, with some surprisingly happy family times and some optimism—even repose—at the end of the book The personal suffering and often violent and dramatic manifestations of the mental illnesses of six of the Galvin children, and the fear, anxiety, anger, guilt and victimization of the six "well" children, make a compelling read. Despite the chaos all around them, Kolker writes, "somehow the Galvins remained a family." Mimi and Don wanted and loved all their children, but the denizens of Hidden Valley Road suffered or perpetrated: murder; suicide; attempted murder; attempted suicide; clergy abuse; incest and pedophilia; felonious assault; arson; animal



Susan Bass Marcus writes and illustrates fiction, essays, and reviews. Her Dragonwolder fantasy novels, Malevir: Dragons Return and Where Dragons Follow, offer a world of dragon clans, an enigmatic menace the Malevir, sprites, goblins, questing humans, and magical giants. Her musings appear weekly on her blog, "About Susan Marcus," https://susanbassmarcus.net. Both paperbacks are available at Sandmeyer's Bookstore.

torture; domestic violence; drug and alcohol addiction; long-term confinement; and unwanted separation. The Galvins' family history of illness and wellness, and their DNA, was studied by renowned researchers who eventually debunked the theory that "bad" (schizophrenegenic!) mothers caused schizophrenia. Poor Mimi, who worked tirelessly for her sick sons, was finally let off the hook. "If bad parenting caused any of these diseases, we'd all be in big, big trouble." The Galvins wanted Kolker to tell their story; they believe schizophrenia is everybody's problem. "Our streets are their hospitals." Kolker writes: "a surprising number of us may be at least a little bit mentally ill: [one analysis] found that 7.2% of the general population has experienced hallucinations or delusions...." According to the psychiatrist who studied the Galvin family "half of young school shooters have symptoms of developing schizophrenia." Mental health advocates report that, "compared to their healthy counterparts... individuals diagnosed with schizophrenia are 4 to 6 times more likely to commit a violent crime." And studies show a range

from 5.3 to 17.9% of homicides were committed by individuals with severe psychiatric disorders. Hidden Valley Road may be in our neighborhood. We ought to care.

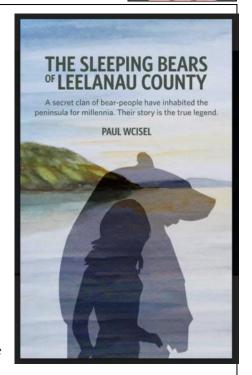


Dearborn Park June, 2020

A new novel by local author, Paul Wcisel

(paulwcisel.com)

In a remote corner of northern Michigan, the residents of Leelanau County have a secret society that has been living on the peninsula for thousands of years. They are the beartransforming descendants of tribes who crossed Lake Michigan millennia ago to escape the destruction of their clan.



One evening, a traveler has a chance encounter with a spirit bear and discovers he has a hidden history of his own. In the months that follow, he becomes deeply involved with the Sleeping Bear Clan and – depending on your point of view – a murder.

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Scott Turow: The Last Trial

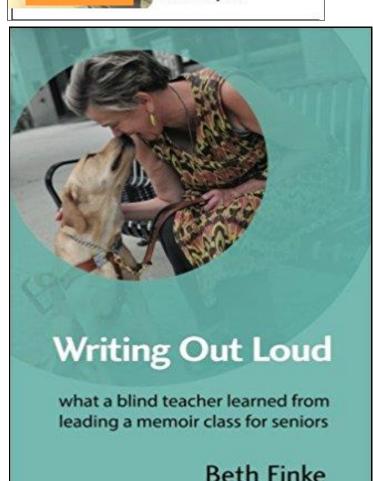
Bestselling writer SCOTT TUROW discusses his newest book *The Last Trial*. Two formidable men collide in this "first-class legal thriller," a "brilliant courtroom chess match" about a celebrated criminal defense lawyer and the prosecution of his lifelong friend — a doctor accused of murder (David Baldacci).

Scott will be interviewed by AWM Board Member Olivia Luk Bedi, a partner at the firm of Neal Gerber Eisenberg. This program will be hosted live via Zoom, <u>register for the free program here</u>. To purchase a copy of the book please visit our bookselling partner, <u>Seminary Co-op Bookstores</u> or visit our page at <u>Bookshop.org</u>.

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by Mel Theobald

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> Gerald de Jaager Author of The Million-Dollar Parrot and three other books

Safe & Sound Blog by Beth Finke

http://Bethfinke.com/blog

Wanda Makes the Front Page April 24, 2020.

If you've followed this *Safe & Sound blog* for a while, you know who Wanda Bridgeforth is: she's witty, she's talented, she's 98 years old, she's been attending the memoir-writing class I lead in downtown Chicago for over a decade now, and guess what? She's in the news again. This time, it's the front page!

Early this week, Wanda was profiled in a column in the Chi*cago Tribune* written by Heidi Stevens. Here's a snippet:

> Bridgeforth lives alone in a Hyde Park condo, not far from Lake Michigan. "I am the vice president in charge of looking out the window," she said. "My job is practicing the lively art of doing nothing. And that takes some doing!

It might be a form of meditation, I don't know."

Heidi's work is syndicated all over the country — my sister Bev called to let me know the column about Wanda was in her local newspaper in Grand Haven, Michigan, and when I talked to Wanda over the phone Wednesday she said her phone hadn't stopped ringing. "A cousin from Baltimore called." she marveled. "She saw it out there!"

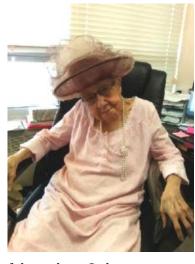
For me, the excitement started last week when a simple message from Heidi called out to me from my talking iPhone:

> "Hi Beth. It's Heidi. How are you feeling? I have a favor to ask. Do you think Wanda would be willing to talk with me for a column? I'm trying to find someone who's lived through a lot to offer some perspective on this time in history. She popped in my mind because of some of what you told me about her life and her willingness to record it in memoir form."

Wanda gushed when I called her to see if she was willing. "You know me!" she laughed. A slew of phone calls and text messages and questions about arrangements followed, and this long message Heidi left on her **Balancing Act Facebook** page afterwards tells the rest of the story:

> Wanda Bridgeforth made it to the front page of the Chicago Tribune today, which made me so happy. I've been getting the loveliest emails from readers who are touched by her story. (And one from a man who says he used to be Ms. Bridgeforth's doctor. "I think I got more out of her visits than she did," he wrote.)

I want to share a tiny bit more background. First, we couldn't send a photographer to shoot Ms. Bridgeforth's portrait, since it didn't feel safe, coronaviruswise, to have someone new enter her condo. and she wasn't able to walk outside or down to her lobby where we could shoot a photo of her through the glass, which Tribune photog-



raphers are doing a lot of these days. So her home healthcare worker used her own phone to shoot photos of photos that Wanda had in her condo and then texted them to me. How's that for an essential worker going above and beyond? So wonderful.

Second, when Wanda let me know what times would be best for me to call and interview her. she offered a window from 3 p.m. to 2 a.m. When I called her (at 3:30 p.m., while she's usually watching "Jeopardy," but she taped it that day to watch later) I said, "So I could've called you at 1 in the morning and you would've answered?" And she said, "Oh, yes. I never get to bed before 2."

I just adore her.

And me? I just adore both of them: Wanda Bridgeforth and Heidi Stevens. If you missed seeing the story on page one of the *Chicago Tribune*, don't despair: you can <u>read it online</u> here.

Beth Finke's books: "Safe and Sound", "Long Time No See" and "Writing Out Loud" can be purchased at Sandmeyer's Book Store.

It's here! Free audio version of Writing Out Loud now available to people who are blind or visually impaired

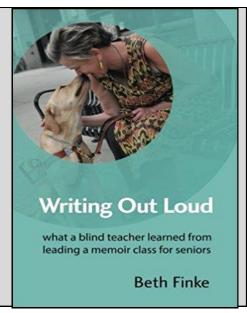




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I adore summer.

Here's what I especially love: lazy Saturday afternoons hanging out near the bar at a crowded lakefront beach. Classical music concerts under the stars on the lawn in Millennium Park. Long runs along the lake. Watching dancers of all ages and sizes and races under the stars at Summer Dance. Drinking beers in the bleachers on a hot sunny afternoon at White Sox park. Early afternoons in Grant Park at Lollapalooza. Cover photo: Christopher Rejano | Seeing old friends and meeting new ones at Printers Row Lit Fest. And so on...



Cover Design: Dan Streeting

Most of what I love about summer in the city won't exist this year. Will it be un verano perdido? Lost this once, maybe forever?

Summer came and passed away, Hardly seemed to last a day But it's over and what can I do. —Electric Light Orchestra, "It's Over"

Like so many, we've been taking advantage of our homebound life to sort through accumulated possessions, including a raft of keepsakes and personal papers. As my head swarms with memories, I started thinking about the summers of my childhood, when the season meant just as much to me as it does now.

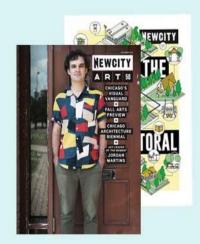
Growing up in Lincoln, Nebraska and later Joliet, Illinois, my summers were far from the crowded urban scenes I cherish now, but rather long, lazy open spaces of limitless possibility and minimal accomplishment. Days without agendas: spent reading, watching baseball on TV narrated with the grandfatherly comfort of Jack Brickhouse, and playing games in the yard with my younger brother Brent until darkness fell. Exploring the less-than-photogenic solitude of a suburban landscape, or the farm roads near my cousin Rick's home in Hope, North Dakota, or floating on an inner tube on the Minnesota lake where my grandparents built a cabin. Each summer, my brother, mother and I would drive to the North Dakota region where my parents grew up and met. We'd spend a month, much of it in towns of just a few hundred folks, while my father taught summer classes back home before joining us for his two-week break.

As a schoolboy, most of my days were spent in a state of serendipitous social distance, blissful times for introspection and the pleasure of small moments, interrupted only by the occasional trips to the swimming pool, the movies or a Fourth of July family picnic.

Suddenly, this summer is one I'm looking forward to. Not the season I'd expected, but a chance to relive more distant joys.

BRIAN HIEGGELKE

NEWCITY



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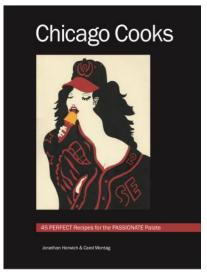
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In Chicago Cooks: 45 Perfect Recipes for the Passionate Palate, the basics are covered for any kind of meal.

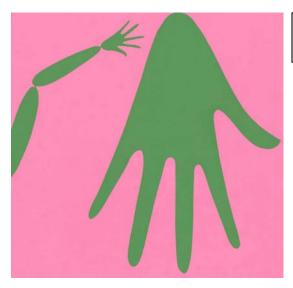
Not every food category is included here, but the ones we have chosen represent a foundation any cook will need to provide for a family or to entertain brilliantly. We hope you will trust us and try these recipes so that vou can experience food made with care and passion,



food that stimulates your palate, and inspires you to share each recipe with those you love.

The two authors are long-time residents of Chicago. Returning to Chicago after 40 years in California as a jazz producer and recording engineer, Jonathan Horwich has continued pursuing his passion for music and high quality sound. Carol Montag grew up in St. Louis, MO and came to Chicago to attend The University of Chicago and never left. She has been an educator for 52 years as a classroom teacher, school administrator, and educational coach.

https://www.chicagocooks.net/ Available at Sandmeyer's and Amazon.



3 Dimensions brochure (detail), about 1950/ courtesy Elsa Kula Bauhaus Chicago Foundation, Art Institute of Chicago

1 NeoConnect

NeoCon's digital hub keeps the design community connected with resources, programming, events and panels online.

June 2020

2

Bauhaus at the IIT Institute of Design

(Illinois Institute of Technology)

Two online exhibitions, "50 Years Bauhaus, 1969" and "Founding an American Bauhaus," dive into the design movement's history.

Ongoing

3 3

Classic Chicago: The Art of Architecture (Elmhurst Art Museum)

A 360-degree virtual tour of late-nineteenth-to-earlytwentieth-century Chicago via large-scale graphite drawings by Jack Nixon.

Through August 2

4

Bauhaus Chicago: Design in the City

(Art Institute of Chicago)

Contemplate Bauhaus' influence in the city of Chicago at the German school's centenary.

Through Fall 2020

5

Kiki in the Commons

(MCA Chicago)

A conversation about drag and its relationship to art history, design and pop culture in celebration of Pride Month.

June 19, 6pm

https://design.newcity.com/2020/05/20/design-top-5-june-2020/

NEWCITY newcity.com

Design Top 5: June 2020

Vasia Rigou

Greek-born Vasia Rigou is a Chicago-based art critic and pop culture journalist, largely on the subjects of contemporary art, design, and fashion. She moved to Chicago in 2013 to study Arts Journalism at the School of the School of the Art Institute of Chicago (SAIC,) where she was awarded the New Artist Society Merit Scholarship. She grew up to appreciate art after years of carefully planned, culture-filled travel itineraries and museum-hopping around Europe with her family. During this time, she received a bachelor's in English Literature, in her native Athens; a master's in Media, in Nottingham, UK; and studied foreign languages—English, German, and Spanish at the University of Salamanca, Spain. Her writing—reviewing museum exhibitions, gallery shows, art fairs, fashion shows, and music festivals among others—has been published nationally and internationally both in print and online. In 2017, she founded and now serves as editorin-chief of Rainbowed.—an independently published website focused on the visual and performing arts, digital media, and popular culture. When she's not writing about art or looking at art—wine in hand, she keeps up with Chicago's creative entrepreneurial and startup community, makes lists for pretty much everything, drinks immense amounts of coffee and takes cross-country road trips every chance she gets. Contact: hello@rigouvasia.com Website:

www.rigouvasia.com

Online LIVE Class Schedule

Gentle Yoga Stretch:

Monday, 11:30 AM with Sylvie Props: Strap or similar

GYROKINESIS®:

Monday, 5 PM with Briana Props: Chair

Gentle Pilates Mat (35 Minutes):

(w/ focus on Neurological Conditions)
Wednesday, 11:30 AM with Briana

Intermediate Mat Pilates:

Thursday, 11:30 AM with Sylvie

Gentle GYROKINESIS®:

Friday, 11:30 AM with Briana Props: Chair

Advanced Registration is required:

\$10 for ROI members

\$15 for non-members

Unless otherwise noted, all classes are 50 minutes
All classes EXCEPT gentle GYROKINISIS® would benefit from having a mat

To register, email info@roiholisticfitness.com & visit www.roiholisticfitness.com/online-live-class-schedule

We will send you a ZOOM link to the class once you are registered.



Tuesday, June 9, 2020

A Look at the Sloop's "Yarn Bomber"

It's a nice touch to see spots of color throughout the neighborhood in unexpected places and this video from <u>ABC7 talks</u> about the woman who is doing it:

Bike rails and trees have been looking a lot more colorful thanks to a resident in Chicago's South Loop.

Valerie Sherman has taken her crocheting skills to the streets in what she calls "yarn bombing."

Sherman has been crocheting since she was a kid, and she moved to Chicago a couple of years ago.

Since the COVID-19 pandemic hit, Sherman wanted to brighten her neighborhood's bike rails and trees with her crochet work.

She said it takes around 15-20 minutes to finish a piece, and all of her projects are done at home.

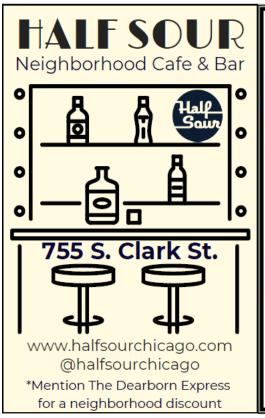
After several neighbors noticed her work around the South Loop, Sherman made an Instagram page, @valerieplz, so that others can follow along.

We've seen other people doing this as well and we definitely think it's a fun attribute for the Sloop.

http://www.sloopin.com/



Artist Bear Pallasch helps take the sting out of boarded up windows with whimsical art. Here is piece she created for Yarnify Knitting Craft Store at 47 W Polk in the Dearborn Station.



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Operation Backpack 2020

By: Volunteers of America of Illinois | Closes On Jul 31st, 2020

Operation Backpack is an annual drive hosted by VOA Illinois to collect backpacks and school supplies for children in foster care and children of the Veterans served by VOA Illinois. Our goal is to provide each child we serve with a brand new backpack and everything they need to start the school year off on a positive foot. We know without the proper materials and support a child will not succeed in the classroom.

Due to COVID-19 our drive will be completely virtual this year. All items will be purchased on this site and shipped to our offices in August. If you have any questions about this drive or the work we do at VOA Illinois, please don't hesitate to contact Bridget at bhickey@voail.org.

Byline Bank, Dearborn Station

According to the branch manager at 47 W Polk in the Dearborn Station, a date to open has not been determined. They want to make sure they can follow all the federal guidelines for social distancing etc. The closest branch that is open is 1800 S Halsted. Access to lobby by appointment. Drivethru open.











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OPINION

The views and opinions expressed in this newsletter are those of the contributors and do not necessarily reflect those of the editor or South Loop Referral Group.



Retired in Chicago
Rudeness or cultural difference?

By Marianne Goss, June 1, 2020

As George Floyd's murder has laid bare America's persistent racism, I've been grappling with an incident closer to home.

I'm second-guessing complaining to an African American postal clerk about what I considered rude customer service.

Seeking to learn from the experience, I found a relevant <u>article</u> in *The Guardian* in which writer Kimberly Foster condemned "needlessly hassling people of color" over minor infractions. She lamented the stress of having to learn "the verbal and nonverbal norms" of a world different from their own and of having to "shape-shift" outside their community.

"Racist conditioning denies people of color the opportunity to be given the benefit of the doubt, so neither bad days nor social awkwardness are allowed," she wrote. "Black people are unduly burdened by the social expectation that we always be on our 'best' behavior."

Unfortunately, I did not extend the benefit of the doubt. I just got angry and reacted.

I was already annoyed with the Federal Center post office branch when I walked in last week. A month before, I felt scolded by a postal clerk there for mailing cash in a birthday card, for not differentiating between a letter and a package, and for not moving back behind the six-feetaway stripe after handing her my envelope. Agitated, I walked away before getting stamps I'd paid for. The next day I went back but was told nothing could be done because neither the clerk who had served me nor her supervisor were in.

Last week, with a package to mail, I brought along the receipt for the missing stamps. Another clerk reproved me about having waited a month, continuing even after I said I had returned the next day. I lost self-control and blurted out, "The people at this post office are rude." She and a colleague standing nearby objected, and she refused to mail my package.

What's This?

I complained about the denial of service on the post office's online form and two days later received phone calls from the Loop customer care representative and the branch supervisor. By then I had calmed down and regretted that I hadn't been more forbearing, especially during this time of heightened stress for all of us. I could have said, "Oh well, it was my fault in the first place for forgetting the stamps." A friend asked why skin color was not irrelevant in this situation. Would I have complained about similar treatment from a white person? Yes, but I'm wondering whether I was too quick in these interracial encounters to diagnose as an attitude what is cultural difference. As Foster noted in her article, the norms of black and white communities are different. Black people, however, cannot freely follow their own norms in white spaces without punishment.

"[T]he negotiation required to ensure that neither our words nor actions can be misinterpreted is exhausting," Foster wrote. "Complete comfort is not possible when you must constantly second-guess your instincts. We will not know freedom until we can choose for ourselves how we show up in the world."

If we grew up white in America, racism infected us, and unconscious racial bias continues to infect even those of us who decry racism. Being a liberal does not mean that a white person really understands about being black. Reexamining the post office experience through the viewpoint of Foster's article, I wish I'd held my tongue.

ANTI-TRUMP COMMENTS: 116TH IN AN ONGOING SERIES "I've never seen a president with less capacity for empathy. He doesn't even try. It's way outside his emotional comfort zone."

— Andrew Polsky, political science professor at Hunter College, City University of New York, who studies presidential leadership traits

http://www.chicagonow.com/retired-in-chicago/



Printers Row Farmer's Market

700 S. Dearborn St.

July 11–October 24, 7am–12pm

Saturdays with Seniors: Guest Post by Bobbie Turner

May 23, 2020

I am pleased to introduce Bobbie Turner as our featured "Saturdays with Seniors" blogger today. A self-taught artist and award-winning educator, Bobbie grew up on Chicago's West Side, and after graduating with both a BA and an MA from Roosevelt University she taught children in the creative arts in Chicago's Rockwell-Maplewood area.

Bobbie was just a teenager when Dr. Martin Luther King Jr.was assassinated, and she generously agreed to let us publish a recollection of the looting that erupted in her neighborhood back in 1968.

Compassion in a Box

by Bobbie Turner

People were crying, standing around in disbelief and sorrow as we stood there looking at all the destruction in our close-knit neighborhood. Smoke filled the air. Glass everywhere, fires burning on blocks that once housed shops.

The occasion marked more than the death of a christened leader, but the death of family universal. No trust, betrayal, slaughter, disrespect, visions of slavery, Jim Crow, assassination, starvation, no resources. Ravaged hearts ripped as the bullets all but ripped off the head of a leader, the Drum Major of Peace.

"Mr. Louie" as we called Mr. Leonard, the store owner of the only full market facility in our neighborhood, was stunned by the damage. Color was washed from his face, ghostly white. His eyes filled with something, but I didn't know what it was. Pale purple rose like a fountain; first his hands, then wrist, and after a few moments. his face and head.

"Oh, Mr. Louie, we are so sorry... We tried to stop them...They weren't from around here... We begged them to stop...Then somebody threw something through the window, and that was it."

Mr. Louie, a short slightly stocky Jewish man, was one of the kindest persons in our neighborhood. His small grocery store was an oasis, a jewel, our beacon of hope. In short, he fed the people in the area. There was no A & P....no National Foods in our area, just Louie's, and boy, were we thankful.



A clip from MLK's last speech.

I often wondered how Mr. Louie stayed in business; he extended credit to just about everyone. When I made grocery runs for some of my neighbors, they would tell me to tell Mr. Louie to put "it on credit" or give me a balled-up note with a message to pass to him. He would look at the note and start filling the order. Usually, it was a request for sandwich meat and bread.

I marveled as I watched Mr. Louie take out a tin box. This is where he kept his files, credit files on note cards. He would write down the amount that was owed on that person's card. It was understood that payment would have to be made before the debt was over-extended. Sometimes Mr. Louie would tell them what was owed. The way he told them was with kindness, understanding, and respect. Everybody owed him. Many loved him.

Mr. Louie helped save lives with a tin box full of compassion. On this dreadful night, our neighborhood died along with Mr. Louie's grocery store. Louie decided not to return.

Life has never been the same.



Julio and Lisette Banales have opened Mau's House, a pet grooming business at 901 S Plymouth Ct near Dearborn Park. Julio has been a pet stylist in the neighborhood for eleven years.



MoCP Behind the Lens: Carlos Javier Ortiz

June 19, 12 p.m. CDT Presented virtually on Zoom Register in advance for this webinar <u>here</u>

Join the MoCP and photographer Carlos Javier Ortiz for a virtual sneak peek into his studio!

Carlos Javier is a director, cinematographer and documentary photographer who focuses on urban life, gun violence, racism, poverty and marginalized communities. In 2016, Carlos received a Guggenheim Fellowship for film/video. His work has been exhibited nationally and internationally in a variety of venues including the Schomburg Center for Research in Black Culture; the Worcester Art Museum in Massachusetts; the International Museum of Photography and Film in Rochester, NY; the Detroit Institute of Arts; and the Library of Congress. In addition, his photos were used to illustrate Ta-Nehisi Coates' The Case for Reparations (2014) article, which was the best-selling issue in the history of the Atlantic Magazine. His photos have also been published in The New Yorker, Mother Jones, among many others.

This event will be recorded and transcribed. If you require special accommodations for this event, please contact mocp@colum.edu.

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Monday, June 8, 2020

Construction on 1000M Tower Halted Amid Covid-19 Concerns

In case you missed it last week, looks like one of the city and Sloop's biggest building sites has halted construction (via Chicago Tribune):

Construction of a 74-story condo tower designed by Helmut Jahn has been halted, and the project's developers say it was done to prevent the spread of COVID-19.

The 1000M skyscraper on South Michigan Avenue is the first prominent high-rise project to shut down during the coronavirus pandemic, which has dragged down the economy and led to widespread job losses in Chicago and throughout the country.

Construction is considered an essential industry by Gov. J.B. Pritzker, and other projects have continued despite stay-at-home orders that were issued in March.

Distancing, staggered work shifts, temperature checks and other measures have been implemented on job sites in an effort to protect workers from the coronavirus.

Industry observers have closely monitored the virus' potential long-term impact on the more than decade-long development boom in Chicago, which leaves in question the fate of several megadevelopments in advanced planning stages.

The 1000M developers, Time Equities, JK Equities and Oak Capitals, on Thursday said construction work has been stopped since the first phase of foundation work was completed. It's unclear when the work stopped, or when the \$470 million project might resume.

This is interesting and we'll be curious to hear what happens next for this high-profile spot. http://www.sloopin.com/

South Loop Presidents' Roundtable

Thu, Jul 09

899 S Plymouth Ct

Jul 09, 6:00 PM

899 S Plymouth Ct, 899 S. Plymouth Ct. Party Room

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IMAGINE

Fanny Moy ► Hello South Loop! 7 mins · 🕙

Burnham Mart Owner Chris Appreciated the outpouring of SUPPORT the day after and my offer of ARTWORK so much, that he has wholeheartedly embraced creating boards for Community Expression. Please drop by and SHARE positivity. Pigment markers are available in the store. P.S. great selections of wine, beer and interesting ramen!



Boarded up windows are turned into pieces of Art.
Top left are on Dearborn St created by artist Bear Pallasch. Top right and below are created by Fanny Moy. A

window sign at left from the fashionable Ladies Shop Florodora in the Monadnock Building on Dearborn between Jackson and Van Buren. Below, a black board allowing viewer participation on the Garrett Carmel Corn Shop on Jackson.







Thursday, June 11, 2020

Owner of Warehouse Liquors Looks to Reconnect with Woman Who Protected His Store During Looting

A nice read about a stranger protecting a South Loop Liquor Store during protests and looting (via **Block Club**):

The owner of Warehouse Liquors was attacked and his store robbed during recent looting — but one woman helped save him and his business, standing guard and keeping people at bay for hours.

Now, Gene Charness, the store owner, is trying to reunite with Ceondra Porter, the woman who stood outside Warehouse Liquors and tried to keep him safe. Charness and his wife, Leslee, want to thank Porter.

On May 30, Porter, 22, of Avondale, was Downtown to join a large protest over the police killing of George Floyd in Minneapolis.

At the same time, Charness, 62, got a call from his alarm company and went to his store, 634 S. Wabash Ave. He saw multiple people looting the store.

That night saw widespread looting and vandalism in the Downtown area. Officials have said people used the protests for Floyd as cover to steal and damage local businesses.

Security video from Warehouse Liquors shows a large group of people breaking the store's doors to get inside and then carrying out bottles and boxes. The video shows shelves pulled down with debris everywhere.

Charness got to the store and tried to get the people looting it to leave. Someone threw a bottle at Charness' back and another person knocked him down and stole more items from the store's shelves.

Charness got the people out, though, and then held up a security gate to try to keep them away — until someone attacked him with a fire extinguisher.

http://www.sloopin.com/

Every day it looks more and more like Roots is getting ready to open.







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See past issues . . .

Archives at

http://dearbornexpress.net/



Based on Community Meetings held Fall, 2019



COMMUNITY POLICING STRATEGIC PLAN QUARTERLY PROGRESS DISTRICT 001

March 2020

Eddie T. Johnson, Superintendent

CHICAGO POLICE DEPARTMENT

Lori Lightfoot, Mayor

CRIME REDUCTION PRIORITIES

Priority #1: Reduce incidents of Robbery in and around Redline CTA Trains and Stations

Priority #2: Reduce incidents of Theft along the Roosevelt Corridor.

Priority #3: Address Quality of Life Issues on Beat 123 near Printers Row Park.

COMMUNITY ENGAGEMENT

Goal 1: Police will offer Safety and Security training focused on preventing Robbery

Goal 2: Increase the number of Positive Interactions with Businesses and work with Aldermanic Offices to develop Strategies Goal 3: Increase interaction with Youth, Seniors, and Faith based Communities

COLLABORATIVE COMMUNITY BUILDING

Activity #1: Police to attend Community Meetings and Special Events

Activity #2: Officers provide Education and Training in Safety and Security by conducting seminars for Businesses and Residential Associations Activity #3:Officers participated in events with Seniors and Young Adults

COVID-19 CASES AS OF June 17 IN 60605 Zip Code

195 Confirmed Cases

2379 Tests completed

By age group

<20	less than 6
20-29	15%
30-39	38%
40-49	15%
50-59	12%
60-69	12%
70-79	5%

No data on deaths per zip code

From WBEZ Public Radio https://www.wbez.org/

THE DEARBORN EXPRESS

We welcome letters to the editor.

This publication is sponsored by the South Loop Referral Group, a professional and business networking group. It is our mission to provide the Printers Row area with current news and to promote local businesses and organizations. This publication will be distributed through email to individuals who wish to receive it. If you have any questions or would like to contribute information, please email us: thedearbornexpress@gmail.com

www.dearbornexpress.net

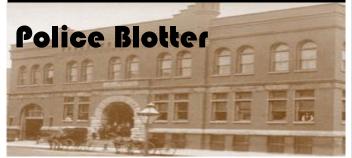


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www.asapwellnesscenter.com

Next CAPS Meeting June 10, 2020 6:30pm at 525 S. State St. (Every 2nd Wednesday)



http://home.chicagopolice.org/

BEAT 123

Sat, 30 May 2020 21:12 500 S State St BURGLARY Convenience Store

Sat, 30 May 2020 23:10 700 S Clark St BURGLARY Small Retail

Store

Wed, 27 May 2020 23:08 0 E Roosevelt Rd STRONG ARM- No Weapon CTA Station

Sat, 30 May 2020 21:33 700 S Wabash Av BURGLARY

Sun, 24 May 2020 01:09 900 S Michigan Av AGGRAVATED ASSAULT - Handgun Street

Sat, 30 May 2020 22:00 900 S State St STRONG ARM ROBBERY No Weapon Sidewalk

Sat, 30 May 2020 00 600 S State St

AGGRAVATED BATTERY Hands, Fists, Feet, Serious Injury P.O. officer Street

Thu, 28 May 2020 10:00 800 S Wells St CAR THEFT Non Res Parking lot/ Garage

Sat, 30 May 2020 20:30 800 S State St

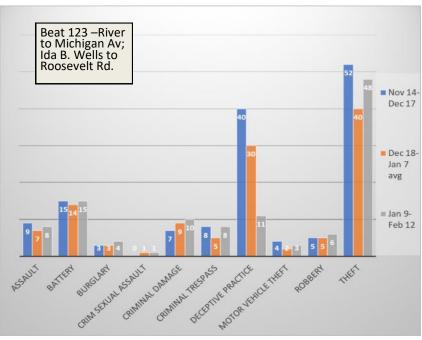
BURGLARY Small Retail Store

Sat, 30 May 2020 00:13 600 S State StAG-GRAVATED ASSAULT Protected Employee Street

Sat, 30 May 2020 22:00 1100 S Wabash Av BURGLARY Restaurant

Sat, 30 May 2020 21:30 1100 S MICHIGAN AV BURGLARY Small Retail Store

We focus on crime that is violent or may affect your physical safety. If you look at the graph on top of this column, you will see that the highest incidence of crime is theft, usually on the street or in restaurants (like cell phones stolen from tables). The crime shown on this page is based on Beat 123 131 and 132.



FROM DEARBORN SECURITY

5/16/2020 AT 11:15 am, Curry House Restaurant

Fire Dept arrive at Curry House Restaurant at 9th and Plymouth. Small fire started in the kitchen and was visible coming out the vents. Fire Dept quickly got it under control.

5/21/2020

At 1AM 10 people with black masks on came into Dearborn Park and broke into 4 cars. Called 911 several times. No police car showed up.

BEAT 131

Sat, 30 May 2020 21:45 BURGLARY Drug Store	1200 S Wabash Av
Sat, 30 May 2020 20:00 STRONG ARM ROBBERY	1200 S Wabash Av NO Weapon
Sat, 30 May 2020 18:00 BURGLARY Restaurant	1200 S Wabash Av
Fri, 29 May 2020 16:15 CAR THEFT Street	1600 S Clark St
Sat, 30 May 2020 22:00 BURGLARY	1300 S Wabash Av
Sat, 30 May 2020 21:45 BURGLARY	1200 S Wabash Av

BEAT 132

Tue, 02 Jun 2020 21:00 AGGRAVATED ASSAULT	1300 S Prairie Av Handgun Sidewalk
Sat, 30 May 2020 12:30 BURGLARY Forcible Entry	1500 S Michigan Av
Mon, 25 May 2020 09:45	1800 S Michigan Av

Sat, 30 May 2020 16:00 1500 S Indiana Av BURGLARY Commercial/ Business Office

BURGLARY Residence

Real Estate Transactions

\$485,000 1335 S PRAIRIE AVE 1809 4/7/20

\$300,000 124 W POLK ST 206 4/1/20

\$484,000 1255 S STATE ST 1703 4/1/20

\$864,500 233 E 13TH ST 605 3/30/20

\$312,500 600 S DEARBORN ST 1601 3/20/20

\$270,000 1143 S PLYMOUTH CT 506 3/20/20

\$370,000 1305 S MICHIGAN AVE 613 3/19/20

\$380,000 1169 S PLYMOUTH CT 3/18/20

\$350,000 910 S MICHIGAN ABE 1115 3/18/20

\$347,000 1214 S FEDERAL ST G 3/18/20

\$237,500 1111 S WABASH AVE 1702 3/18/20

\$1,550,000 232 E 14TH ST 1 3/17/20

Past Issues . . . Archives at:



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901 S Plymouth Ct, #506 3 bed/ 2 bath 1550 Sq Ft \$397,400 @properties

312.543.9380

Thomas Palmen @properties

312.543.9380

https://

www.atproperties.com/ agents/5682/thomas-palmen

711 S Dearborn St #307 1 bed, 1 bath, 1000 SFt \$232,000

Jill Schauwecker Berkshire Hathaway HomeServices Chicago 847.804.4626

40 E 9th St #1210C 3 bed, 2.5 bath, 2010 sq ft \$450,000 David Auffarth Keller Williams Chicago-Lincoln Park 312) 593-2424



161 W Harrison St #1201 2 bed, 2 bath,1800 SF \$470,000 Matthew Liss Mark Allen Realty, (773) 415-4744



1345 S Wabash Ave #1503 2 bed, 2 bath, 1123 SF \$369,000

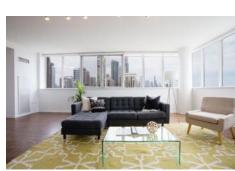
Michael Gentile @properties 312.254.0200



1515 S Prairie Ave #1013 4 bed, 3 bath \$967,500

Zachary Redden

Redden Properties LLC

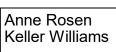


1302 S Federal, Unit B 3 bed, 2 bath,1460 SQ \$545,000

Jaclyn Hinton Baird and Warner 773-697-5555



40 E 9th St, Unit 1606 1 bed/ 1 bath 1125 Sq Ft Includes indoor garage parking \$235,000



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