



# THE DEARBORN EXPRESS

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## And the Beat Goes On!

It's been a little over a month since we first started to get serious about staying home and social distancing. It was another three weeks before we started to hear personal first hand stories from those who went through the experience of the Coronavirus and emerged on the other side. If you are not a subscriber to Mike Knezovich and Beth Finke's blog, you'll be able to read about their hair raising experience here.

As we proceed forward, we all need to think about what we can do to support our neighbors and our local businesses. That is the focus of this issue since there's not much else going on in terms of events and meetings.

I decided to donate blood. One might think it was risky riding public transportation to the blood donation center Vitalant in the Thompson State of Illinois building. However, there was only two of us on that big bus. And when I finally found the one open door on Lake Street, guess who I ran into? I didn't actually run into the Governor because his body guards waved me to stand back. But there he was, larger than life. According to my sister-in-law, a phlebotomist is the person who takes your blood. They are among the dedicated essential workers who deserve our appreciation, admiration and our cheers at the 8pm daily Unite at Night Celebration.

And don't forget, if you are one of the lucky ones who doesn't need that check from our government, be generous with your local small business and restaurants.

*Al Hippensteel*

Your editor holding a sign that reads: "I'm Awesome. I donated blood today! Don't you want to save a life? Reality—I did it for the Oreo Cookies."



April 17, 2020

Vol. 8, No. 5

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# COMING TO THE JAZZ SHOWCASE

Dear family and friends,

The Coronavirus has shaken our family of dedicated employees. We're doing everything we can to help them through this period while trying to make certain that there will be a stable Musical Home to return to.

We are moved by those of you that have reached out wondering how they can help. If you would like to help now until we're able to reopen, 100% of every gift certificate you purchase will go to help our employees and their families through this difficult time! Once we have reopened, those gift certificates can be redeemed to come out and hear live music again.

We thank you with great gratitude,

Wayne, Joe, Ainsley, Tijana, Carly Babo, Jonathan G. & Jonathan T.

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# South Loop Neighbors

South Loop Neighbors is a non-profit membership based organization dedicated to enhancing the quality of life in South Loop's neighborhoods and preserving the area's landmark districts.

South Loop Neighbors represents South Loop residents who are concerned about:

- Ensuring high-quality, reasonably-sized real estate development as well as infrastructure improvements that respect the unique character of our community
- Preserving and protecting the area's Landmark Districts, including Printing House Row and Historic Michigan Boulevard
- Promoting quality education, recreation, services, retail, community activities, and events
- Maintaining a socially, culturally, and economically diverse neighborhood
- Developing strong relationships with key city officials to ensure they respect, hear, and act on the concerns and ideas of the South Loop community. South Loop Neighbors serves members and residents within the area bounded by Congress Parkway to approximately 25th Street and from the

Chicago River to Lake Michigan. [www.southloopneighbors.org](http://www.southloopneighbors.org)

## South Loop Neighbors

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Dorothy Miaso- Treasurer  
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Dennis McClendon- Director  
of Planning and Development  
Roger Marsh- director  
Christine Hunt- director

The South Loop is a vibrant neighborhood and as it continues to grow, it becomes increasingly more important for residents to support local small businesses. The benefits of shopping local are documented through a number of studies.

South Loop Neighbors especially urges residents to shop at local businesses that have partnered with the South Loop Neighbors as Community Builders. Community Builders are businesses that are members of the SLN and who recognize that a partnerships between SLN and local businesses creates an optimal environment for our neighborhood to maintain and increase the vibrancy of the South Loop! Please visit our website to learn more about our Community Builders.



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# OPINION

The views and opinions expressed in this newsletter are those of the contributors and do not necessarily reflect those of the editor or South Loop Referral Group.

## Mondays with Mike:

by [mknezo2014](#) | April 6, 2020

### [Sweet Home Chicago.](#)



Great news! Beth got her cast off!

I can't remember when, though. And all that, well, it seems like a long time ago. Between eight days in isolation at home with a fever, six nights in the hospital, and three nights in isolation at a boutique hotel that the city used to keep me until I was positively, absolutely safe for the world, I'm feeling a little like Rip Van Winkle.

There will be detail that comes to me I'm sure, but right now I'm left with impressions. First, I'm concerned for all the good front line health care providers. They're living a strange and lonely existence. Our doctor friend has taken an Airbnb—she doesn't want to carry the virus home to her family, and she hasn't seen her family in a month.

My own doctor was fantastic. I got a call from him within hours of reporting symptoms. He directed me to self-isolate immediately. Beth and I had already taken up separate kingdoms at home, texting and making sure we didn't pass too close. He was responsive, supportive, and gave me great advice—including "get to the ER, now!"

Nurses rock. I've known that for a long time, but it just got reinforced. All of mine were fantastic, but one really stood out. She was from Cincinnati, graduated from nursing school at Ball State a year ago, and is coming up on one year working at Northwestern. Imagine this being your first year. She was professional, self-possessed, and impossibly perky in the right kind of infectious way.

She allowed, as did two others, that the worst part of this is they are urged not to spend much time with patients. And spending time with patients is the part these nurses liked most. Rather than coming to the room to check on us, nurses would call our rooms to check on us, only visiting to take vitals and take blood. As they left they peeled off their rubber-plasticky aprons and dropped them in a hamper, never removing their masks. I have no idea what any of them looked like from the top of their noses down, I never saw them without masks. To my mind, they were the extent of my human contact, and as such, they were all beautiful. Including Edgar, my overnight nurse.

The sense of isolation—on all our parts—was palpable. And anyone who's been in the hospital or been with someone who needs medical care knows the value of having a third party around when the docs visit. It's two minds to remember what was said, and two minds asking questions. There is no substitute. But there were no visitors, so I was on my own, and often lacked the answers to questions Beth had.

By the end of my stay, I made a point of engaging my nurses. My Cincinnati RN's boyfriend hailed from Beverly, and is a die-hard White Sox fan. She of course is a Reds fan. I had similar chats with others, and it became clear that they needed it as much as I did.

I've found myself trying to remember all their names, but alas.

The other impression is one that still leaves me gob-smacked: Our state and city governments and leaders are kicking ass. It's been a long time for us Illinoisans, but I think we have keepers in Pritzker and Lightfoot. My personal experience: After six days in the hospital my symptoms had waned, but they wanted to take no chances sending me home. So the city has deals with various hotels. One is for cops, fire department staff, and other first responders who want to avoid taking the virus home. They stay free at a pretty nice place downtown.

When I was discharged from Northwestern Hospital last Wednesday, a Chicago Fire Department representative came into the lobby to retrieve me. We walked to a City pool van. He pointed at the back door. I got in—we were separated by a huge plastic curtain. He drove to the service entrance of a boutique hotel just a few blocks from the hospital. As I left the van, he said "Good luck." That was the extent of our interaction. A gowned up, masked up woman with a clipboard greeted me and checked me in. (We'd had phone calls about the details in advance.) Then a woman in a full hazmat suit wanded me for weapons.

I was escorted to my room. No key, as they didn't want me or others wandering. Inside there were masks and hand sanitizer galore. Three times a day I'd hear a knock on my door. I'd don my mask, open the door—no humans in sight, just a bag of food in front of my door, and at about a dozen doors down the hallway.

Each time I retrieved my food and ate like a stupid person. The food was essentially bar food—everything came with fries! OMG, after the hospital food, I couldn't get enough. I also developed a Coke jones—and I hardly ever drink soda. Twice a day a nurse would call and run me through a questionnaire, and then wait on the phone while I took my temperature. (The electronic thermometer had memory so there would be no cheating.)

On Saturday, 10 days after I took the cab to the ER, a nurse handed me a letter from the city that stated I unequivocally was no longer radioactive and was clear for normal life, whatever that is. I got in the cab, and took an other-worldly ride down Michigan Avenue on Saturday afternoon. There were more construction workers on the streets than anyone else (also smart: Chicago is going all out on street construction during this quiet period).

(Continued on page 6)

# Safe & Sound Blog

by Beth Finke

<http://Bethfinke.com/blog>



Alone. Together. April 9, 2020

Two weeks ago today Mike was admitted to Northwestern Memorial Hospital in Chicago with the COVID 19 virus. Here are some things that happened at home while he was away:

- When I let my friend Jamie (yes, the same Jamie who was driving me to school visits before the pandemic hit) know, she rallies her book club and some old college friends to help.
- Each would choose a night and charge a meal for me at one of our small Printers Row restaurants taking to-go orders now (ordering directly means restaurants do not have to share proceeds with delivery companies).
- Neighborhood friends volunteer to pick up my dinners and deliver them to our condo
- I eat well.
- "It takes a village," I text to one of those local volunteers to thank her for delivering a meal to me one night.
- "And ours is a good village!" she texts back.
- I miss Mike.
- I get hooked on audio books by Irish author Maeve Binchy. The sweet lilting accents carry me far away, stories are playful. Kind of like Louise Penny books, but they take place in Dublin rather than Three Pines. And no one dies.

Becoming more adept at using [VoiceOver](#) (the speech synthesizer that comes with every iPhone) to text and answer the phone when Mike calls, or when caring doctors, social workers, friends and family contact me to see how he's doing.

- My part-time job moderating the blog for Easterseals National Headquarters (located in Chicago) continues, I am grateful, working from home, and, while distracted, I do what I can to devote my thinking brain to that work.
- I miss Mike.
- I set an alarm for 2:30 pm every day to listen to our governor and Illinois Department of Public Health Director give their daily update. Their honest and intelligent talks are comforting, and every once in a while the fabulous Mayor Lightfoot speaks at these, too.
- I miss Mike.
- Every night my longtime friend who is a doctor checks in with me, or I check in with her. She is working at one of the COVID testing sites and has sequestered herself from her family. Her COVID information helps me understand what Mike and I might be facing, and her friendship is sustaining.

- I join the 21st century and start carrying my iPhone wherever I go.
- Finish *Quentins* by Maeve Binchy. Starting her book *Evening Class* now.
- A box of treats — and a bottle of white wine! — arrives by UPS from my friend Jill, owner of the sensational cheese shop *Marché* in Glen Ellyn.
- That's when my nightly ritual begins: I pour a small glass of that wine every night at 8 p.m., open the window, get comfortable on the couch, nosh on *Marché* snacks and sip wine while listening to the nightly sing-along going on outside
- Somehow the days fly by.
- A box of unused masks and disposable gloves arrives here from my great-niece in Minneapolis, who took care of her mom (my niece Lynne), who was in hospice last year. The unused disposable gloves and masks were left over from that sad time — a bittersweet — yet extremely thoughtful and helpful — package
- Mike usually takes my Seeing Eye dog Luna out for her last "empty" of the day. Now I don a mask and disposable gloves every time I take her out, and, assuming bad guys are staying home during the pandemic, I am fearless when out with Luna after dark.
- Without being able to see, Unless people talk — or walk — loudly, it can be difficult to judge what six feet is. Luna and I do our best.
- When I hear the "ding" that tells me an elevator has arrived, I point that way, command "forward! And Luna leads me to the opening. "Anybody in here?" I ask. Not sure if the elevators here are even six feet wide, so if someone answers, I urge them to go ahead without us: I'm not pressed for time!
- Discovery: when wearing plastic disposable gloves, you can still feel the Braille dots in the elevator.
- I finish *Evening Class* by Maeve Binchy. On to her novel *Heart and Soul*.
- I miss Mike.
- Day 7 of Mike's hospital stay, and *Chicago Tribune* columnist Heidi Stevens contacts us to see if Mike and I would be willing to do phone interviews with her. "I do think your story is a really important one to get in front of readers," she writes, adding that she thinks it illustrates the complexities that this virus presents for different families. "It also emphasizes how problematic it is that testing is sometimes hard to find and the results take so long to get back, leaving families in limbo."
- We both are willing.
- Heidi interviews Mike in his hospital room that morning by phone.
- I am interviewed separately by phone at home.
- Photographers not allowed in hospital, so Tribune photographer comes to Printers Row, meets me outside to follow Luna and me on her afternoon "empty" walk. Heidi works fast. Her [column about Mike](#) is published by 5:30 pm that same afternoon. (continue next page)

(Continued from previous page, Beth)

- I miss Mike.
- In our evening phone call that night, Mike and I marvel at how Heidi Stevens does it: the column is beautifully written, accurate, and touching.
- Word is out now. Mike is in the hospital with COVID 19, and I am home alone with Luna.
- I miss Mike.
- Okay, enough of those Irish books. I start *Kill "em and Leave: Searching for James Brown and the American Soul* by writer, musician, and national Book Award winner James McBride — he grew up near James Brown, and the book is fun to read. Now reading *Slam* by Nick Hornby
- In her column, Heidi referred to Jamie's dinner delivery group as my "meal train," and friends, family and memoir-writing students near and far start asking me if they can hop on board.
- "Sure!" I respond, suggesting they buy gift cards in my name at local restaurants.
- Many of them do. Thank you all!
- I grant Jamie's group a furlough from the meal train and start phoning local restaurants who've received those gift cards to order my meals.
- Neighborhood volunteers continue picking up and delivering those meals to our condo, and, I think, appreciate the opportunity to check in at the restaurant to-go windows and see how their friends on staff are doing.
- I continue eating well.
- I miss Mike,
- I start ending my email and text responses to all the friends and family members who contact me after reading the Heidi Stevens column asking that, "If you pray,

please pray for us. If you think, send good thoughts our way."

- They do.
- It starts working. Mike getting better
- So it dawns on me. Yes, Mike has been away for two weeks now, but I haven't been here alone at all: all these people thinking about us reminds me. I'm one of the luckiest people I know
- Over the weekend, Mike is discharged after three-day hotel stay. Clear of COVID 19, he can come home.

• He does.

• We hug.

**Beth Finke**

(Continued from page 4, Mike)

I've never been happier to walk through my front door.

I think for a while I'm just processing vignettes from the past few weeks.

But there is this one thing: I never worried once about Beth while I was laid up. I didn't have to. Because our friends delivered food, and friends and family called from points around the country to check in. One couple from the neighborhood offered their apartment to me while they were out of town—but they have cats so that wasn't going to work.

Collectively, they all had our backs.

I can't name you all. Just know that it meant everything to me. George Bailey has absolutely nothing on me.

I love my city, I love my neighborhood. And we love all of you who helped prop us up. And we can't wait for the day that we can tell you in person. **Mike Knezovich**

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## Book Review: Jason DeParle, *A Good Provider Is One Who Leaves* (Viking 2019)

The cruel irony of the title, *A Good Provider is One Who Leaves*, sums up the lives of three generations of one Filipino family, beautifully chronicled by award-winning journalist Jason DeParle—all workers who love but leave their families to make their lives better. “Competing with the literature of gain is a parallel literature of loss.” The *Comodas* begin in Levereza, a slum on the mud flats near Manila Bay, overflowing with people living in lean-tos and shanties, often without food, electricity or running water, where “sanitation mostly meant flying saucers, bundles of waste wrapped in newspapers and flung into the surrounding canals.” This family saga *qua* social study focuses on legal migration, giving readers a chance to focus on the personal rather than the political questions of border crossings. Global markets typically refer to goods that cross oceans and continents. “Often ignored are the humans who flow over these same borders — the very people who drive the economies of the 21st century.”

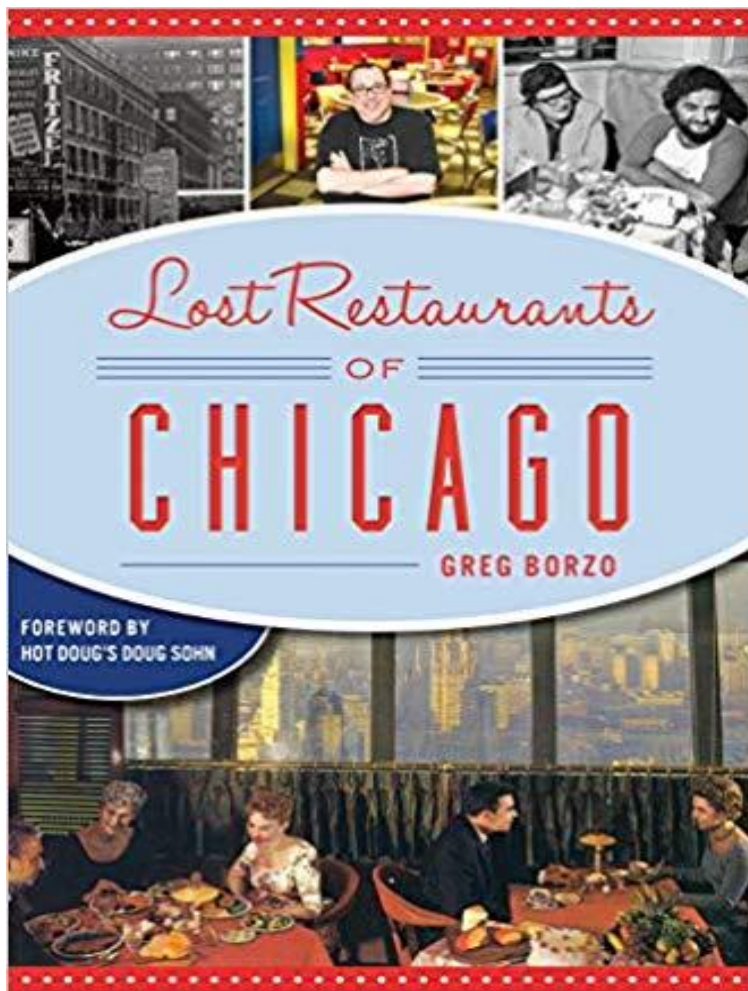
Emet, the patriarch, begins the exodus when he finds a job cleaning pools for the Saudi Army health club. His middle daughter, Rosalie, a nurse, follows him a decade later, traveling to Riyadh then Dubai, finally passing the American nursing qualifying exam and getting a visa. She “hits the jackpot”—unlike her peers in places like the Gulf States or undocumented immigrants to our country, who might

never qualify for citizenship or benefits—taking her husband and children from Manila to her job at a Texas hospital: one of the Filipinos making up 5-10% of all US nurses. Like other migrant workers, she is “wanted by her host countries, if not always welcome.”

The Philippines has an official policy of drumming up jobs for its under-employed, casting the Filipino as a “*genial hard worker, the best in low cost labor.*” Filipinos remit more than \$33 million back home, more than Manila receives in foreign aid or capital investment. Emigres are motivated not only by the island nation’s push, but by the pull of wages that are ten or even twenty times higher. All five of Emet’s children worked abroad, as did 24 of their 42 cousins. Immigration is not without cost: abuse and injury; enormous debt to employers or agencies; broken families; terminal loneliness. And now with the pandemic, living cheek by jowl and unpaid in places like Dubai, (where immigrants outnumber Emiratis 9-1) or serving on the front line in hospitals across the globe. It’s a gripping story that illustrates who are the brave, and the essential, among us.

Lorraine Schmall

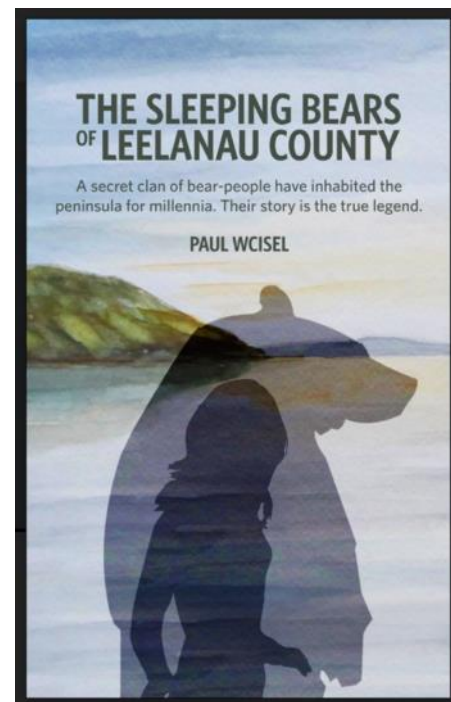
Dearborn Park  
April, 2020



A new novel by local author, Paul Wcisel ([paulwcisel.com](http://paulwcisel.com))

In a remote corner of northern Michigan, the residents of Leelanau County have a secret society that has been living on the peninsula for thousands of years. They are the bear-transforming descendants of tribes who crossed Lake Michigan millennia ago to escape the destruction of their clan.

One evening, a traveler has a chance encounter with a spirit bear and discovers he has a hidden history of his own. In the months that follow, he becomes deeply involved with the Sleeping Bear Clan and — depending on your point of view — a murder.





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The **My America: Immigrant and Refugee Writers Today** initiative includes an immersive multimedia exhibit, a related program series, and in-depth educational experiences that all explore the influence of modern immigrant and refugee writing in America on our culture, history, and daily lives. This website is an extension of that initiative, bringing a select set of the exhibit material to a wider audience.

<https://www.youtube.com/watch?v=2PTxQaREuZc>



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## Writing Out Loud

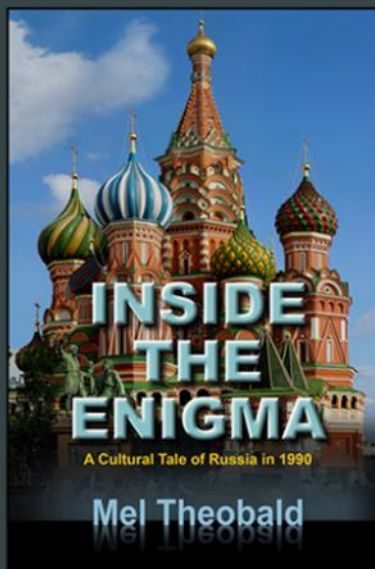
what a blind teacher learned from leading a memoir class for seniors

**Beth Finke**

## Inside the Enigma

### A Cultural Tale of Russia in 1990

by Mel Theobald



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## Retired in Chicago

### Way to help: donate platelets

By **Marianne Goss**, April 6, 2020

The message has been repeated numerous times: The best thing we can do for others during this pandemic is stay in. As sensible as the message is, the urge to do more grows stronger with every additional day of isolation. But what, other than donate money?

My nephew unwittingly gave me an idea the other day.

Ten of us were having our second weekly “family reunion” via Zoom. Matthew talked about how long and busy his workdays are at the Heartland Blood Center in Aurora. He mentioned the critical shortage of platelets, the fragments of blood that stop bleeding. Donated platelets need to be used within five days.

“Giving platelets — that’s what I can do,” I thought, feeling instantly better.

Blood banks assure us that it’s safe to donate now. Donation chairs are spaced the recommended distance apart, and steps to control infection are ramped up. Donors are screened, including temperature checks, to make sure they are well.

Blood donations are way down as people isolate during the coronavirus pandemic, causing a dire shortage of blood supplies. Blood is needed for millions of Americans with serious injuries and blood disorders and for survivors of major surgeries. Cancer patients regularly need transfusions of platelets, which help blood to clot, to prevent life-threatening bleeding. Low platelet count is a major side effect of cancer treatment.

Matthew alerted us that giving platelets is more taxing than giving whole blood, not because it is painful but because it is long. He spent almost two hours in the donation chair. He has his job to return to, but during this crisis, what better thing do retirees like me have to do with two hours?

During a platelet donation, whole blood drawn from an arm goes into a machine that extracts the platelets and returns the other blood components (plasma and red and white cells) to the donor. The cycle of extraction and return is repeated several times, with a single donation session providing platelets for as many as three patients. With check-in procedures and recovery afterward, the process takes up to three hours.

For those wanting to help more than once now, an upside of platelet donation is that you can donate every seven days, up to 24 times a year. Those who give whole blood have to wait eight weeks to make another donation.

Anyone interested in donating platelets, other components, or whole blood can search for a nearby donation location through the websites of the [American Red Cross](#), the [American Association of Blood Banks](#), or [America’s Blood Centers](#). Appointments are needed for platelet donation. I made an appointment at Vitalent (formerly LifeSource) in the Thompson Center on the earliest available date.

Before Matthew mentioned the need for platelets, I had looked into whether the Greater Chicago Food Depository needs help packing grocery boxes. Indeed it does, but it is recommending that people older than 60 not volunteer. (It’s interesting that we’re discouraged at the same time retired health care workers are being welcomed back into hospitals — another example of the sometimes contradictory messages about this virus.)

My church is continuing its food mission, providing take-out meals in partnership with a restaurant. Like blood centers, it is following strict protocols to keep both volunteers and those served safe. The number of volunteers at each event is limited. I haven’t been asked yet, but if I am, I expect I’ll go.

I’m not trying to be heroic, but I live alone and don’t have an underlying health condition. There is no one I would bring the virus home to.

Helping both blood banks and food pantries has a selfish motivation, too. I’d have justifiable excuses for getting out of the house.

\*\*\*\*\*

#### WHEN WE COMPLAIN OF ISOLATION . . .

A cartoon by the *Pittsburgh Post-Gazette*’s Steve Kelley has a spot-on message when we complain of isolation now. An elderly military veteran says, “I shipped overseas for 33 months, marched through muddy fields and jungles, and dug trenches under enemy fire. I did it for the sake of other Americans.” Sitting across from him, the other person replies, “I’ve been stuck mostly at home for two weeks, forced to eat takeout and binge-watch series on Netflix. I don’t know how much more I can take.”

\*\*\*\*\*

#### ANTI-TRUMP QUOTATIONS: 108TH IN AN ONGOING SERIES

“In a [NIH] video that leaked online last week, Dr. [Anthony] Fauci was seen telling colleagues at the National Institutes of Health that he regularly made suggestions for the president’s prepared remarks before the daily briefings, but that Mr. Trump ‘almost always’ ignores them.”  
— *New York Times*

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Thursday, April 2, 2020

### City to Provide Rooms at Sloop's Hotel Essex to First Responders



Looks like a prominent new Sloop hotel is playing a major role in the city's response to the Covid-19 pandemic (via [Chicago Tribune](#)):

The city will provide 274 hotel rooms for Chicago's paramedics, firefighters and police officers as a respite for those who may have been exposed to people with the coronavirus, Mayor Lori Lightfoot announced Tuesday.

The rooms will be provided by the Hotel Essex, 800 S. Michigan Ave., the mayor said, speaking at a graduation ceremony for new Chicago Fire Department paramedics.

"These rooms aren't for first responders who are themselves sick," Lightfoot said. "We have hospitals for that. However, the reality is that they are coming in contact with the virus everyday and working long, hard hours. And some of them may prefer to stay downtown rather than going home to their spouse, kids or friends."

Jim Tracy, president of Local 2 of the Chicago Fire Fighters Union, said the new accommodations were a relief.

"Everybody's got a different situation that they live with, whether they've got young children, whether they have somebody with an autoimmune deficiency, whether we have senior citizens or grandparents that we're taking care of, or grandparents," Tracy said.

As a reminder [the new hotel opened in April last year](#) to much fanfare. The complex also has a huge, high-end apartment tower next door. The shared amenities at the building are drool worthy, but we imagine the city's first responders won't be taking advantage of those. At least they will have the sweeping views of Grant Park, Lake Michigan and our beautiful city.

Obviously the first responders likely don't care about those amenities...but glad to see our local heroes are getting some top-notch care themselves.

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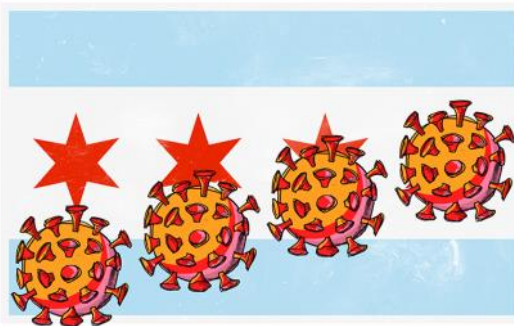
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# Out of an Abundance of Concern: How to Help Save Chicago Culture during Coronaviral Times

March 26, 2020 by [Brian Hieggelke](#)



We no longer have to imagine life without culture; thanks to the statewide lockdown, we're living it. For now, we take solace in its eventual return. But culture in all its aspects—from the artists and restaurant workers who live paycheck-to-paycheck or gig to gig to the largest institutions—faces existential issues that will outlive the pandemic. On this page, we're aggregating links to fundraisers and other initiatives that are springing up to counter the effect of the outbreak that has threatened our livelihoods and culture itself. Though not listed here, almost every nonprofit in the city that takes donations needs them now more than ever. If you can help, here's how. We'll all thank you for your role in saving Chicago culture. (Email [corona@newcity.com](mailto:corona@newcity.com) with suggested additions.)

The state of Illinois, city of Chicago and the philanthropic community have just teamed up to launch [Arts for Illinois](#), featuring grants to nonprofit cultural institutions and artists alike.

## Art

### [Artists of Color Emergency Grants](#)

Hilton Asmus Contemporary gallery has launched [Hilton Asmus Live](#), a broadcast series about art and artists.

[The Museum of Contemporary Photography is running a series of events on Zoom.](#)

## Dance

[Chicago Dance Crash](#): is streaming "Bricklayers of Oz: The hip hop origin story of the Yellow Brick Road" through March 31.

**Red Clay Dance**: video streaming series of performances and rehearsal footage leading up to the previously scheduled "Visions & Voices" program, on Red Clay's [Instagram](#) and [Facebook](#) pages now through April 4.

**Winifred Haun & Dancers with Banks Performance Project**: live streaming open air performance "Perennial & Persistent" April 17 at 6pm.

**Mandala South Asian Performing Arts**: Mandala's Makers Festival, scheduled for June, goes virtual. Festival artists to be announced in April.

**Lucky Plush Productions**: Plucky Lush Virtual Party. Lucky Plush's annual fundraiser party moves online. May 7, tickets starting at \$25.

**Dance Center of Columbia College**: The Dance Center is making full length videos of past performances available to stream through the end of May.

**Hubbard Street Dance Chicago** has a COVID-19 Crisis Relief Fund to cover salaries and healthcare for dancers and staff.

Dozens of local dancers and companies are offering livestream classes for free or donate-what-you-can, including, but not limited to: [Aerial Dance Chicago](#), [Ayako Kato/Art Union Humanscape](#), [Ballet Chicago](#), [Dance Center Evanston](#), [Deeply Rooted Dance Theater](#), [Hubbard Street Dance](#), [Joel Hall Dancers](#), [Lucky Plush Productions with University of Chicago](#), [Visceral Dance Chicago](#), [Molly Shanahan/Mad Shak](#).

## Design

[The Silver Room has launched a GoFundMe to support its staff during the closure.](#)

## Dining and Drinking

The hospitality industry has been especially hard hit, with thousands of employees laid off. Many restaurants, nearly all of them small businesses, are open for carry-out and delivery, even when that is not their normal m.o. Others are hosting GoFundMe campaigns for their workers.

**Dining at a Distance**: Jenn Galdes of Grapevine PR helped launch a directory of restaurants open for carry-out and delivery.

**Chicago Hospitality United**: Cody Hudson designed a line of T-shirts and sweatshirts (and more) to support hourly Chicago workers.

[The Fifty/50 Group is hosting free daily food drives for "service industry family"](#)

**Restaurant Workers Relief Program**: West Town Bakery has been transformed into an ongoing headquarters for worker relief, offering to-go dinners and grocery bags to unemployed restaurant workers.

James Beard-nominated [Chef Jenner Tomaska will auction a private, in-home dinner via Instagram](#) to raise funds for Virtue Restaurant's Employee Relief Fund and first responders in the Hyde Park community, beginning April 3 at noon and running 24 hours.

### GoFundMe Fundraisers for hospitality employees

[The Berghoff](#)  
[Cafe Marie Jeanne](#)  
[Cellar Door Provisions](#)  
[Daisies](#)  
[DineAmic](#)  
[Elizabeth Restaurant](#)  
[Fat Rice](#)  
[The Fifty/50 Group](#)  
[Lettuce Entertain You](#)  
[Moody Tongue Chicago Culinary Brewery](#)  
[One Off Hospitality Group](#)  
[Pacino's](#)  
[Sepia and Proxi](#)  
[Sofi Restaurant](#)  
[Virtue Restaurant](#)

## Film

[Siskel Film Center's "Film Center from Your Sofa." in collaboration distributors to provide streaming of features previously scheduled for their screens.](#)

[Music Box Theatre is streaming Chicago-made indie hit "Saint Frances" in a limited streaming release.](#)

[Music Box Theatre is teaming up with Kino Lorber](#) starting March 25, for the Brazilian film "Bacurau."

[Music Box Theatre is streaming Ken Loach's latest, "Sorry We Missed You," via Kino Lorber, starting April 8.](#)

Lit (Continued from previous page)

### [Newcity's list of virtual readings](#)

Chicago indie bookstores still open for online orders and, in some cases, curbside pickup:

[Bookends and Beginnings](#)

[Open Books](#)

[Seminary Co-Op](#)

[Bookends & Beginnings has launched a GoFundMe](#) to ensure its survival.

[Seminary Co-Op has launched a GoFundMe](#) to address this "existential threat."

### Music

[Access Contemporary Music is launching a four-part virtual lecture series on classical music beginning April 8 at 4pm.](#)

The Gray Center for Art & Inquiry is launching weekly [Gray Sound Sessions](#) April 7 at 8pm. Its debut performance will be Opera Povera's Full Pink Moon: Opera Povera in Quarantine.

[The Jazz Showcase is selling gift certificates to benefit employees and their families](#)

GoFundMe fundraisers for live music venue employees

[Hideout](#)

[Martyrs'](#)

### Stage

[Chicago Shakespeare Theater has launched Shakes@Home](#)

[The League of Chicago Theatres has launched the Chicago Theatre Workers Relief Fund.](#)

[The Annoyance is locking its staff and some comedians in for ten days has launched a GoFundMe campaign.](#)

[The Lyric Opera has launched The Heroes' Fund to modestly offset the loss from the cancellation of the "Ring Cycle."](#)

[Paramount Theatre is producing "Connections: A Social Media Concert Series" on Saturdays at 8pm.](#)

[Pride Films and Plays presents a live virtual reading of Terrence McNally's "Mothers and Sons" on April 16 at 7pm.](#)

[Theatre Wit is streaming "Teenage Dick" through May 3.](#)

[TimeLine Theatre is streaming a performance of "Kill Move Paradise" from April 1 to April 19.](#)

### Media

[The Chicago Reader is making a coloring book with local artists](#)

[Do312 starts a GoFundMe to stay in business](#)

### General

[Alliance Francaise Chicago is moving classes and events online.](#)

[Chicago Artists Relief Fund](#)

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# OPINION

The views and opinions expressed in this newsletter are those of the contributors and do not necessarily reflect those of the editor or South Loop Referral Group.

## The Biggest Biden Bernie Betrayal of all may be on its way: Kamala Harris for VP

The only time Senator Kamala Harris made any headway as a presidential candidate was back in June. In a debate. When [she told Vice President Joe Biden](#) that even though *she* really didn't believe he was a racist, he was a racist. Because he worked with racists in Congress in the past and that he'd been against busing back in the day.

She was all rehearsed and polished when she broke in during the debate to say that. She'd practiced the attack and didn't want it to go to waste. And she had a Tweet all ready, too. Which went out within seconds of her attack. And so did the related merch; [it was all ready to roll](#), just as fast as her new followers could get online and buy it.

Her numbers zoomed up rapidly. But they toppled down just as fast. As she walked it all back and changed her mind a few times in every direction.

Negative information started coming out about her, too--about her prosecutorial record, and the way she [zoomed up in politics in California](#), going from a prosecutor to district attorney and then to attorney general of California and Junior Senator of same.

And then? She [dropped embarrassingly behind Andrew Yang](#)--to 5th place--in her home state. And behind [Tulsi Gabbard](#) in New Hampshire. And behind just about everyone who was anyone in Iowa.

Voters figured out she was nothingness personified. But more than fluff, to be sure. Because ultimately they found out she was a mean and thoughtless prosecutor who laughed and laughed, for instance, when she broached the biggest idea of her career: she was going to "spend political capital" on, of all things, jailing California parents of truants.

(Watch that performance on the video within the whole story [here](#).)

So who was the racist then?

She also laughed and laughed on the radio last year, when she talked about smoking pot when she was younger. Hearing what she said [angered her father no end](#); he called it pandering. Which made me wonder how much she laughed and laughed when she locked up a ton of young black men for pot violations--as a California prosecutor. Some [for life](#).

So who was the racist then?

But Biden told Harris--virtually--at a virtual fundraiser for Harris a few days ago to retire her campaign debt that he and she were going to work together against Trump. And that [he was "coming for" her](#).

And I don't think he meant he was coming for Kamala the way he came for [Corn Pop](#). Everyone's said since Day 1 that she'd be his vice (no pun intended).

He's coming for her, say the pundits--as early as this week--ever more loudly now, the same ones who've been saying it since they both announced their presidential intentions--that he'd be coming for her as his running mate. If he won and she didn't.

Why now? If the chattering class is right, picking a running mate is tops on his list of things to do. He seems to need help, that's for sure. He seems unable to handle a campaign on his own.

In four words, he's no Andrew Cuomo.

Or maybe because Barack, half Kansan, half Kenyan, wants his female counterpart--half [Brahmin Tamil](#) Indian, half [Jamaican slave-holder](#), to be president someday like him? Maybe he had a talk with Biden about that? *I helped you, Joe, and you helped me; now let's help our girl, K...*

Or maybe Barack wants to help [China-toady](#) Biden shore up his campaign chest, which appears to be close to broke--especially in

comparison to Trump's. And Harris is an uber money-getter and a strong corporate democrat. The strongest. (Of course, I can't think of any successful Democrat who isn't a corporate democrat--except Bernie, who isn't successful [or a Democrat](#).)

But a Barack Obama she's not. She has no power to electrify or to motivate. Or to think anything through. She's undeserving to carry on the Obama legacy.

Even though there may be reasons to "reward" her. Nefarious ones, to be sure.

Harris, who [just started a fundraising operation with the DNC](#) (What? Why? Unless....) has made deep inroads into Hollywood and other rich points in the west, and in New England, [and on Wall Street, too](#). And she's woven deep monied connections through the years. It's the California way.

And she has long tentacles into the money the corporate money-givers shower on the right kind of politicians. The ones who won't try to stop the gravy train like Bernie Sanders would. They know she won't. And they're right.

And oddly, even though we know she was [showered with a lot of special interest money](#) in the run-up to the primary--unlike money from the little people like Bernie was--we also know that she had to quit her campaign before the votes started being cast and counted because she had gone through a total fortune of cash, wasting everything she raised. And getting absolutely nothing for it in the polling numbers game.

Hmmmm.... Maybe The Richie Riches don't want their money wasted and *they're* behind matching up the potential Biden-Harris duo? Something like, *We paid Kamala, Joe. Now you pay us back. Make her VP.*

Maybe so.

Even though her campaign was ill-fated and very ill-run. One top level staffer, her state operations manager, [said she never saw a campaign treat its staff so badly](#) and she quit. And that was the end of Harris' campaign. Until now.

But Biden's coming for her, nonetheless! And the hot mess is all in the past.

Suddenly, surprisingly and suspiciously, Harris is out there, [co-sponsoring](#) Covid-19 related bills and co-chairing Covid-19 related investigations, becoming a real johnny-on-the-spot. And in return? A little Senate recognition to keep her name alive, perhaps? Like she's [been doing for the last three years](#)? Buffering her image so she could hop, skip and jump into the White House. Or, alternately, in-to [Number One Observatory Circle](#), where the veep lives. Until Biden retires....????

All of this, without strengthening her character, her message or her knowledge. And with shades of doing things no one ever should: like speaking out against big law firms at a campaign event, [while at literally the same moment her husband was out picking up cash for her campaign from big law firms](#).

Continued on page

Bonnie McGrath

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(Continued from previous page)

But the most heartbreaking part of all this is that right after Biden (from his basement) told Bernie what a great guy he was for helping reform the democratic party into its true self and that [he was going to institute Bernie's good ideas](#) and all would be good forever, blah blah blah...and goodbye Bernie. Nice knowing ya in the House and in the Senate and when I was Vice. Oh, and don't forget to get the bros to vote for me on your way out, OK? OK?

Slam!

And then? Biden turned around and said he was coming for Kamala Harris. About the most different sort of politician on earth from Bernie Sanders. She can't keep a political principle in her heart or head for any longer than Corn Pop could keep his cool. Except to live this principle: Wall Street good. And Bernie Sanders not so good.

So what's Bernie going to do when Kamala Harris seals the deal with the just now Bernie-endorsed Biden? (*I'm here to help you, Joe! I'd love to be your VP. Even though I called you a racist...Tee-Hee.*)

Bernie just may, as they say, "grow a pair" like Biden--who keeps challenging anyone who challenges him on the issues [to just step outside](#). (His security people move him along before anything serious happens.)

And Bernie just may say something like this: *Go get him, bros, teach him a lesson. Do it for Corn Pop! And by the way, don't vote....*

*Bonnie McGrath*



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### This contest just keeps on getting better!

South Loop residents have been supportive of the local restaurants that are trying to survive during this most difficult time. It's time to pick it up a notch and have some competitive fun at the same time!

SLN is hosting this **contest** which runs from April 15 to April 30. The contest is relatively straight forward - who can order the most times from restaurants in the South Loop who have stayed open to provide pick-up/takeout and/or delivery, during this specific time frame.

**We now have a very gracious sponsor for the contest, a Community Builder Member of the SLN, who has stepped forward to sponsor this contest, allowing SLN to expand the prizes given:**



Because of the generosity of [Everywhere Wireless](#), we have been able to upgrade the prizes to be awarded, which will now be as follows:

**1st Place - \$100 Cash and \$50 Gift Card to Choice of Restaurant\***

**2nd Place - \$50 Cash and \$50 Gift Card to Choice of Restaurant\***

**3rd Place - \$25 Cash and \$50 Gift Card to Choice of Restaurant\***

(\* Gift Card MUST be for a restaurant located in the South Loop- see Rule 1)

1. Orders must be from restaurants located in the South Loop as defined by the area bounded by Jackson Blvd, to approximately 25th Street and from the Chicago River to Lake Michigan.
2. Orders must be for at least one entree item.
3. All contestants must submit their list of restaurants patronized, supported by a copy of the receipt for each order or some other validation of the order(s). Submissions need to be emailed to [president@southloopneighbors.org](mailto:president@southloopneighbors.org) no later than May 5, 2020.
4. See below link for a list of restaurants in the South Loop that are currently offering pick-up/takeout and/or delivery. As this list can change, restaurants do not have to be on the list to count as long as they are located within the South Loop, as identified under #1.
5. A tie in the number of orders completed will be broken by the number of establishments ordered from. (For example, if 3 people are tied with 15 orders, but 1 has ordered from 3 restaurants, 1 has ordered from 6 restaurants and the last has ordered from 15 restaurants, the one ordering from 15 restaurants wins).
6. The contest is open to both SLN members and non-members so please share!

**TIP: A relatively easy way to increase number of purchases is to purchase separate meal(s) and donate them to someone working in a medical facility or to first responders.**

Click [ON THIS LINK](#) to see REVISED list of locations open for takeout/pickup and/or delivery. If you click on the specific location logo, it will bring you to their website.

**Or this link <https://www.southloopneighbors.org/>**

## Columbia ‘authors the culture of its time’ with plans for digital Manifest

By [Kendall Polidori](#), Managing Editor | March 31, 2020

Emma Young was studying abroad in Germany during the Fall 2019 semester when she spent more than a month focused on writing and producing a song for Manifest’s song competition—something she has been looking forward to since she was a freshman.

Young—a senior contemporary, urban and popular music major and the 2020 song competition winner—said she took time away from her activities in Germany to put all of her energy into the song, which she said is about the “triumphant times” Columbia students have gone through and overcome.

“I was really looking forward to the energy of the festival and the positive light that you get from performing on a big stage and in front of your peers,” Young said. “It was going to be this really triumphant moment where I’m celebrating with my graduating class. And now, that feeling is going to be lessened.”

Columbia’s annual Manifest Urban Arts Festival—a day-long festival put together by students largely featuring work from graduating seniors in an array of majors—will take a new form this year as the Manifest RISEs Digital Festival.

Due to campus building closures and in-person classes being moved online for the remainder of the semester because of the coronavirus, or COVID-19 pandemic, the usual single-day festival will now be a weeklong celebration online May 11-15, according to an email from Associate Dean of Student Life Kari Sommers to the Chronicle.

This year’s theme, “RISE,” serves as a prompt to bring Columbia’s community together, Sommers said. It is a “unified vision” that President and CEO Kwang-Wu Kim said is “more appropriate now than ever” in his March 23 collegewide email announcing the transition of the festival and [the cancellation of commencement](#). <https://columbiachronicle.com/columbia-authors-the-culture-of-its-time-with-plans-for-digital-manifest>

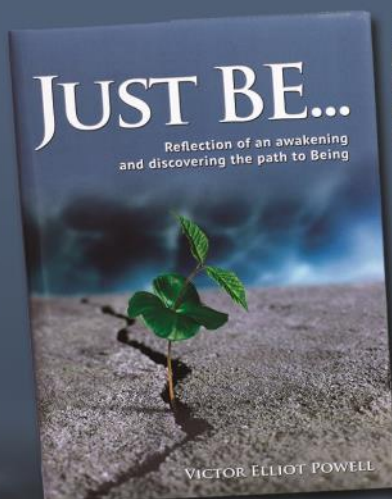
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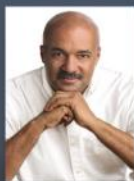


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Susan Bass Marcus writes and illustrates fiction, essays, and reviews. Her Dragonwolder fantasy novels, *Malevir: Dragons Return* and *Where Dragons Follow*, offer a world of dragon clans, an enigmatic menace the Malevir, sprites, goblins, questing humans, and magical giants. Her musings appear weekly on her blog, “About Susan Marcus,” <https://susanbassmarcus.net>. Both paperbacks are available at Sandmeyer’s Bookstore.





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[Contact The Grail Cafe on Messenger](#)

[www.thegrailcafe.com](http://www.thegrailcafe.com)

[Coffee Shop](#) · [Vegetarian/Vegan Restaurant](#)

Hours 7:00 AM - 5:00 PM



### Totto's Market

751 South Dearborn Street  
Chicago, Illinois 60605

[Contact Totto's Market on Messenger](#)

[totosmarket.com](http://totosmarket.com)

[Specialty Grocery Store](#)

Hours 8:00 AM - 8:00 PM



### Half Sour

755 S. Clark St.  
Chicago, Illinois 60605

(312) 224-1772

[Contact Half Sour on Messenger](#)

[www.halfsourchicago.com](http://www.halfsourchicago.com)

[Bar](#) · [New American Restaurant](#) · [Bar & Grill](#)

Hours 9:00 AM - 12:00 AM



### Flaco's Tacos

725 S Dearborn St (0.75 mi)  
Chicago, Illinois 60605

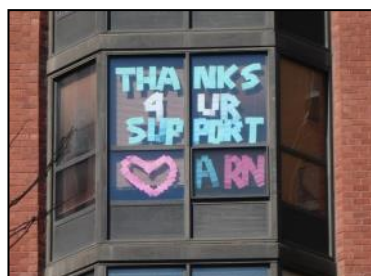
(312) 922-8226

[Contact Flaco's Tacos on Messenger](#)

[www.flacostacosonline.com](http://www.flacostacosonline.com)

[Mexican Restaurant](#) [Get Directions](#)

Hours 10:30 AM - 9:00 PM



# we miss you!

THINKING OF ALL OUR AWESOME CLIENTS AS  
WE CONTINUE TO SHELTER IN PLACE.

STAY SAFE AND HEALTHY EVERYONE!

[BIGSHOULDERSCHICAGO.COM](http://BIGSHOULDERSCHICAGO.COM)

<https://www.bigshoulders.com/>

Our sentiments  
exactly!

## Mondays with Mike:

by [mknezo2014](#) | Apr 13, 2020



## OPINION

The views and opinions expressed in this newsletter are those of the contributors and do not necessarily reflect those of the editor or South Loop Referral Group.

### In This Together?

Largely, people are rising to the task during these extraordinary times. Our friends and family have been heroeitous. But.

[There's a Lincoln automobile commercial](#) that shows a woman in a luxurious remote house looking out at her luxurious driveway. One Lincoln car is parked in the drive. Another pulls up. She's traded in one obscenely expensive car for another. Somehow surviving this crisis! The driver hands the woman some documents, gets in the other Lincoln and drives it away. The young woman looks in at her kids. Everything is copasetic! People are dying and she got a new car without having to deal with the unwashed masses!

Dear Lincoln Motors, Toyota, Chase, Fifth Third Bank, Pizza Hut, Apple, Google, and every fricking corporate piece of shit, STFU! You don't care about me anymore than you did a couple months ago. You got a ginormous tax cut awhile back and you hoarded it.

One thing this thing has done is lay bare what's wrong with everyday America. The most glaring thing?

[The plight of lots and lots of black people](#) and moreover, people without the means to live in a luxurious remote home and drive a goddamn Lincoln. Many people, owed to our illustrious history, don't have access to the stuff that people like me take for granted. Like health insurance. Like doctors. Like healthy food and grocery stores. Like clean air.

Lots of us at certain levels get severance packages when we're let go from our jobs. It sucks getting canned, but getting severance is a shit ton better than going through the demeaning process of applying for unemployment. I had to apply for it once, decades ago. It IS demeaning, and we make it that way on purpose.

The gap between the haves and have nots is insane, and it's **not** based on merit. Just look at the parasitic monkey family in the White House.

We can do better. We have to do better or we'll go down the drain.

By the way. I'm back.

## Online LIVE Class Schedule

### Gentle Yoga Stretch:

Monday, 11:30 AM with Sylvie  
Props: Strap or similar

### GYROKINESIS®:

Monday, 5 PM with Briana  
Props: Chair

### Gentle Pilates Mat (35 Minutes):

(w/ focus on Neurological Conditions)  
Wednesday, 11:30 AM with Briana

### Intermediate Mat Pilates:

Thursday, 11:30 AM with Sylvie

### Gentle GYROKINESIS®:

Friday, 11:30 AM with Briana  
Props: Chair

Advanced Registration is required:

\$10 for ROI members

\$15 for non-members

Unless otherwise noted, all classes are 50 minutes

All classes EXCEPT gentle GYROKINESIS® would benefit from having a mat

To register, email [info@roiholisticfitness.com](mailto:info@roiholisticfitness.com) &  
visit [www.roiholisticfitness.com/online-live-class-schedule](http://www.roiholisticfitness.com/online-live-class-schedule)

We will send you a ZOOM link to the class once you are registered.

In *Chicago Cooks: 45 Perfect Recipes for the Passionate Palate*, the basics are covered for any kind of meal.

Not every food category is included here, but the ones we have chosen represent a foundation any cook will need to provide for a family or to entertain brilliantly. We hope you will trust us and try these recipes so that you can experience food made with care and passion, food that stimulates your palate, and inspires you to share each recipe with those you love.

The two authors are long-time residents of Chicago. Returning to Chicago after 40 years in California as a jazz producer and recording engineer, **Jonathan Horwich** has continued pursuing his passion for music and high quality sound. **Carol Montag** grew up in St. Louis, MO and came to Chicago to attend The University of Chicago and never left. She has been an educator for 52 years as a classroom teacher, school administrator, and educational coach.

<https://www.chicagocooks.net/>  
Available at Sandmeyer's and Amazon.

## Chicago Cooks



45 PERFECT Recipes for the PASSIONATE Palate

Jonathan Horwich & Carol Montag



## If Coronavirus Scares You, Read This to Take Control Over Your Health Anxiety

**A pandemic is fertile ground for those who suffer from anxiety—here's a short guide on how to manage it.**

[The Guardian](#) |

Rhiannon Lucy Cosslett

When news of the coronavirus broke at the end of last year, and as the stories from the outbreak became more alarming over time, I found myself wondering how health anxiety sufferers were coping.

You see, I used to be one. In late 2015, I suffered a post-traumatic stress disorder relapse which led to debilitating anxiety, much of which was health-related. During that period, I was paralyzed by the thought of becoming ill and dying. I was constantly checking for symptoms and signs of disease online and I was fixated on the health of my loved ones.

After treatment, including trauma-focused CBT, I almost completely recovered. But I remember vividly how it felt to be in an all-consuming state of panic. For many months, it ruled my entire existence. Approximately 40 million American adults – roughly 18 percent of the population – have an anxiety disorder, while in the UK there were 8.2 million cases of anxiety in 2013. There are few statistics about health anxiety, but it can affect those who have an existing anxiety disorder or those who have experienced a life event such as bereavement, birth trauma or an accident. In times like these, where a global pandemic is taking up most of the media conversation, it can be even more difficult to stay calm.

Here is some advice that may give some comfort to those of you who are struggling. [CLICK HERE FOR THE REST](#)

[https://getpocket.com/explore/item/if-coronavirus-scares-you-read-this-to-take-control-over-your-health-anxiety?utm\\_source=pocket-newtab](https://getpocket.com/explore/item/if-coronavirus-scares-you-read-this-to-take-control-over-your-health-anxiety?utm_source=pocket-newtab)



**Working with a designer can save you money!**

**Here are a few examples:**

- Designers receive discounts on many industry furnishings and can pass some of those savings on to you. These savings really add up when purchasing higher end products, furnishing large spaces or remodeling kitchens and bathrooms.

- When working with a designer you will receive guidance in space planning including room

layout, scale and placement of furniture, artwork and accessories, which can help you avoid costly mistakes.

- Simple steps, such as painting, accessorizing or even just moving around artwork (e.g., changing groupings and mats / framing) may be all you need to freshen up your space. These kinds of improvements can often be accomplished with minimal time and budget.

- Your designer can help to ensure that your lighting is up to task and that you have the window treatments that provide light control, insulation and fans to even out temperatures.

[Jaqi@jaqigreeninteriors.com](mailto:Jaqi@jaqigreeninteriors.com)

*Nice & Distressed*

**Furniture  
Décor  
Gifts**

Fresh Vintage Charm  
Historic Printers Row  
723 S Dearborn  
Chicago, IL 60605  
[NiceAndDistressed@gmail.com](mailto:NiceAndDistressed@gmail.com)


**Indigo Digital Printing.com**

900 South Wabash Avenue  
(Entrance on 9<sup>th</sup> Street)  
Chicago, Illinois 60605  
(312) 753-3025  
Fax: (312) 753-3151  
[www.indigodigitalprinting.com](http://www.indigodigitalprinting.com)  
e-mail: [indigo@rcn.com](mailto:indigo@rcn.com)

8:30 a.m. to 5:30 p.m. Monday through Friday  
11 a.m. to 4 p.m. Saturday

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Personal & Business Stationery • Brochures • Post Cards  
Newsletters • Booklets • Flyers • Posters • Banners  
Large Format Printing • Binding and More...**



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Planning Board**  
Catalyst for Growth

**MOODY  
TONGUE**  
BREWING COMPANY | PILSEN, CHICAGO

### Best Western Grant Park Hotel

1100 S Michigan Ave  
Chicago IL. 60605  
(312) 922-2900  
\$60 + 17.4 % tax per night  
from April - May 31, 2020.

This will apply to travel nurses  
and or to all local staff, nurses,  
doctors that needs accom-  
modations near proximity to  
hospital.



### Binny's Southloop

1132 S Jefferson St  
Chicago, IL 60607  
312-768-4400

In-Store and Curbside Pick-up  
Available

12pm-5pm Sunday - Tuesday  
11am-7pm Wednesday - Sat-  
urday



### The Spoke & Bird

205 E. 18th St.

Take-out & Free Delivery to  
South Loop Residents

7am - 5pm Daily  
(929) 263-2473

### Moody Tongue

2515 S. Wabash Ave

4pm - 7pm Curbside Pick-Up  
or Delivery Service

(312) 600-5111

\*Limited Time Only\*

Beer-To-Go

Thursday, April 2 - Saturday,  
April 4

[Visit our website](#)

[Visit our website](#)

[Visit our website](#)

[Visit our website](#)



### Flaco's Tacos

725 S. Dearborn

Take-out & delivery 11 am -  
8pm

312-922-8226

GrubHub, Uber Eats, Door-  
dash, Postmates



### Burger Bar

1150 S. Michigan Ave.

Delivery 11:30 am - 8:00 pm

312-988-0162



### Kurah Mediterranean

1355 S. Michigan Ave.  
Take-out & Delivery 4pm -  
9pm  
312-624-8611  
GrubHub, Uber Eats, Door-  
dash



### Café Press

800 S Clark St

Delivery & Picku Daily 7am-  
8pm

312.588.1101

[Visit our website](#)

[Visit our website](#)

[Visit our website](#)

[Visit our website](#)



### South Loop Club

701 S. State St.

Take-out & Delivery 11am -  
12 am

312-427-2787

Grubhub, Uber Eats, Door-  
dash



### Printers Row Wine Shop

719 S. Dearborn St.

Take-Out Only 12pm - 8pm



### Weather Mark Tavern

1503 S. Michigan Ave.

Take-out & Delivery 11pm -  
8pm

312-588-0230

Grubhub, Doordash



### Victory Tap Chicago

1416 S. Michigan Ave.

Take-out & Delivery 12pm -  
8pm

312-566-9300

Grubhub, Doordash, Caviar,  
Postmates

[Visit our website](#)

[Visit our website](#)

[Visit our website](#)

[Visit our website](#)



**LOU MALNATI'S PIZZA****805 S State****312.786.1000**

Curbside Pick-Up Only

Call when you get here and we will bring your pizza to your car!

**DEVIL DAWGS****767 S State****312.583.9100**

Sunday thru Saturday: 11am-8pm

Only go-go orders, pick-up and deliveries.

We can only allow 6 people in the restaurant while waiting for an order, Please respect the social distancing rule

**Pauly's Pizza****719 S State**

Buy One Slice/ Get one 50% off

Sandwiches 15% Off

**SOUTH LOOP CLUB****701 S State****312.427.2787**

Carry Outs

OPEN

11am to Midnight

**TACO MAYA****823 S State****312.583.0806**

Every Tuesday, FREE Taco with purchase of two tacos at regular price.

Curbside pick-up &amp; delivery. Please wait outside

**State Street that Great Street****Up on Dearborn****Stay calm and .....****Carry out!****GINO'S EAST****521 S Dearborn**

11am-9pm Daily

Carryout, Delivery, Curbside pickup available!

We delivery beer &amp; Wine too!

Order online Ginoseast.com or call

**312.939.1818****THAI AMARAT****600 S Dearborn****312.939.1179****Open 11am to 9pm**

Open for Pickup &amp; Delivery

**MELI CAFÉ****500 S Dearborn****312.834.0500**

Meli Café will remain open for take-out orders and deliveries.

Don't miss out on your all-time favorites, or try our new "Boost your Immunde System" specials.

**POTBELLY SANDWICH SHOP****542 S Dearborn**

Mon-Fri 10am-3pm

Closed Sat and Sun

Hours subject to change

Potbelly.com, our app, Grubhub or Doordash to place your order for delivery or pickup

**SOFI RESTAURANT****616 S Dearborn**

Delivery and Pick up

4pm to 8pm every day

Minimum delivery order of \$20

Delivery charge of \$5

**312.753.5504****STANDING ROOM ONLY****610 S Dearborn**

Mon-Fri 11am to 3pm

\$10 Combos

**312.360.1776**



Essential workers putting in new gas lines on Dearborn St. Making hay while the sun shines. Sandmeyer's Books in the background. Photo from 4/9/2020

Tuesday, April 7, 2020

## [Church of Scientology Chicago Signage Goes Up on at 650 S. Clark](#)



Looks like there is some new signage going up on S. Clark: Last we posted about this was [back in October](#) of last year as it appeared they were doing some construction and build out work in the building.

For those of you who don't remember or weren't around over 10 years ago, this has been a long time in the making as we posted about it [way back in 2009](#).

It feels like a strange time to be moving in...but maybe that's not surprising to some.

<http://www.sloopin.com/>

### Parking Space \$225/m

One parking space P141 for rent is located in the lower floor of the basement garage of 801 S Plymouth Court. Asking for \$225/ month on a yearly basis, available immediately.

The garage is heated, which includes car wash stall, air hose and video security.

If interested, please contact Vinay:

[217-377-7987](tel:217-377-7987) through text.

### **801 S. PLYMOUTH COURT GARAGE SPACE #329 FOR SALE**

- \* Assigned Street Level Parking Space, Center Section, in "The Terraces" Condominium Building
- \* Secure Condominium Garage Features Full-Time Security Patrol and Security Cameras
- \* Free Air Hose and Free Self-Serve Car Wash Available in Garage
- \* Garage Space Owner Need Not Live in the Condo Bldg. to Own/Rent Parking in the Garage
- \* Convenient Parking for Printer's Row, Dearborn Park 1 or South Loop Residents
- \* Great Investment Opportunity in the Booming South Loop!

\* Your car will thank you....

Asking \$37,500.00

Contact Georganne (owner) for more information.

Call or text 312.231.6145

### **THE DEARBORN EXPRESS**

We welcome letters to the editor.

This publication is sponsored by the South Loop Referral Group, a professional and business networking group. It is our mission to provide the Printers Row area with current news and to promote local businesses and organizations. This publication will be distributed through email to individuals who wish to receive it. If you have any questions or would like to contribute information, please email us : [thedearbornexpress@gmail.com](mailto:thedearbornexpress@gmail.com)



OFFICE HOURS:

Mon, Wed, Thurs, Fri 10 am - 6 pm

Tues: 12 pm - 8 pm

Sat: 9 am - 2 pm

(312) 588-1104

730 S. Dearborn St. Chicago, IL 60605

[www.asapwellnesscenter.com](http://www.asapwellnesscenter.com)



Next CAPS Meeting TBA

6:30pm at 525 S. State St.

(Every 2nd Wednesday)



## Police Blotter

<http://home.chicagopolice.org/>

### BEAT 123

Mon, 06 Apr 2020 13:15 1100 S State St  
THEFT POCKET-PICKING CTA Train

Thu, 02 Apr 2020 07:00 1100 S State St Attempted  
STRONG ARM ROBBERY No Weapon CTA Platform

Thu, 26 Mar 2020 21:00 500 S State St  
STRONG ARM ROBBERY – No Weapon Small Retail Store

Wed, 01 Apr 2020 23:45 700 S Clark St  
BURGLARY Construction Site

Wed, 01 Apr 2020 10:30 0 E ROOSEVELT RD  
THEFT POCKET-PICKING Sidewalk

### BEAT 132

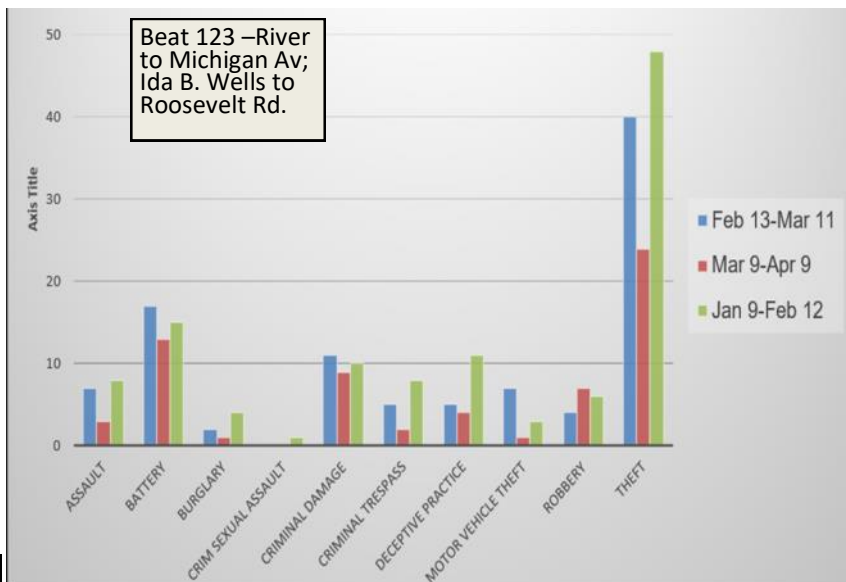
Sat, 04 Apr 2020 12:49 0 E ROOSEVELT RD  
STRONG ARM ROBBERY – No Weapon Street

Sun, 05 Apr 2020 16:00 1100 S Michigan Ave-  
THEFT POCKET-PICKING Sidewalk

Fri, 27 Mar 2020 09:46 1600 S MICHIGAN AVE  
ARMED ROBBERY - Handgun Convenience Store

Mon, 30 Mar 2020 00:05 1500 S Lake Shore Dr  
AGGRAVATED BATTERY - Handgun Street

We focus on crime that is violent or may affect your physical safety. If you look at the graph on top of this column, you will see that the highest incidence of crime is theft, usually on the street or in restaurants (like cell phones stolen from tables). The crime shown on this page is based on Beat 123 131 and 132.



## Man fatally shot in South Loop

Marque Banks was found with a gunshot wound to the head in a hallway.

By [Sun-Times Wire](#) Apr 9, 2020, 7:10pm CDT

A man was shot and killed April 9, 2020, in the 2000 block of South Michigan Avenue. *Google Maps*

A man was killed in a shooting Thursday in the South Loop.

Officers responded about 5:30 p.m. to a call of a person shot in the 2000 block of South Michigan Avenue, Chicago police said.

They found 20-year-old Marque Banks in the hallway of a home with a gunshot wound to the head, officials said. He was pronounced dead at the scene.

The Cook County medical examiner's office said that Banks lived in the neighborhood.

No arrests have been reported. Area Central detectives are conducting a homicide investigation.



Strong armed robbery in front of Trader Joes on a busy Saturday, April 4th, 2020. Victim sitting on the curb.

## Real Estate Transactions

\$325,000  
1307 S WABASH AVE 201  
2/21/20

\$535,000  
1160 S MICHIGAN AVE 3303  
2/21/20

\$500,000  
910 S MICHIGAN AVE 1103  
2/18/20

\$329,000  
901 S PLYMOUTH CT 305  
2/14/20

\$260,000  
600 S DEARBORN ST 1707  
2/14/20

\$770,000  
1468 S PRAIRIE AVE  
2/14/20

\$275,000  
801 S PLYMOUTH AVE 615  
2/14/20

\$335,000  
1440 S WABASH AVE 410  
2/14/20

\$499,000  
1305 S MICHIGAN AVE  
2/13/20

\$180,500  
1503 S STATE ST 313  
2/13/20

\$573,000  
1160 S MICHIGAN AVE 304  
2/11/20

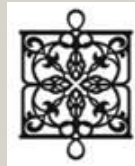
\$545,000  
1201 S PRAIRIE ST 1506  
2/7/20

Past Issues . . .  
Archives at:

<http://dearbornexpress.net/>



Chicago's only condominium management firm specializing exclusively in vintage buildings. Property managers for Peterson Lofts, Harrison Street Lofts and The Moser Condominiums. All located in Printers Row



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**@compass.com**

**312.622.2850**

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Located at 10 S. LaSalle, Suite 2930, Chicago, IL 60603

**Dearborn Street Realty**

**Tom Feddor, 312.203.3841**

**tomfeddor@gmail.com**





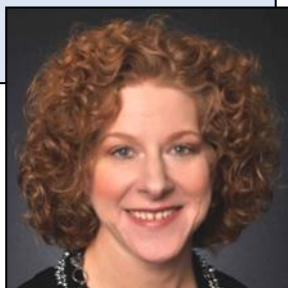


40 E 9th St, #1606  
2 bed/ 2 bath 1125 Sq Ft  
\$235,000

Anne Rosen  
Keller Williams

312.545.7148

[Buyarosen-  
home.kw.com](http://Buyarosen-home.kw.com)



1307 South Wabash Avenue #511,  
2 bed / 2 bath  
\$399,000

Susan Dickman -  
Koenigrubloff/Berkshire  
Hathaway Home  
Services

773-627-8176  
[http://www.susandickman.com/featured-  
listings.php](http://www.susandickman.com/featured-listings.php)



901 S Plymouth Ct, #506  
3 bed/ 2 bath 1550 Sq Ft  
\$415,000

Thomas Palman  
@properties  
312.543.9380

**OPEN HOUSE SUNDAY 12-4pm**



680 S Federal St #508  
1 bed, 1 bath, 850 sq ft  
\$225,000

Robert Yoshimura  
@properties  
773.329.5621



1143 S Plymouth Ct  
#507  
3 bed, 2 bath, 1430 SF  
\$410,000

Brian Behan  
@properties  
312.480.1244



1201 S Prairie Ave  
#1906  
2 bed, 2 bath, 1207 SF  
\$579,900

Armando Chacon  
Century 21 S.G.R., Inc.  
312.543.8219



40 E 9<sup>th</sup> St #1109  
2 bed, 2 bath, 1343  
sq ft  
\$340,000

Anne Rosen  
Keller Williams  
312.545.7148



233 E 13<sup>th</sup> St #505  
3 bed, 3 bath, 2319 sq ft  
\$799,500

Ivona Kutermankiewicz  
Berkshire Hathaway  
HomeServices  
773.865.5661

