

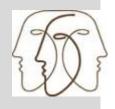
## THE DEARBORN EXPRESS

SPONSORED BY THE SOUTH LOOP REFERRAL GROUP

SERVING PRINTERS ROW AND DEARBORN PARK

AL HIPPENSTEEL, EDITOR thedearbornexpress@gmail.com

June 20th, 2013



Vol. 1, No. 6

## PARK VOTE!

On June 3<sup>rd</sup>, the City of Chicago zoning committee voted in favor of the developer McCaffery for a proposed amendment to the original Proposed Development which mandated a park to be built on approximately 3 acres that is located behind (to the north) of Roosevelt Collection. The vote by the zoning committee is usually rubber stamped by the City Council. McCaffery compromise is to include a roof top garden on top the school with an adjoining athletic field. The promise is that this rooftop garden on top of the British School and adjoining will be open to the community when not in use by the school. The fear of opponents to this plan is that there is no binding or legal verbiage to hold the developer to hours of accessability. Alderman Fioretti opposed the amendment change on grounds that many of those in the immediate community oppose the change and that this amendment will change an obligation to provide open space and it is converted into essentially a private park." Alderman Solis whose ward it is in and who is also head of the zoning committee favored the amendment although he recused himself from voting.

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# DEARBORN PARK WATER PROJECTS

Water Projects affecting Dearborn Park

The Department of Water Management's private contractor will soon be installing a new sewer main in 9th St., from Plymouth to Holden, and in 11th St., from State to Holden. This existing pipe dates back to about 1900. The area bounded by 9th St. on the north, 11th St. on the south, Wabash on the east, and Plymouth on the west should benefit from improved drainage and reduced risk of flooding.

This work will begin in mid-June and is expected to be completed by late August, 2013. The Water Department and the contractor are directed to provide notice of parking restrictions and of any scheduled service interruptions.

If you have questions or comments about the project, please feel free to contact Assistant Commissioner Tom LaPorte at 312-742-1021



#### COMING

#### AT THE JAZZ SHOWCASE

Thurs, June 20—Sun. June 23; 8 & 10 Thurs, June 27th—Sun. June 30th, Fri, July 5th—Sun July 7, 8 & 10PM Thurs July 11th—Sun, July 14; 8 & 10 Weds, July 17th—Sun, July 21; 8 & 10pm

Nicholas Payton Eric Alexander & Harol Merbern Qt Cory Wilkes Quartet Larry Coryell Trio Judy Roberts Quartet



Larry Coryell



**Judy Roberts** 



Dearborn Station 312.360.0234

806 S. Plymouth Court CHICAGO, 60605

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# South Loop Neighbors South Loop Neighbors is a non-profit membership

based organization dedicated to enhancing the quality of life in South Loop's neighborhoods and preserving the area's landmark districts.

South Loop Neighbors represents South Loop residents who are concerned about:

- ☐ Ensuring high-quality, reasonably-sized real estate development as well as infrastructure improvements that respect the unique character of our community
- ☐ Preserving and protecting the area's Landmark Districts, including Printing House Row and Historic Michigan Boulevard
- ☐ Promoting quality education, recreation, services, retail, community activities, and events
- ☐ Maintaining a socially, culturally, and economically diverse neighborhood
- □ Developing strong relationships with key city officials to ensure they respect, hear, and act on the concerns and ideas of the South Loop community. South Loop Neighbors serves members and residents within the area bounded by Congress Parkway to approximately 25th Street and from the

Chicago River to Lake Michigan. Www. Southloopneighbors.org

#### Perceptions Youth Photography Club

We are proud to announce Perception, a children's photography club. This July, South Loop Neighbors will partner with the South Loop Education Task Force to coorganize a four-week summer program for children ages 8 -12. The theme is "Children and Photography: The South Loop Through the Eyes of Children." The first week the children will learn about visual literacy and three photography genres taught by a professional teaching artist. They will also take a tour of the Museum of Contemporary Photography. The second week the children will be taken to various locations in the South Loop to take pictures. The third week, and part of the fourth week, they will select 3-5 pictures, and mount them in preparation for their photography exhibition. The exhibition reception will take place during the fourth week.

Students from DayStar, National Teachers Academy, Old St. Mary's, South Loop Elementary, South Loop Montessori, and Village Leadership Academy are invited to participate

We are very excited about our Perceptions summer program. We hope that you share in our excite-

ment. For more information visit the SLETF website at southloopeducation.org

Like to Bike Ride--- let's get a group together and decide on day - time -we can explore neighborhoods—find funky spots to eat--- spark anyone's interest-- email:

groups@ southloopneighbors.org



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Jaqi@JaqiGreenInteriors.com

# **OPINION**

The views and opinions expressed in this newsletter are those of the contributors and do not necessarily reflect those of the the editor or South Loop Referral Group.

# CTA RED LINE CHANGE

The Red Line going down into the tunnel at Roosevelt photo/Bonnie McGrath



Yes, the first minute I could yesterday, I took a ride on the "new" Red Line out of the South Loop. I couldn't wait to see what it would be like to come up out of the tunnel just slightly south of Roosevelt, inching up and

up and up until the train joined its new tracks on the Green Line/Orange Line route.

I travelled from Roosevelt to the 35th street stop. And back again--because I couldn't wait to see what it would be like to go down into the tunnel slightly south of Roosevelt, inching down and down and down again until the train joined its old tracks on its regular route to Howard.

This route is historical in Chicago--that's how the old "Red Line" trains to Howard/Englewood and Howard/Jackson Park use to go, the old tracks refurbished in recent weeks to make this dramatic, albeit temporary change. Yesterday, of course, was a lazy hazy Sunday and a good tryout day for the new changes to the Red Line.

For all practical purposes, the Red Line, for the next few months, will start and end at Roosevelt. The tracks and stations from Cermak to 95th

complicated--although the CTA is trying to smooth the way for its South Side riders.

One interesStreet are being rebuilt, in case you haven't heard. Unless you want to go to 63rd and Ashland--or somewhere along the Green Line Route on the way to 63rd and Ashland--you have to exit the Red Line and make other arrangements or skip it altogether and come up with a new route. Or use the shuttles provided by the CTA to make up for the disruption. It's all very ting aspect to the change is for riders who want to go to or from Cermak in Chinatown. There is a short-trip free shuttle--R22--to and from Roosevelt and State. Which begs the question. Let's say you want to go to Chinatown for dinner and you don't want to walk from Roosevelt and State--where I live. Because it's raining or something. Can you hop the free shuttle for a free ride over there and back? Or is there some way you have to prove you are using the shuttle as an extension--or preextension--of a Red Line ride?

## Bonnie McGrath

Visit my blog: http://www.chicagonow.com/mom-think-

Coming Soon! Sofi Restaurant and Bar located in the Transportation Building where the former Tratoria Caterina once occupied the space. Opening later this month if all goes according to plan.

### Bob Fioretti , 2nd Ward Alderman

#### Why he voted against the New Parking Meter Amendment



At the last meeting, the City Council took a vote to approve a big change to the terrible parking meter privatization deal of 2008. I voted against the deal, along with 10 of my colleagues. Unfortunately, the proposal passed, but I am encouraged by the fact that it received stronger resistance in the Council than the first time around.

Here are a few reasons why I voted against the updates to the deal:

The parking meter lease amendments would make it more expensive and more frustrating for weekend visitors, hurting tourism and commercial activity. It is unclear, but the parking meter company, CPM, could theoretically make an even larger profit. Free Sunday parking sounds good at first blush--but the truth is, it's not free at all. In exchange for the so-called "free" Sundays, the City will give up an unknown amount of revenue. How can any steward of taxpayer dollars agree to something like this?

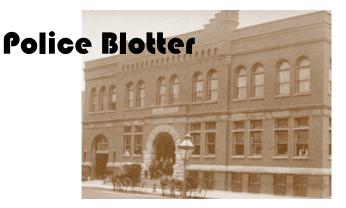
As our local business owners have made clear to me, many parts of the 2nd Ward benefit economically from paid Sunday meters. They encourage turnover and more parking availability for those coming into the ward to shop or visit our cultural landmarks.

And most importantly, these changes could be the final nail in the coffin for our chances to identify a way out of the contract--something I still believe we can do. When the City approved the parking meter deal in 2008, we didn't just lease an asset, we leased our sovereignty --for 75 years. The City government should have control over where it puts and utilizes meters and when. Yet the contract obligates us to pay for out-of-service meters for the next 71 years, allowing Chicago Parking Meters LLC, a private entity, to control our future decision-making, or pay the price.

This whole deal is wrong. It is wrong from a financial perspective. It is wrong from a legal perspective. And it is wrong from a governance perspective. Some lemons shouldn't be made into lemonade. Some lemons should be returned to the store for a refund.

What do you think? Tweet me at @Fioretti2ndWard.

--Bob Ald. Bob Fioretti, 2nd Ward Bobfioretti.com



# A Cautionary Tale! Be Aware. Watch your back!

### Watch your cell phone

About May 28, two males were running up behind a female in front of 899 S. Plymouth talking on her phone, they grabbed the phone and ran towards Plymouth Ct. A male bike rider gave chase and was joined by a man at 1143 S. Plymouth Ct who held the thieves until the police arrived.

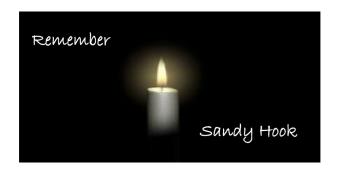
## 2 Suffer Graze Wounds Near Roosevelt CTA Stop

Chicago Tribune, Friday May 24 Two men suffered graze wounds near the Red Line station in the South Loop late this morning, authorities said.

One of the men, 57, was standing at a bus stop east of State Street on Roosevelt Road shortly after 11 a.m. when he heard a gunshot and felt something hit his leg, police said, citing preliminary information.

The other man, 30, suffered a graze wound to the back, police said.

Both were being taken in good condition to Northwestern Memorial, officials said.



## EQUILIBRIUM ENERGY + EDUCATION: LEADING-EDGE ENERGY MEDICINE IN PRINTERS ROW

A physician in his late 40s suffered from hay fever and eczema. His hay fever disappeared after one Bengston Method session, and his eczema cleared completely after three sessions.

A man in his late forties had a fractured hip. After four Reiki sessions, his x-ray showed that the hip had completely healed four weeks earlier than expected, to his physician's astonishment.

A woman in her late 20s suffered clinical depression for 10 years. After four Bengston Method sessions, her husband described her as 40-50% improved, and four months later, husband described her as 70% improved as the therapy continued to work.

A woman in her late 50s, plagued with guilt after her father died, spent 8 months in talk therapy with no relief. After just one session of Holographic Memory Resolution, she was freed from her anguish, prompting her to exclaim, "They fixed in 90 minutes what my shrink couldn't in almost a year!"

These are typical results among the 4,200 clients who have come to Equilibrium Energy + Education since it opened in 2008. Located in **Dearborn Station** in the South Loop, Equilibrium is Chicagoland's only research-based energy medicine wellness center, dedicated exclusively to leading edge energy-based therapies, classes (many of them free), workshops and certification training.

Founder and director Bernadette Doran created Equilibrium Energy + Education to help accelerate the understanding and embracing of energy therapies, share research that quantifies and documents their specific effects, and offer affordable treatments and classes. Equilibrium now offers an exclusive range of research-based energy therapies, including the Bengston Energy Healing Method, Hologaphic Memory Resolution, Colorpuncture and Reiki, the fastest-growing complementary therapy in America.

"Energy medicine' is hardly a commonplace term," says Doran, originally a biology major whose life was changed after an energy therapy called Reiki completely cured severe digestive disorders she had suffered from for years. "This exciting new field – which some high-profile visionaries like Dr. Mehmet Oz and Dr. Larry Dossey have called the future of healthcare – is still news to most, strange to many, and intimidating to more than a few. In our age of instant innovation, we forget how long it can take to integrate unfamiliar things, especially if it's something invisible, like energy!"

For many decades, science has told us that subtle energies exist and that everything alive is an energy system, according to Doran. "We have mounting piles of research from quantum physicists and medical professionals now about the relationship between our energy system and our health. At Equilibrium we see the profound relaxing, restorative and healing effects of energy

therapies, which are non-invasive and have no side effects. Our ardent desire is to demystify these therapies, share research that quantifies and documents their



specific effects, and offer affordable treatments and classes that can help everyone achieve physical, mental and emotional equilibrium," she says.

In addition to therapies, Equilibrium also offers classes and certification training workshops with internationally renowned teachers and authors, and draws students from all over North America. It is, for example, the national training center for Holographic Memory Resolution, a leading-edge energy psychology modality, and offers continuing education credits for nurses who take Reiki training.

Under the leadership of research director Vernon Nicolas, Equilibrium also conducts independent research to quantify and compare the psychoneuroimmunological effects of different energy therapies using very sophisticated biofield camera technology. This technology helps make the invisible visible, identifying emotional and physical issues, and measuring the before-and-after results of therapies. There are only a dozen of these state-of-the-art cameras in the U.S., and Equilibrium has one. Research director Nicolas was invited to present his research findings at the 2012 Society for Scientific Exploration Conference in Boulder, CO, and at the 2012 Beech Tree Labs Conference in Rensselearville, NY.

Equilibrium Energy + Education also won first place in the 2012 Business Plan Competition co-sponsored by Citibank and the Illinois Small Business Development Center (SBDC). "We are thrilled with this award, because we feel it validates research-based energy medicine as a viable business innovation and a path to the future of healthcare," said Bernadette Doran.

Equilibrium Energy + Education is located on the Mezzanine Level of Dearborn Station at 47 W. Polk Street. Stop by during business hours – Monday through Friday, 11 AM to 8 PM, Saturday 9 AM to 5 PM, closed on Sunday. For more information, go to <a href="https://www.equilibrium-e3.com">www.equilibrium-e3.com</a>. To see a listing of upcoming events, click on CLASSES on the home page. To make an appointment for a therapy, call (312) 786-1882.







Greg Borzo signing books at Lit Fest.



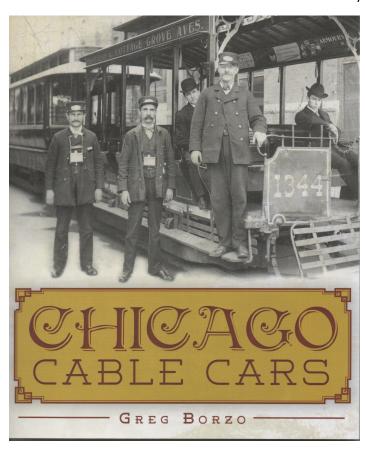
Victor Powell at the Printers town.

# LOCAL AUTHORS Chicago Cable Cars by Greg Borzo

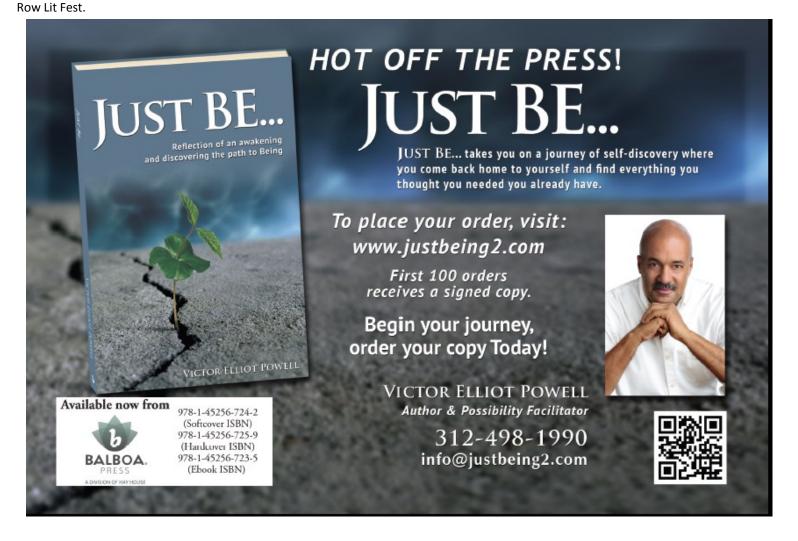
- one billion passengers
- 25 years of operation
- world's largest system

Read about the forgotten story of Chicago's cable cars (not electric trolleys but rather cars pulled by continuously moving underground cables, as in San Francisco). From 1882 to 1906, Chicago's cable cars were a popular, trend-setting replacement for horsedrawn streetcars. They worked so well that 27 other cities, from Philadelphai to Souix City, Iowa, followed suit.

This book is lavishly illustrated and lays out cable car remnants that can still be found all over



Chicago Cable Cars can be found at Sandmeyer's Book Store, 714 S. Dearborn.



#### The South Loop Education **Task Force Membership Drive Begins June 2013**

Membership is FREE and open to residents, civic, community and religious organizations, school leaders, parents, institutions, businesses, and condo associations.



**SOUTH LOOP EDUCATION TASK FORCE** 

Your membership will support our vision to development strategic educational plans to guide the South Loop's educational growth and ensure its education needs. Our vision is also to provide quality programs and activities for preK-8, high school and college students in the South Loop.

Upcoming programs include Perceptions Children's Photography Summer 2013 Program. The theme is "Children and Photography: The South Loop Through the Eyes of Children. There will be a land use design competition for high school and college students this fall. There will also be service learning opportunities for high school students; and community service learning opportunities for college students throughout the South Loop.

Benefits of membership include an electronic copy of SLETF newsletter; a voice in the education issues in the South Loop; an invitation to participate in the annual SLETF Education Forum; early notification of SLETF programs, activities, events and functions; and Information about current South Loop educational news.

For more information go to southloopeducation.org; or email us at taskforce@southloopeducation.org.

From South Loop Neighbors Newsletter,

# sherwo

# Columbia

Summertime is the right time to enroll at Sherwood! In addition to our usual assortment of class offerings, we also offer several great sum-



mer programs for talented young musicians that are not to be missed.

The Sherwood String Camp is proud to offer fun and innovative classes that will keep your child motivated and engaged in summer study. Our course offerings are built around the Suzuki method, and will offer your child the opportunity to broaden and deepen their musical knowledge.

Date: June 24-28, 2013 Time: 9:00am - 3:30pm

Ages: 4 - 12

Tuition: \$525 for the week

Registration deadline: May 15, 2013 Questions contact: Tamara Gonzalez

at tgonzalez@colum.edu

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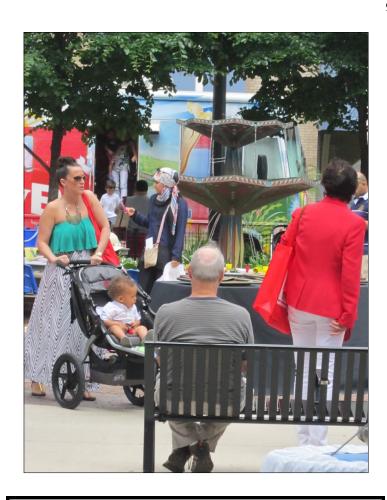
1150 S. Wabash 312.583.9940

# Lit Fest 2013











# **Printers Row Farmers Market**

June 15-October 26, 2013

**Dearborn & Polk (Printers Row Park)** 

**Every Saturday** 

7 am - 1 pm

### Historic Church Preserved While Other Churches Have Been Demolished

# National Historic Landmark Dedication for

### Second Presbyterian Church of Chicago

Only Church in Chicago to Achieve National Historic Landmark Recognition

While other old Chicago churches have been razed, the Second Presbyterian Church of Chicago will celebrate its

National Historic Landmark designation with a dedication ceremony.

National Historic Landmark status, conferred by the U.S. Department of the Interior and the National Park Service, reflects the church's significance in American culture and history.

WHY: The sanctuary of the church, dating to 1901, is one of the largest and best preserved Arts and Crafts interiors in the nation. It also contains a wealth of stained glass windows including nine by the firm of Louis Comfort Tiffany.

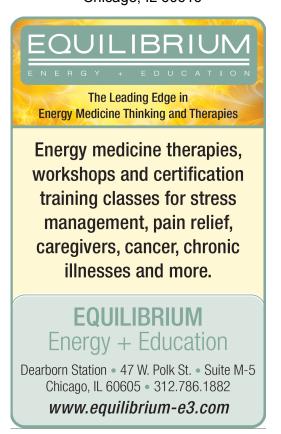
Founded in 1842, Second Presbyterian Church has been an important cultural institution and community center serving a multi-cultural congregation and community.

\*\*There will be opportunity for b-roll shots of the interior of the church.\*\*

WHAT: National Historic Landmark Dedication for Second Presbyterian Church

WHEN: 6:00 p.m. Thursday, June 20, 2013

WHERE: Second Presbyterian Church 1936 S. Michigan Ave. Chicago, IL 60616





# For Sale

#### \$330,000

600 S Dearborn St S #2001, Chicago, II 2 Bedroom, 1 Bath | MLS 08345494

Rehabbed 2BR Condo in the Heart of the Printers Row Historic District. Fabulous N/W Corner Unit W/Stunning Panoramic City Views. REHABBED Kitchen/Custom Lighting Th-out/Bathroom & Real Oak HRWD Floors. Kit; Grnt Cntrs, Stainless Appls, Glass Bk-splsh & new Cabs. Bath w/new tub surround, vanity & fixtures. Tons of Closets.Huge spacious open Flr-Plan w/soaring 10' ceilings. Parking Sale/Rent. Construction Finished 5/31

#### \$235,000

600 S Dearborn St S #2108, Chicago, II 1 Bedroom, 1 Bath | MLS 08344347

Beautifully Rehabbed 1BR/Den in the heart of the Printers Row Historic District. High East facing Unit offers gorgeous Lake/City views! Rehabbed Kit; w/Oak Cabs, New Fixtures, Grnt Cntrs, Glass Tiled Bk-Splsh, Travertine Flooring, Some S/S Appls, NEW Lighting. Hrwd Flooring Th-out. ALL NEW Bathroom, Grnt Vanity,NEW fixtures. HUGE Mstr Suite w/Giant WIC+Bonus Den/Office. Parking 4 Sale/Rent. Construction Complete 5/31

#### \$230,000

600 S Dearborn St S #1704, Chicago, II 1 Bedroom, 1 Bath | MLS 08354245

Printers Row Historic District. X-Large 1000 Sq Ft 1BR/+Den. Extra Large 1000 Sq Ft Unit. High East facing Home w/Lake/City Views. Huge Open Flrplan, Enormous LR/DR, Eat in Kitchen, Separate Den/Office Area + Massive MSTR Suite w/WIC. + In Unit Washer/Dryer w/Miele Units. 24 HR DRMN & Onsite Cleaners/Laundry. Just steps to All CTA Trains/Buses, Shopping, Theaters, & Lake. Parking Offered;Rent \$200/mo or Sale \$35K

#### THE DEARBORN EXPRESS

This publication is sponsored by the South Loop Referral Group, a professional and business networking group. It is our mission to provide the Printers Row area with current news and to promote local businesses and organizations. This publication will be distributed through email to individuals who wish to receive it. It is our hope that we will be able to expand our features and publish twice a month in the near future. If you have any questions or would like to contribute information for news or to our

bulletin board, please email us at : Al Hippensteel, editor

thedearbornexpress@gmail.com



Enormous Double Unit @ The Pope Building Lofts! Heart of Printers Row Historic District. Massive 1700 Sq Ft 2BR/2BA offers tons of space! LR/DR measures 37'x16'! This Place is

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\$379,000

633 S Plymouth Ct S #1203, Chicago, Il 2 Bedroom, 2 Bath | MLS 08289340

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1530 S State 2bed 2 bath with unobstructed views of city \$329,900 Great condition, Upgraded throughout



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